CHOOSING A MAJOR AT RADFORD UNIVERSITY



Who Am I?....

Why Am I Here?....

Where Am I Going?....

How Do I Get There?....

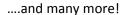
These are several questions that go through the minds of all college students. This is the time for you to start thinking about your future and the major that will help you to realize your career dreams. Remember that choosing a major is a complex process that occurs over time.

Facts about careers:

- A career is a developmental process, not a one-time choice. You will continually revise your career plan to incorporate new experiences, new interests, and new relationships.
- ➤ Look at yourself from a variety of angles Interests, Values, Personality. No one assessment will match you with the perfect choice of a major or occupation.
- You have a personality and so do work environments! Career assessments are designed to help you learn about yourself and also about occupations in the world-of-work.
- Career is more than the work you do. The more engaged you are in meaningful leisure activities, campus activities, volunteering, and clubs and organizations, the more your career will develop.
- > You work a lot during your lifetime...people who love what they do are successful. Good decisions are critical. The more information that you have, the better the decisions you will make.
- ➤ Get into a major and involved in activities on campus and you will have increased satisfaction and enhanced success.
- Careers don't develop themselves. You must go out and actively pursue experiences that will help you choose, prepare for, and enter a satisfactory occupation.

CHOOSING A MAJOR ASSESSMENT PROCESS:

- 1. A career counselor gathers general information about you.
- 2. Assessments are administered for Choosing a Major:
 - Career Anchors (Work Values)
 - Self-Directed Search (Interests/Personality)
 - Myers-Briggs Type Indicator (Personality)
 - Strong Interest Inventory (Interests)
 - Career Exploration Inventory (Interests)



- 3. Assessments are scored and interpreted by a career counselor
- 4. You and your counselor gather information about the occupation related to your unique characteristics:
 - Find out about salaries for occupations
 - Find out about career growth rates
 - Find out about career opportunities
- 5. Based on the assessments you complete, a list of the top 3 majors for you at RU are identified!!

For more information or to schedule an appointment, contact: Dr. John Liptak, Associate Director of Career Counseling & Assessment. ijliptak@radford.edu, 540-831-5091.

