What guides theories?
- Empirical research, previous literature
- Cultural/Social Historical Climate
- Theory producer’s own values and interests (also usually the result of a cultural/social historical climate)

Aging Theories
1. Disengagement Theory (Cumming & Henry, 1961)
   - Defined
   - Empirically Supported?
2. Activity Theory (Havighurst, 1968)
   - Defined
   - Empirically Supported?
Aging Theories

   - Defined
   - Empirically Supported?

Aging Theories

Socioemotional Selectivity Theory
   - L. Carstensen, 1992
   - Empirically supported?

Aging Theories

4. Lifespan Developmental Theory
   - Defined
     - Lifelong process
     - Gains and losses
     - Plasticity
     - Continuity and discontinuity
     - Multidirectional
   - Empirically Supported?