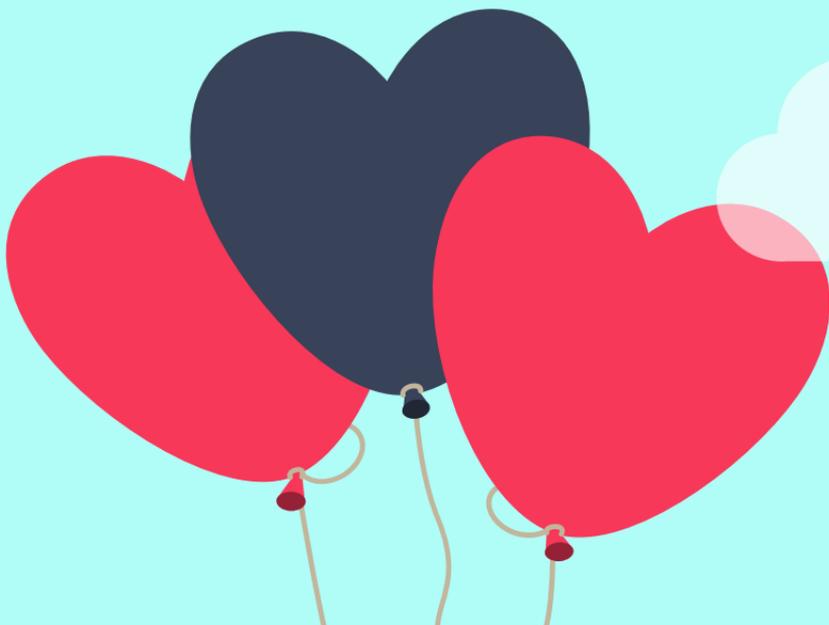


# February Newsletter

BY: KRISTIN KEEN & MADISON DAVIS



# *Upcoming Events*

- February 5th at 5 pm - Craft Night for Valentines
- February 12th at 6 pm - Potluck and Panel with Blake Moses
- February 15th at 1 pm - Valentine Delivery to Heritage Hall
- February 21st at 6:30 pm - Bingo Game Night

# *Member Spotlights*



*1st Year  
Karen Everett*



**What is your favorite part about Radford, the COSD program, or NSSLHA?**

The professors and clinical supervisors in the COSD program are very committed to student success. They are accessible and will spend extra time with students to ensure each student has the skills they need upon graduating and entering the workforce.

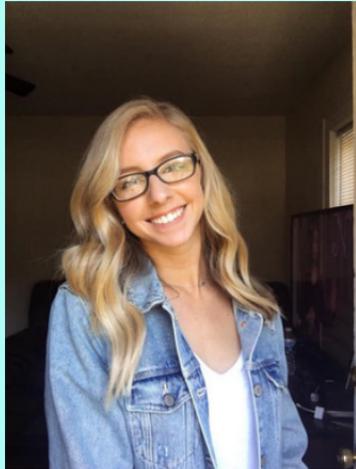
**What do you find to be the most challenging part of the COSD program or NSSLHA?**

The most challenging part of the COSD is time. We have a full classload, plus university clinic clients each semester and it can be difficult to fit everything in.

**What has been your favorite event that NSSLHA has put on?**

My favorite NSSLHA event was the panel potluck where we met recent graduates who work in a variety of settings and could ask them questions.

Senior  
Katie Shubert



**What is your favorite part about Radford, the COSD program, or NSSLHA?**

My favorite part about Radford and the COSD program is how helpful everyone is! There are SO many resources available for you, both in the department and across Radford that make being successful in classes, research, and extra curriculars like NSSLHA possible!

**What do you find to be the most challenging part of the COSD program or NSSLHA?**

The most challenging part about the COSD program for me is staying on top of my work! I used to be a bad procrastinator, but this major has definitely helped me improve on that and start big assignments and studying sooner rather than later.

**What has been your favorite event that NSSLHA has put on?**

My favorite event(s) that NSSLHA has put on is the potluck and panels! I think they're such a good experience for students to engage with professionals, and they've definitely given me some ideas about what I want my future career to look like.

*Junior  
Hannah Sidebottom*



**What is your favorite part about Radford, the COSD program, or NSSLHA?**

My favorite part about Radford's COSD program is that it's a small group of people that become almost like your family! The class sizes are small so you are really able to get to know your professors and every student in the class. I have already met so many amazing people in the program and I love that our program is small enough for that to happen!

**What do you find to be the most challenging part of the COSD program or NSSLHA?**

I think the most challenging part of the COSD program is the pressure that comes with it. Not only are the classes difficult, but there is an added pressure knowing that these are your major classes and the grades received depend heavily on graduate school. Luckily the subject matter is tailored toward our careers so it's interesting!

**What has been your favorite event that NSSLHA has put on?**

I think my favorite event that NSSLHA put on was the faculty boxes. I loved learning more about the professors on a personal level and watching the students have a friendly competition over which box they wanted! I'm excited they are doing it again this semester!

# Therapy Idea

## Heart Caterpillar

Start by cutting out paper pink, red, and purple hearts. Next, print and cut out pictures of your client's target sounds and glue the pictures to the hearts. Add a head, antennae, legs, and googly eyes and you've got yourself a Valentine's Day bug! You can also make this more challenging by adding more hearts!

