DRAFT - Administrative and Professional Faculty Senate

Business Meeting Agenda

3:30 p.m. – November 17, 2021

IN PERSON – Whitt 007/ RUC Zoom Room 1021

1. Welcome

2. Approve Minutes

3. AP Morale Survey
   - Review Results, Discussion, Next Steps

4. Updates/Additional Topics
   - Discussion on holding or cancelling the Jan. 19, 2022 AP senate meeting. With the spring semester kicking off during the same week as senate meeting, do senators want to proceed with the meeting or cancel the January meeting and start back on Feb 16, 2022?

5. Campus Events/Announcements:
   - Nov. 15 - 19, 2021 - CITL Faculty Flourishing Week (Attachment)
   - Nov. 30 - Dec. 1, 2021 – Highlander 10 Giving Campaign
   - Dec. 10 - 11, 2021 Winter Commencement - [https://www.radford.edu/content/winter-commencement/home.html](https://www.radford.edu/content/winter-commencement/home.html). Additional volunteers are needed. Those interested can send email to commencement@radford.edu.
   - Upcoming Leadership and Professional Development Opportunities from Human Resources (Attachment)
   - Diversity, Equity & Inclusion Trainings – (Attachment)
   - Feb 5, 2022 – Volunteer Summit (free) and February is for Highlanders [https://www.radford.edu/content/alumni-relations/home/events/february-is-for-highlanders.html](https://www.radford.edu/content/alumni-relations/home/events/february-is-for-highlanders.html)
   - COVID Update (Attachment)

6. Adjournment

7. Next Meetings:
   - Dec. 15, 2021 – In person meeting on Main Campus: Whitt Hall, Room 007; RUC Zoom Room 1021. Presenter will be Jon Zeitz and RU Athletics
   - January 19, 2022 - Pending
   - February 16, 2022
   - March 16, 2022
   - April 20, 2022
   - May 18, 2022
   - June 15, 2022
   - July 20, 2022 – Election of 2022-2023 Officers
Campus Events/Announcement Details:

Faculty Flourishing Week
November 15-19, 2021

Brought to you by YOUR Center for Innovative Teaching and Learning.
All events are open to RU faculty and staff.

All Week

Virtual Walk/Run Mileage Challenge
Keep track of the miles you run or walk between November 12 and November 19. Log your miles by filling out this short form by 12:00 PM on Friday, November 20. The College/School with the most miles logged per participant (we'll add up the miles and divide by the number of participants), gets bragging rights as the runningest/walkingest College/School of Radford University!

Appreciation Board in the Library (main campus)
Check out the whiteboard near the entrance of McConnell Library to see notes of appreciation from students and staff.

Tuesday, November 16

12:15-12:45  Faculty/Staff HIIT Fitness Class (Peters Hall Studio)
Join colleagues for a high intensity workout! (**see the below for information on how to register for events in the rec center)

4:15-4:45 pm Faculty/Staff Fun Run (Dedmon Center, main campus)
Join Heather and friends for a “no drop” (i.e., no one will be left behind) jog along the river. Meet in parking lot “Z” (down at the Dedmon Center). (*Use the Register Now button below to sign up)

4:30-5:30 Faculty/Staff BodyPump Fitness Class (Peters Hall Studio)
Using light to moderate weights with lots of repetition, BODYPUMP™ gives you a total body workout. Instructors will coach you through the scientifically proven moves and techniques pumping out encouragement, motivation and great music –
helping you achieve much more than on your own! You’ll leave the class feeling challenged and motivated, ready to come back for more. (**see the below for information on how to register for events in the rec center)

### Wednesday, November 17

**ALL DAY Faculty/Staff “Workout Wednesday” in the student rec center (main campus)**
You’re invited to Workout Wednesday at the Student Recreation and Wellness Center (SRWC)! In honor of Faculty and Staff Wellness Week, Radford University’s state-of-the-art recreational facility will be open to all university employees for free! There will be:
- facility tours at 9am, 11am, 1pm, 3pm, and 5pm
- walking groups on the indoor track at 11am, 11:30am, 12pm, and 12:30pm
- lunchtime pick-up basketball in the three-court gym
- open recreation on all three floors (weight room, cardio machines, indoor track, pickleball, basketball, etc.)
- a full schedule of group fitness classes including cycle, BODYPUMP, POUND, yoga, dance, HIIT, and more!

Please bring your ONE card for building access! Questions? Email D.J. Preston, dpreston12@radford.edu

**12-12:50 pm BURNOUT! A Special Edition of the Podcast Lunch and Learn (Zoom)**
Gather, listen, and actively reflect on the podcast episode, “Burnout is Everyone’s Problem.” This unique learning exercise will allow you to examine the issues of ‘burnout’ through group listening and actively engaging in a back-channel dialog via a live chat. The podcast we’ll listen to is “Burnout is Everyone’s Problem,” WorkLife with Adam Grant podcast. Burnout seems to be everywhere. But it's not inevitable. Come inside some high-pressure workplaces that have figured out how to fight exhaustion by redesigning jobs -- and changing cultures. (*Use the Register Now button below to sign up)

**1-3 pm CITL Open House (McConnell Hall, main campus)**
Join us in McConnell 270 for a tour of where the Center for Innovative Teaching and Learning magic happens! Explore virtual reality, make a craft, make a brief video, and enjoy some snacks and coffee/tea! Door prizes!

**5:30-6:30 pm Faculty/Staff Yoga (student rec center, main campus)**
Join Angelina for a special session just for faculty/staff (**see the below for information on how to register for events in the rec center)

### Thursday, November 18

**ALL DAY “Thank a Prof”**
CITL colleagues will be sending notes of gratitude to individual faculty from students! Thanks for all you do for your students, your colleagues, and Radford University.
10-10:50 am  Bullet Journaling (zoom)
Have you ever taken notes in a meeting only to lose them later? Have you ever reflected on an experience without writing it down, only to forget how that experience impacted your professional life? Bullet Journaling (BuJo) could be for you! Created by Ryder Carroll, BuJo is a way to be focused and productive in your personal and professional life. Intentional planning and reflection can help you become a better worker and leader. Bring a journal or notebook along with you (not required) to discuss the why and how of BuJo, while also exploring the materials you will need and the techniques you can use to get started. (*Use the Register Now button below to sign up)

12:15-12:45  Faculty/Staff HIIT Fitness Class (Peters Hall Studio)
Join colleagues for a high intensity workout! (**see the below for information on how to register for events in the rec center)

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**Friday, November 19**

10am-12 pm  Faculty Development comes to RUC
Join Heather Keith and David Halpin for bagels and coffee in RUC 1021. Let us know what faculty development opportunities you would like to see at RUC, or just hang out and chat!

10-10:50 am  Greenhouse Tour (Reed Hall, main campus)
Spend a delightful hour with our amazing plant collection and enjoy a tour with Greenhouse manager Stephanie Huckestein. (*Use the Register Now button below to sign up)

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**To register for the HIIT, BodyPump, and Yoga classes, sign up using the Radford Rec app! You can download the app in your iOS app store or through Google Play. Use your Radford email to register. Once registered, open the app, select the “Peters Gym” widget on the second row, left side, then view all of the classes being offered that day. To sign up, select the class you’re interested in, select “join session”, check the box to sign the waiver, select the “next” banner, and then select the “sign-up” banner. Registration opens 24 hours in advance.

Questions? Please email Heather Keith (hkeith1@radford.edu).
In a season where we

- Connect and gather
- Eat and shop
- Don't forget to click and make an impact!

Mark your calendars to join your entire Radford family on Nov. 30th for the Highlander10 Challenge to empower Radford University students!

Together we can help students start, stay and succeed at Radford University.

www.radford.edu/highlander10
Radford University is committed to fostering a culture and environment that supports a healthy work-life balance and the development of personal and professional goals.

Training and development is your pathway to many things. It can help you grow in your career, ease your transition from one role to another, enrich your personal passions and interests, and broaden your awareness and perspective. Learning fulfills curiosity, stretches your mind, and helps you grow while influencing others as you share your new knowledge and skills.

Please see below for a list of upcoming training and development opportunities. For a complete list of all training sessions and materials, visit the Training Catalog and search by department.

**November**

- 11/12/2021, 9:00 a.m. | D2L Overview and Updates - Training Partners | Academic Technologies
- 11/17/2021, 1:30 p.m. | Locating and Analyzing Data using Excel | Academic Technologies
- 11/18/2021, 10:00 a.m. | Diversity, Equity and Inclusion Training | Center for Diversity & Inclusion
- 11/18/2021, 10:00 a.m. | Wellness: The 5 Buckets Principle | Password: training
- 11/18/2021, 1:30-4:30 p.m. | Supervisor Essentials Cohort | Human Resources | Heth 016
- 11/30/2021, 10:00 a.m. | D2L Gradebook | Academic Technologies

**December**

- 12/1/2021, 10:00 a.m. | Chrome River & Travel Policy Training | Accounting Services
- 12/02/2021, 10:00 a.m. | Effective Communication - What Does It Really Take?
- 12/08/2021, Noon | Wellness: Parenting Your Parents | Password: training

For more information or to recommend a training session, please contact the Department of Human Resources at hr@radford.edu.
The Center for Diversity and Inclusion will offer culturally responsive DEI trainings to the campus community once a month. These trainings are offered in-person and cover the topics of understanding privilege, allyship, advocacy, setting boundaries, and developing self care routines to support these initiatives. These are 5 hour trainings and lunch will be provided in Heth Hall. The dates for these trainings are: November 18, January 27, February 24, March 24, April 28, and May 26. You must attend the entire training to receive a certificate. Sign in and RSVP at [https://radford.campuslabs.com/engage/event/7180347/rsvp](https://radford.campuslabs.com/engage/event/7180347/rsvp)

⚠️ SAVE THE DATE! The 6th annual Volunteer Summit is set for Saturday, February 5, 2022!
Dear Highlander Family,

As we near the close of the fall semester, I want to take a moment and thank you for your commitment to the health and safety of our campus and surrounding communities.

The COVID-19 Workgroup continues to monitor the pandemic – both on campus and in the New River Health District along with guidance from the Centers for Disease Control (CDC), Virginia Department of Health (VDH) and the Commonwealth. Your commitment this semester has resulted in low numbers of positive cases and high vaccination rates among our students and employees. Community transmission rates in the New River Health District and across the Commonwealth have begun a downward trend as well.

As you make plans for the Thanksgiving break and the semester’s conclusion, please note these important updates regarding COVID-19 protocol:

**Masking**

- The indoor masking requirement will continue, regardless of vaccination status, through the remainder of the fall 2021 semester, including winter commencement.
- VDH anticipates community transmission rates to continue on a downward trend. Given this data, it is our intention to begin the spring 2022 semester on main campus without an indoor masking requirement for those that are fully vaccinated. Partially and unvaccinated students, faculty, staff and visitors will be required to wear a face mask while indoors. RUC will continue to follow masking requirements as outlined by Carilion Clinic due to the clinical setting.
- Additional updates will be provided both before and after the winter break.

**Travel**
• Please continue to keep health and safety in mind.
• Asymptomatic students, faculty or staff can receive a COVID-19 test prior to leaving campus for the Thanksgiving or Winter Breaks.
• Testing is available on Main campus at Young Hall each Monday 10 a.m.-1 p.m., Tuesday 11 a.m.-2 p.m. and Wednesday 3-6 p.m. This schedule will continue after we return from the Thanksgiving Break to finish the semester.
• Testing is available at RUC on the first and third Wednesday and second and fourth Friday of each month from 11 a.m. – 1 p.m. in the third floor Boardroom of campus (Community Hospital).
• Partially and unvaccinated students will receive information regarding testing requirements from the Office of the Dean of Students. Partially and unvaccinated faculty and staff will receive information regarding testing requirements from Human Resources.
• The VDH and the CDC provide valuable resources and tips related to domestic and international travel for people that are fully vaccinated and those that are partially or unvaccinated.

Boosters/Vaccine

• Moderna and J&J COVID-19 vaccine boosters have received Emergency Use Authorization (EUA) for eligible people 18+ years of age.
• The Pfizer COVID-19 vaccine received EUA and is now available for children age 5-11.
• VDH has affirmed that Radford University faculty, staff and students are eligible to receive a COVID-19 booster following the appropriate window of time after the last dose (six months for Pfizer and Moderna; two months for J&J) due to congregate settings.
• You can find additional information and guidance on COVID-19 Vaccines and Boosters, including how to get the vaccine or a booster, from VDH.
• Students can also contact Student Health Services to inquire about receiving the COVID-19 vaccine or a booster.

For additional information related to the University's COVID-19 health and safety protocols visit the COVID-19 Planning and Update website at https://www.radford.edu/content/radfordcore/home/reopening.html. Questions can be directed to COVID19@radford.edu.

Your commitment to your health and safety and that of your fellow Highlanders allowed us to learn and work together on campus this fall. I truly appreciate your dedication to the well-being of our campus community.