What is Attention Deficit Disorder (ADD) and Attention Deficit Hyperactivity Disorder?

Attention-deficit disorder is marked by an ongoing pattern of inattention and/or hyperactivity-impulsivity that interferes with functioning or development. This diagnosis does not go away at adulthood. ADD/ADHD can impact all aspects of life.

Attention hyperactivity/deficit disorder is one of the most common behavior disorders. Studies show ADHD impacts 5%-12% of children in the United States.


What is the Difference—Attention Deficit Disorder and Attention Deficit Hyperactivity Disorder?

Both disabilities affect the ability to stay focused on things like schoolwork, social interactions, and everyday activities. The difference is that ADHD impacts the ability to regulate activity, and results in difficulties with sitting still and controlling impulses.

Best Practices for Instruction

- Provide an advanced organizer
- Check in, make sure the directions are clear
- Review previous lessons
- Set expectations
- Simplify instructions
- State needed materials
- Be predictable
- Use visuals and organizers
- Ask probing questions
- Lower noise level
- Highlight key points
- Eliminate or reduce timed tests
- Divide work into smaller units
- Allow for cooperative learning
- Provide advanced warnings
- Use assistive technology

Resources at Radford University to support a student with ADHD

- The Center for Accessibility Services
- Success Coaches through Student Success and Retention
- Coaching through the Center for Assessment and Psychological Services
- Study Skills Series Presentations
- Harvey Knowledge Center
- Writing Center

(not an exhaustive list)

Additional Questions?

Contact CAS at 540-831-6350