

**ESHE MINOR  
SPORT ADMINISTRATION**

**18 Credit Hours Coursework**

Required Courses (12 hours)

ESHE 212	Introduction to Sport Management	_____	(3)
ESHE 360	Marketing and Promotions of ESHE programs	_____	(3)
ESHE 388	Coaching the Athlete	_____	(3)
ESHE 415	Sport Administration	_____	(3)

Choose from the following courses to total 18 hours

ESHE 201	Intro Athletic Training	_____	(3)
ESHE 305	Principles of Strength and Conditioning	_____	(3)
ESHE 350	Sport and Exercise Psychology	_____	(3)
ESHE 358	Technology in ESHE	_____	(3)
ESHE 361	The Martial Arts		
	Or		
ESHE 362	Principles of Self-Defense	_____	(3)
ESHE 391	Exercise Science Foundations		
	or		
ESHE 395	Motor Behavior Foundations	_____	(4)
ESHE 400	Practicum in ESHE-Coaching	_____	(3)
ESHE 400	Practicum in ESHE-Sport Administration	_____	(3)
ESHE 460	Exercise Leadership in Health and Fitness	_____	(3)
ESHE 461	Organization and Administration of H/F Programs	_____	(3)
HLTH 321	First Aid & Safety	_____	(3)
HLTH 465	Nutrition in Sport and Exercise	_____	(3)