**ROBERT C. REESE, JR., Ph.D.**

Professor of Psychology

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# CURRICULUM VITA

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| **EDUCATION:** |
| 2005 | **Virginia Polytechnic Institute & State University,** Blacksburg, VADoctor of Philosophy: Curriculum & Instruction; Cognate: Sport Psychology  |
| 1998 | **Regis University,** Denver, CO Master of Arts in Liberal Studies: Psychology  |
| 1970 | **Purdue University,** West Lafayette, IN Bachelor of Science Degree: Physical EducationMinors: Health, Athletic Training, & Pre-Physical Therapy  |
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| **EXPERIENCE:**  |
| **Higher Education:** |
| 2019 - Present | **Radford University Carilion Campus, Roanoke, VA** |
|  | Professor: Psychology (exclusively online FA19 – Present) |
| 2002 - 2019 | **Jefferson College of Health Sciences**, Roanoke, VA |
| 2016 - 2019 | Professor: Psychology (exclusively online FA17 – SP19) |
| 2012-2018 | Director: Health Psychology Program (HPSY) |
| 2007-2015 | Associate Professor: Psychology |
| 2006-2009 | Director: Humanities & Social Science Department (HSS) |
| 2004-2007 | Assistant Professor: Humanities & Social Sciences – Psychology |
| 2002-2004 | Assistant Professor: Athletic Training Education |
| 2001-2005 | **Regis University**, Denver, CO: Affiliate Faculty: Core Course Counselor & Curriculum Counselor, Distance Learning: Psychology (Approved for BA & MA programs)  |
| 2000-2001 | **Caliber Training Institute**, New York, NY.  Adjunct Faculty, Psychology |
| 1999-2000 | **Katharine Gibbs School**, New York, NY. Adjunct Faculty, Psychology |
| 2001-2003 | **College For Awareness Vocations**, Colorado Springs, COAdjunct Faculty; Curriculum Development; Certificate Programs in Coaching and Sports Hypnosis.  |
| 2001-2002 | **Community Colleges of Colorado On-Line** (CCCOES), Denver, COAdjunct Faculty: Approved for Psychology, Philosophy, & Sociology  |
| **Consulting:**  |
| 1996-present | **DrBobReese.com** Positive & Performance Psychology; Addiction Recovery Consultant |
| 1998-2002 | **The Pacific Institute**,Seattle, WA |
|  | Project Director, Master Facilitator |
| 2000-2002 | National Campus Coordinator, Education Initiative |
| **Athletic Training & Sports Medicine:** |
| 1977-1996 | **New York Jets Football Club, Inc.**,Hempstead, NY Head Athletic Trainer |
| 1972-1977 | **Buffalo Bills Football Club, Inc.**, Orchard Park, NY Assistant Athletic Trainer |
| 1970-1972 | **Boston College**,Chestnut Hill, MA Head Athletic Trainer |

**SCHOLARSHIP & RESEARCH INTERESTS: Psychology & Education**

•    Addiction & Recovery:

-     Member of Research Team: International Quit & Recovery Registry (IQRR); Addiction Recovery Research Center (ARRC) at Virginia Tech-Carlion Research Institute (VTCRI) [Now Fralin Bio-Medical Research Institute]

-     Research Team Member & Consultant: $1.7 mil NIH/NIDA Research Grant - *The Social Interactome of Recovery: Social Media as Therapy Development*

-     Role of positive & performance psychology in recovery

•    Personality Psychology:

-     Growth oriented dimension of personality

- Enneagram applications for positive enduring change (lifestyle);

-     Addictive personalities

•    Curriculum & Instruction / Teaching & Learning:

-     Course & curriculum design & development - especially online learning

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| **HIGHLIGHTS, HONORS & AWARDS: Higher Education & Psychology** |
|  | ***Faculty Excellence Awards***, Jefferson College, Roanoke, VA |
| 2019 | *Elected to Membership in Sigma Xi, Radford University Chapter* |
| 2013-14 | *Excellence in Research & Scholarship*; competitive selection by the Research and Scholarship Council (RASCL) |
| 2012 | *Students’ Choice Award* for Outstanding teaching in Health Psychology |
| 2017, 2016, 2012, 2011, 2010, 2008 | *Excellence in Teaching Award* (Nominee) |
| 2016, 2012, 2011, 2010 | *Excellence in Advising Award*: (Nominee) |
| 2017, 2012, 2011, 2010 | *Excellence in Student Scholarship Development Award* (Nominee) |
| 2006, 2005 2003 | *Excellence in E-Teaching Award*: Online Learning Teacher of the Year; nominated by students and chosen by an external independent judging body.Nominee *(Award discontinued 2006)* |
| 2013 | Panel Moderator: Education, Teaching, History and Popular Culture VII: *Using Popular Culture to Improve Instruction.* Popular Culture Assoc/American Culture Assoc. Washington, DC.  |
| 2012 | Inducted into *Order of Braid Council* - the highest honor awarded by the National Guild of Hypnotists (NGH) recognizing outstanding achievement, dedication, and service to the field of hypnosis |
| 2003 | Assisted in successful accreditation of first time Athletic Trainer Education Program for Jefferson College, Roanoke, VA by the BOC of the NATA |
| **GRANTS:** |
| 2015 | Consultant & Research Team Member: *The Social Interactome of Recovery: Social Media as Therapy Development*. NIH/NIDA. 9/14-8/17 ; 1R01CA192317-01 (PI: Bickel) $1.7mil   [$397,393 (Annual direct costs)]                                        |

**PUBLICATIONS: Articles / Books / Book Chapters**

Reese, B. (2019). Thriving in recovery: Current research and interventions. *EC Journal of Psychology and Psychiatry*. 8(1)57-61 / https://www.ecronicon.com/ecpp/volume8-issue1.php

Reese, B. (2017). *The 13th step: Thriving in recovery*. Bloomington, IN: AuthorHouse Publishing

Reese, B. (2013). Using technology to engage Millennials in learning. In E. A. Janak & D. F. Blum (Eds.), *The pedagogy of pop: Theoretical and practical strategies for success* (Ch 9). Lanham, MD: Lexington Books/Rowman & Littlefield.

Reese, B. (2012). Sports hypnosis: 5 essential mental skills for enduring success. In D. F. Damon (Ed) *Consumer guide to hypnotism*. Merrimack, NH: National Guild of Hypnotists, Inc.

Reese, B. (2011, July/Aug). Feelazation: What is it? And, how can I use it? *Hypno-Gram Newsletter*, Damon, D.F. (ed). Merrimack, NH: National Guild of Hypnotists, Inc.

Reese, B. (2006). *Program evaluation: A pragmatic research methodology for determining the value of mental skills training programs*. Unpublished manuscript submitted for publication.

Reese, B. (2005). *The impact of a mental skills training program for enhanced performance on a varsity intercollegiate volleyball team: A case study program evaluation of an educational intervention.* Ph.D. Dissertation, Virginia Polytechnic Institute & State University, Blacksburg, VA. http://drbobreese.com/content/uploads/2010/02/Reese\_PhD\_Complete\_120105.pdf

Reese, B. (2005). *Develop the winner's mentality: 5 essential mental skills for enduring success*. Philadelphia, PA: Xlibris.

Reese, B. (2004). Sports and hypnosis. In D.F. Damon (Ed.), *The official consumer guide to hypnosis* (p. 61-62). Merrimack, NH: National Guild of Hypnotists.

Reese, B. (1997-2002). *Win-men news* (formerly *The Brain Train)* Author, editor. Weekly inspirational e-newsletter <www.reeseresolution.com-.

Reese, B. (1997-2004). *Jets confidential: Ask the trainer.* Newspaper column/interview focused on current sports medicine and sport psychology aspects of the New York Jets, LI, NY: Jets Confidential, Inc.

Reese, B. (1997). *Train your brain … and develop the winner’s mentality: 5 essential mental skills for causing enduring success*. Curriculum and facilitation guide for personal and organizational growth, development and change navigation. Northport, NY: Pyramid Peak Performance Press.

Reese, B. (1997). *Motivation for the millennium: Certification – mental skills trainer: Companion to lecture series*. Unpublished Masters Project, Regis University. Denver CO: Regis University Press.

Reese, B. (1996-1998). *JOCK DOC*, weekly column on Sports Medicine/Sport Psychology on Internet, *SportsFan-on-Line*, a division of the Sports Fan Radio Network, New York.

Reese, B. (1997-1998) *The war room: Scouting player personnel through free agency and the draft*. Weekly football personnel e-zine, correspondent and columnist. Phoenix, AZ: War Room, LLC.

Reese, B. (1996). A case involving hypnosis/guided imagery as an adjunct treatment of a fractured wrist, *Athletic therapy today*, Vol. 1, No. 5, 18-20, September 1996

Reese, B., Conway, D.P., Hershman, E.B., and Patten, J. (1996). Anterior/posterior tib-fib ligament sprains in the NFL. Paper presented at the annual meeting of the *American College of Sports Medicine* *NFL Team Physicians and Athletic Trainers Scientific Meeting*, Indianapolis, IN. Feb. 1996

Reese, R., Burruss, T.P., Patten, J., and Conway, D.P. (1995). Chapter 12: Shoulder equipment; Chapter 20: The elbow, athletic taping and protective equipment; and Chapter 29: Wrist and hand, athletic taping and protective equipment, in *The upper extremity in sports medicine* (2nd Ed); Nicholas, J.A. and Hershman, E.B. (Eds). St. Louis, MO: C.V. Mosby.

Reese, R., Burruss, T.P., and Patten, J. (1994). Chapter 9: Athletic training techniques, *The lower extremity and spine in sports medicine* (2nd Ed); Nicholas, J.A. and Hershman, E.B. (Eds). St. Louis, MO: C.V. Mosby.

Reese, R., Burruss, T.P., and Patten, J. (1990). Chapter 12: Shoulder equipment; Chapter 20: The elbow, athletic taping and protective equipment; and Chapter 29: Wrist and hand, athletic taping and protective equipment, in *The upper extremity in sports medicine*; Nicholas, J.A. and Hershman, E.B. (Eds). St. Louis, MO: C.V. Mosby

Reese, R., Burruss, T.P. (1985). Chapter 9: Athletic training techniques, in *The lower extremity and spine in sports medicine*; Nicholas, J.A. and Hershman, E.B. (Eds). St. Louis, MO: C.V. Mosby.

Reese, B., Murry, J. (1982). New York Jets strength testing program, *National Strength and Conditioning Association Journal*; February-March, 1982.

**UNPUBLISHED PAPERS/MANUSCRIPTS**

Quisenberry, A. J., Bixel, K. D., Poe, L., **Reese**, R., Bickel, W. K. (2016). The phenotype of happiness in recovery from alcohol: Length of recovery as a predictor. Abstract submitted to *Journal of the Research Society on Alcoholism* (RSA)

Bickel, W.K, Franck, C.T, Koffarnus, M.N., Wilson, A. G., **Reese, R**., Carter, A.E., & Gatchalian, K.M., (2015) *Hey! We can stop! Initial findings from the International Quit and Recovery Registry*. Submitted to J*ournal of Drug and Alcohol Dependence*.

Reese, B., Stratton, R., Bennett, G. (2006). *The impact of a mental skills training program on individual and team mental toughness*. Unpublished manuscript submitted for publication.

Reese, B., Stratton, R., Bennett, G. (2006). *The impact of a mental skills training program on individual and team performance*. Unpublished manuscript submitted for publication.

Reese, B. (2003). *The Enneagram: Personality and behavior*. Unpublished paper in partial requirement of Ph.D. EDCI 5974: Independent Study – Behavioral Concepts (The Enneagram). Virginia Polytechnic Institute & State University, Blacksburg, VA

**PUBLICATIONS: Edit / Review**

*American Psychological Association (APA) – Division 2, Society for the Teaching of Psychology.* Kristin M. Vespia, (2012) Program Chair. Review three poster submissionsfor annual APA convention.

*American Psychological Association (APA) – Division 2, Society for the Teaching of Psychology.* Kristin M. Vespia, (2011) Program Chair. Review three poster submissionsfor annual APA convention.

*American Psychological Association (APA) – Division 2, Society for the Teaching of Psychology.* Kristin M. Vespia, (2010) Program Chair. Review two poster submissionsfor annual APA convention.

*American Psychological Association (APA) – Division 2, Society for the Teaching of Psychology.* McGregor, L. N. (2009) Program Chair. Review poster submission (# ind72139)for APA annual convention.

*International Journal of Sport Psychology* (IJSP). Fournier, J., editor. (2006) Reviewed journal submission MS#25050688 on a sport psychology tool to measure mental toughness. Article was rejected due to my “main argument.”

**PRESENTATIONS: Invited or Keynote Presentations**

*The 13th Step: Thriving in Recovery* (III). Invited Keynote presented at the 7th International Conference on Addictive Disorders, Addiction Medicine and Pharmaceuticals. San Diego, CA (September 19-29, 2018)

*Changing Attitudes: A Conversation About Alcohol’s Impact on Community and Healthcare*. Presentation and panel discussion for Jefferson College of Health Sciences Public Health Series. Roanoke, VA (April 11, 2018)

*The Power of Positivity in Behavioral Change*. Invited seminar presented at the 2nd Annual Conference on Life-Style Medicine: Focus on Diabesity®, Roanoke College, Roanoke, VA. 2009

**PRESENTATIONS: Papers / Posters Presented**

Reese, B., Athamneh, L., Gatchalian, K., Stein, M., Bickel, W. K. (2018) *The International Quit & Recovery Registry: A Unique Online Resource, to Study Recovery.* Poster presented at the 2019 Carilion Clinic Research Day, Roanoke, VA. (April 9, 2019)

Reese, B., Quisenberry, A. J., Pope, D., Bhandari, S., Bickel, W. K. (2019) *An internet-acquired recovery sample: A descriptive study from the International Quit & Recovery Registry.* Poster presented at the Ninety-Eighth Annual Convention of the Western Psychological Association, Portland, OR. (April 26, 2018)

Fox, E.A., Chandrasekar, P., Tegge, A., Franck, C.T., Bickel, W.K., Bhandari, S., Brown, B., Crawford, J, Gathalian, K., Koffarnus, M.N., Mellis, L., Perry, E., Pope, D., Quisenberry, A.J., Snider, S.E., and **Reese, R.C.** (2017). *Behavioral science: Social interactome*. Introduction to Scienceering Seminar, Virginia Tech, Blacksburg, VA.

Reese, B., Poe, L., Quisenberry, A. J., Bixel, K. D., Pope, D., Bickel, W. K. (2017, July). *Length of recovery as a predictor of happiness in alcoholics*. Poster presented at the International Positive Psychology Association (IPPA) 5th World Congress on Positive Psychology, Montreal, QC, Canada.

Quisenberry, A. J., Bixel, K. D., Poe, L., **Reese**, **R.,** Bickel, W. K. (2016, June). *The phenotype of happiness in recovery from alcohol: Length of recovery as a predictor.* Poster presented at the 39th Annual Research Society on Alcoholism (RSA), New Orleans, LA.

Reese, B., Koffarnus, M., Quisenberry, A., Bixel, K., Seymour, N., Bianco, A., Patterson, D., Bickel, W. (2015, June). *The 13th step: More on thriving in recovery.* Poster presented at the International Positive Psychology Association (IPPA) 4th World Congress on Positive Psychology, Orlando, FL.

Reese, B. (2013, March). *Engaging online students: Threaded discussions - hit or miss?*  Paper presented at the 2013 National Popular Culture & American Culture Conference, Washington, DC. (.5 hr) March 2013.

Reese, B. (2013). *Engaging online students: Threaded discussions - hit or miss?* Poster presented at 5th Annual Conference on Higher Education Pedagogy, Virginia Tech Center for Instructional Development and Educational Research (CIDER), Blacksburg, VA.

Krackow, M., Lusk, D.L., **Reese, R.** (2012) *The Jefferson educational development initiative (JEDI): From pilot to full implementation.* Poster presented at 5th Annual Carilion Clinic Research Day. Virginia Tech-Carilion School of Medicine, Roanoke, VA.

Krackow, M., Lusk, D.L., **Reese, R.** (2012) *The Jefferson educational development initiative (JEDI): From pilot to full implementation.* Poster presented at 5th Annual JCHS Research & Scholarship Finale 2011-2012. Jefferson College of Health Sciences, Roanoke, VA.

Tousman, S.A., Lusk, D.L., **Reese, R.C.**, Thompson, G.T., Cochran, L.L., Allison-Jones, L., Mayhew, G.R. (2012, Feb) *Development, implementation, and assessment of a distance-based interprofessional education class for health science students*. Poster presented at 4th Annual Conference on Higher Education Pedagogy, Virginia Tech Center for Instructional Development and Educational Research (CIDER), Blacksburg, VA.

Reese, B. (2011, July). *Forgiveness interventions geared for the classroom*. Poster presented at the International Positive Psychology Association (IPPA) 2nd World Congress on Positive Psychology, Philadelphia, PA.

Reese, B. (2011, May). *Engaging audio learning with voice-over PowerPoint* (updated). Poster presented at the 4th Annual Jefferson College of Health Sciences Research & Scholarship Colloquium Finale, Roanoke, VA.

Reese, B. (2011, April). *iClickers & voice-over PPT: Using technology to engage millennials in learning*. Paper presented at the 2010 National Popular Culture & American Culture Conference, San Antonio, TX (.5 hr) Apr. 2011

Reese, B. (2011, Jan). *Engaging audio learning with voice-over PowerPoint* (updated). Poster presented at 3rd Annual Conference on Higher Education Pedagogy, Virginia Tech Center for Instructional Development and Educational Research (CIDER), Blacksburg, VA.

Krackow, M., **Reese, B**., Molinari, C., & Meier, M. (2009, May). *The Jefferson educational development initiative (JEDI): A pilot program for new faculty orientation.* Poster presented at the 2nd Annual Jefferson College of Health Sciences Research & Scholarship Colloquium Finale, Roanoke, VA.

Reese, B., (2008, Oct). *Engaging audio learning with voice-over PowerPoint*. Poster presented at the 7th annual meeting of Southeastern Teaching of Psychology Conference (SETOP) Getting Connected: Best Practices in Technology-Enhanced Teaching & Learning in Psychology. Atlanta, GA.

Reese, B., Stratton, R., Bennett, G. (2006, June). *The impact of a mental skills training program for enhanced performance on a varsity intercollegiate volleyball team: A case study program evaluation of an educational intervention*. Poster presented at the 1st Annual Jefferson College of Health Sciences Research & Scholarship Colloquium Finale, Roanoke, VA.

Reese, B., Stratton, R., Bennett, G. (2006, June). *The impact of a mental skills training program on mental toughness within a varsity intercollegiate volleyball team: A case study program evaluation of an educational intervention*. Poster presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology, Miami, FL.

Reese, B., Stratton, R., Bennett, G. (2006, June). *The impact of a mental skills training program for enhanced performance on a varsity intercollegiate volleyball team: A case study program evaluation of an educational intervention*. Poster presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology, Miami, FL.

Nicholas, J.A., Gliem, G.W., Nordeen-Snyder, B.A., **Reese, R**. (1980). On the probability of injury in professional football players: A model of discriminant analysis. Paper presented at annual meeting of *American orthopedic surgeons society of sports medicine* at Big Sky, Montana, July 1980.

PRESENTATIONS: Peer Groups & Organizations

*The 13th Step: Thriving in Recovery* (IV)*.* Video presentation at the International Conference & Expo on Clinical Psychology & Advanced Nursing, Hyatt Place Amsterdam Airport, Amsterdam, Netherlands. (Oct. 18, 2018)

*Voice-Over PowerPoints: Using Technology to Engage Student Learning.* Seminar presented at Teaching Excellence Academy for Collaborative Healthcare (TEACH), Virginia Tech-Carilion School of Medicine and Research Institute, and Jefferson College of Health Sciences. Roanoke, VA (1 hr) Sept. 26, 2016

*The 13th Step: Thriving in Recovery*. Workshop conducted at the Third World Congress on Positive Psychology, Westin Bonaventure, Los Angeles, CA. (1 hr) June 29, 2013

*Engaging Online Students: Threaded Discussions - Hit or Miss?* Presentation at the VCU Online Learning Summit 2013: Exploring a Changing Landscape. Virginia Commonwealth University, Richmond, VA. (.5 hr) May 2013.

Panel Moderator: Education, Teaching, History and Popular Culture VII: *Using Popular Culture to Improve Instruction.* Popular Culture Assoc/American Culture Assoc. Washington, DC. May 2013

*What's It Like ... To Work With Elite Athletes*. Roundtable symposium presented at inaugural *What's It Like* series sponsored by the JCHS Health & Exercise Science program (1 hr) Sept. 2012

*The Forgiveness Paradox: A Positive Psychology Perspective*. Seminar presented at JCHS Student Affairs Wellness Speaker Series. (1 hr) Dec. 2011

*iClickers & Voice-Over PPT: Using Technology To Engage Millennials In Learning*. Paper and Roundtable symposium presented at the 2010 National Popular Culture & American Culture Conference, San Antonio, TX (.5 hr) Apr. 2010

*The Forgiveness Paradox: A Positive Psychology Perspective*. Seminar presented at the NGH International Convention and Educational Conference, Marlborough, MA. (1 hr) Aug. 2010

*Positive Psychology:* *What Is It & Why You Need To Know About It ~ Part I & II; Seminar.* Seminar presented at the NGH International Convention and Educational Conference, Marlborough, MA. (2 hr). Aug. 2009

*Positive Psychology:* *What Is It & Why You Need To Know About It; Seminar.* Seminar presented at the NGH International Convention and Educational Conference, Marlborough, MA. (1 hr). Aug. 2008

*Engaging Audio Learning with Voice-Over PowerPoint*. Seminar presented at the annual meeting of Southeastern Teaching of Psychology Conference (SETOP): Getting Connected: Best Practices in Technology-Enhanced Teaching & Learning in Psychology. Atlanta, GA. (1 hr.) 2008

*Using iClickers to Teach Psychology: Two Different Models*. Seminar co-presented with J. A. Cusumano at the annual meeting of Southeastern Teaching of Psychology Conference (SETOP): Getting Connected: Best Practices in Technology-Enhanced Teaching & Learning in Psychology. Atlanta, GA. (1 hr.) 2008

*Feelazation,* *Adding Positive Emotion to Your Scripts*. Seminar presented at the NGH International Convention and Educational Conference, Marlborough, MA. (1 hr). 2007

*Obstacles to Motivation in Rehab*, Lecture: Virginia Athletic Trainer’s Association Annual Meeting & Clinical Symposium, Hospitality House Hotel, Williamsburg, VA. (1 hr.) 2004

*Motivating The Rehab Patient*, Virginia Physical Therapy Assistant’s Association 20th Annual Conference, Wyndham Hotel, Roanoke, VA. Seminar & Workshop. (1 day) 2003

*Handling Holiday Stress*, Open Seminar, Roanoke Higher Education Center, Roanoke, VA. (2 hr.) 2002

*Motivation and Rehabilitation*, Seminar: Eastern Athletic Trainers Assoc. Annual Convention and Symposium, Hartford, CT (1 hr.) 2002

*The Psychology of Rehabilitation*. Seminar: Connecticut Athletic Trainers Assoc. Annual Education Symposium, Hartford, CT (1 hr.) 2001

*The Psychology of Rehabilitation*. Workshop: Eastern Athletic Trainers Assoc. Annual Convention and Symposium, Providence, RI. (½ day) 2001

*Developing ‘The Plan’ - How to Cope After Job Loss.* Lecture:Professional Football Athletic Trainers Society Annual Business Meeting, Salt Lake City, Utah. (1hr.) 1997

*So You Want To Work With the Pro’s - Mental Skills Training in Professional Sports,* Seminar:Springfield College 14th Annual Conference on Counseling Athletes sponsored by Dept. of Psychology, Springfield, MA. (1½ hr.) 1997

*Feelazation: What is it? And How Can You Use It In Your Practice*. Presentation (1 hr.) NGH Roanoke Chapter meeting. 2006

**PRESENTATIONS: Higher Education**

*The 13th Step: Thriving in Recovery*. (1 hr) A&S Scholarship Series FA15.

*Qualitative Research Methods* (1.5 hr). Guest lecturer for OT 502 Research Methodologies. JCHS SP13

*Using Visualization and Hypnosis to Enhance Exercise Program Adherence* (1.5 hr). Guest lecturer for HES 365 Psychosocial Aspects of Exercise. JCHS FA11

*Using Games to Help Students Learn – Revisited* (co-presented w/ S. Jones, DNP) (1 hr) FA11

*Program Strategies for Teaching* (co-presented w/ C. Molinari, PhD) (1 hr) SP10

*Teaching Portfolios*. Breakout Group Facilitator, JCHS Education Day (1.5 hr) FA09

*Handling the Holidays*. JCHS Wellness Presentation (1 hr.) FA07

*Distance vs. Online Education*. A&S Colloquium Series, JCHS, Roanoke, VA. FA07

*Scholarship: What’s In It For Me?* JCHS Fall Faculty Development Panel. Reese, B. (Moderator), Southard, D., Isaacs, M., Gross, M., Thompson, G., Strickland, A. & Hulak, L., Roanoke, VA. (1.5 hr.) SP07

Feelazation & Hypnosis for Sports Medicine & Sport Psychology (1.5 hr.) Masters level course: *Psychology of Injury*; University of North Carolina – Greensboro. FA06

The use of performance enhancement in professional sports (2.5 hr). *'Hot Topics' in Current Ethical Issues*: PHL 215-T1 Bioethics, JCHS. Guest Facilitator ~ SP05; FA05

*Assessing Student Learning* – JCHS Fall Faculty Development, Roanoke, VA. FA05

*Roundtable on Effective Practices in Distance Education*. Panel Member: JCHS Summer Institute for New River Community College: Roanoke Higher Education Center, Roanoke, VA. SU05

*Handling Holiday Stress*, Faculty Lunch & Learn CEU Program JCHS, Roanoke, VA (1 hr.) FA04

*Creating a Motivating Environment,* (1.5 hr.) Radford University, Radford, VA in conjunction with the Carilion Leadership Institute, Carilion Health System, Roanoke, VA. Presented at the Roanoke Higher Education Center, Roanoke, VA. SP04

*Psychology of Rehabilitation*, Updates in Athletic Training Seminar (1 hr.), College of Health Sciences, Roanoke, VA SP03

*Energy & Stress Management*, Faculty Lunch & Learn Continuing Education Program (1 hr.), Jefferson College of Health Sciences, Roanoke, VA. FA02

*Peak Performance* - *How Your Mind Works.* Sports Performance Management Course, University of Denver, Denver, CO. (3 hr.) SP01

*Hypnosis as a Tool for Psychiatric Nurse-Practitioners*. Molloy College, Rockville Ctr., NY. (3 hr.) FA99

*Hypnosis and Peak Performance*, Course: *Hypnosis in Medicine*, NY Down-State Medical University, Brooklyn, NY. (2 hr.) SP99

*Hypnosis as an Adjunct Medical Treatment*. Department of Psychiatry, SUNY Health Science Center, Brooklyn, NY. (3 hr.) SP99

*Train Your Brain for Peak Performance*. Open Seminar for Students: Quinipiac College, Hamden, CT. (3 hr.) FA97

*Sports Medicine in Dance*, Art Dept. – Modern Dance Course. Columbia University, New York, NY. (3 hr.) SP96

*The 12 T’s of Athletic Training,* NYU Sports Administration Course, New York University, New York, NY (2 hr.) Annually 1986, 87, 88, 89

*Aggressive Sports Medicine*, Presentation at ACOSM-Illinois Chapter, University of Illinois Medical School, Urbana-Champaign, IL 1984

*Sports Medicine in the NFL*, Advanced Athletic Training Class, LIU-Rockland Campus, Rockland, NY. (2 hr.) Annually 1984-1986

*Athletic Training in the NFL*, Advanced Athletic Training Course, Brooklyn College, Brooklyn, NY (1 hr.) Annually 1978-1984

*Athletic Training & Chiropractic*, Premier Guest Lecturer, American Chiropractic Assoc. Student Council on Sports Injuries, New York Chiropractic College, Long Island, NY (2 hr.) 1979

*Sports Medicine in the NFL*, Sports Medicine Class, St. John’s University, Jamaica, NY (1 hr.) 1977-1981

PRESENTATIONS: Professional Groups & Organizations

*Develop the Winner’s Mentality – A Workshop for Coaches*, Open Seminar: H.S. coaches, Colorado Springs, CO (1 day) 2000

*Team Building for Directors,* Seminar: Stage Directors & Choreographers Assoc., New York, NY (½ day) 2000

*Develop the Winner’s Mentality*, Continuing Education Seminar for Sports Coaches, Jericho School District, Jericho, NY (2 day) 1999, 2000

*NLP for Actors & Directors*, Open Seminar: NY Space (Co-facilitated with W. Horton, PsyD), New York, NY. (1 day) 1999.

*Train Your Brain for Success in Acting & Directing*, Open Seminar: Association of Directors & Choreographers, New York, NY (2 day) 1999

*5 Essential Mental Skills for Performance Enhancement,* Duke University Men’s Soccer Camp, Durham, NC. (Three 1 hr. Lectures) 1999

*Alpha Brain-Wave Feedback for Peak Performance*. Seminar:U.S.M.A. Training, Center for Enhanced Performance, West Point, NY. (1 day) 1998

*Rehab of Concussions Using EEG-Biofeedback*. Lecture: Sports Related Concussions Symposium, Sports Rehab Network; Smithtown, NY. 1998

*Alpha Neurobiofeedback and Performance Enhancement Applications*. Seminar: West Point Center for Enhanced Performance*,* USMA, West Point, NY. 1997

**National Guild of Hypnotists** (NGH) International Convention and Educational Conference. Nashua, NH, 1999 - 2004; Marlborough, MA, 2005 - 2014.

*Sports Hypnosis Certification*, Certificate Course (20 hr.). Presented annually 2002-2014

*Neurohypnosis: 21st Century Practices*. (2 hr workshop co-presented w/ Joan Reese, PhD). 2013; 2014

*Creating STRONG Affirmations: Incorporating Signature Strengths to Fast-Track Results.* (1 hr) 2014

*Wallowing in Positivity: Overcoming the Negative Bias of the Brain.* (1 hr). 2013

*The NextStep ~ How to Thrive & Flourish in Recovery: A Workshop for Professionals Working in Recovery* (2 hr). 2012

*Enhancing Your Character Strengths—A Foundation To Thrive & Flourish* (1 hr). 2011

*The Forgiveness Paradox: A Positive Psychology Perspective* (1 hr). 2010

*Positive Psychology:* *What Is It & Why You Need To Know About It ~ Part I & II; Seminar* (2 hr). 2009

*Positive Psychology:* *What Is It & Why You Need To Know About It; Seminar* (1 hr). 2008

*Feelazation,* *Adding Positive Emotion to Your Scripts*; Seminar (1 hr). 2007

*Introduction to* *the Enneagram* (co-presented with J. Reese); Seminar (1 hr.). 2003, 2004, 2005

*Affirmation Workshop*; Workshop (2 hr.). 2001, 2002, 2003, 2005

*Strategies for Success,* Seminar (1 day). 2001

*Executive Coaching – Expand Your Practice*, Seminar (2 day). 2000, 2001

*Hypnosis for* *Sports Peak Performance*, Seminar (2 hr.). 2000, 2001

*Train Your Brain for Executive Coaching*, Seminar (1 day). 1999

*Using Hypnotism to Enhance Sports and Athletic Performance*. Guest Expert: Teleseminar in NGH Summer Series, (1 hr.). 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013

Ontario Hypnosis Centre, Toronto, ON, Canada

*Sports & Performance Hypnosis Certification*, Certificate Course (20 hr.). 2008

PRESENTATIONS: Media Contributions & Appearances

*Enhancing Performance in Sport & Life - Perk UP with Bob Reese*: Interview on www.blogtalkradio.com March 20, 2013 (78 min)

International Quit & Recovery Registry (IQRR): One year anniversary of QRR; interview on WSLS Ch 10, Roanoke, VA. Sept, 2012

National Quit & Recovery Registry (NQRR): Featured contributor to Associated Press article (November 9, 2011): This story appeared in more than 200 media outlets, including the online editions of ABC News, the *Atlanta Journal Constitution, The Boston Globe,* CBS News, *The Charlotte Observer,* CNBC, *The Huffington Post, the Minneapolis Star Tribune,* MSNBC, *The New York Times, The Sacramento Bee, the San Francisco Examiner, San Jose Mercury News, and The Washington Post*.

National Quit & Recovery Registry (NQRR): Interview with WDBJ-TV Channel 7 (CBS Affiliate) regarding the launching of the *National Quit & Recovery Registry*. Roanoke, VA Sept. 2011

National Quit & Recovery Registry (NQRR): Participant in nationally broadcast press conference introducing the *National Quit & Recovery Registry* (NQRR). Other members included Dr. Warren Bickel, founder of the NQRR; Dr. Nora Volkow, director of the National Institute on Drug Abuse; and Dr. Michael Friedlander, executive director of the Virginia Tech Carilion Research Institute. Sept. 2011

*http://www.youtube.com/watch?v=vjT6bUmFMkc&feature=youtu.be*

*Improve sports performance using hypnosis/self-hypnosis*. Audio Seminar presented at the Hypnosis World Summit, Live Online Audio Event for Podcast. http://www.hypnosisworldsummit.com/ (1 hr). 2010

*Using hypnotism to enhance sports and athletic performance*. Guest Expert: Teleseminar / Podcast in *NGH Summer Series* (1 hr.). 2004-2010

*How to keep those new year’s resolutions*. Guest: WDBJ-TV Channel 7 (CBS Affiliate), Roanoke, VA 2006

*Mental & physical Challenges of ‘Turf-Toe’.* Guest: *ESPN Outside The Lines*. Live Feed from JCHS, Roanoke, VA. 2002

*Olympic experience and mental skills for stress*. Guest: WDBJ-TV Channel 7 (CBS Affiliate), Roanoke, VA. 2002

*Your personal best: The coaches corner.* WEVD News Talk Radio 1050, Weekly segment. Co-producer; Writer/Host. New York, NY. 1999

*How to create your ideal job*. Guest: Cablevision Extra-Help Channel: *Job Search* – Interview segment, Long Island, NY. 1998

Regular guest on Cablevision Extra-Help Channel: *Active Life - Tennis*; and *Active Life - Nutrition*. Long Island, NY. 1995 – 2000

Featured Guest: *The trainer’s corner*. Weekly pre-game radio interview on injury status of NY Jets players. WNBC Radio, New York, NY. 1984-85

**COURSES TAUGHT: Higher Education ~ Faculty, Jefferson College**

 *(01 = Traditional Face-2-Face; D1 = Online Learning; S1= Hybrid ~ all courses 3 cr. hr. unless noted)*

* + - Introductory Psychology (01, D1)
		- Introductory & Developmental Psychology (01, D1, S1) (4 cr. hr.)
		- Lifespan Development (01, D1, S1)
		- Positive Psychology (01, D1, S1)
		- Social Psychology (01, D1, S1)
		- Abnormal Psychology (01, D1)
		- Career Options in Health Psychology (01)
		- Learning & Memory (01, S1)
		- Addiction & Recovery (D1)
		- History & Systems of Psychology (01, S1)
		- Psychosocial Aspects of Therapy for the PTA (01) (2 cr. hr.)
		- Senior Research (See Directed Student Learning below)
		- Senior Capstone (See Directed Student Learning below)

**Directed Student Learning: Master’s Project Committees**

Vargas, C., Lester, E., McBride, A., Callands, S., & Murray, L. (2018). *The role of occupational therapy in the realm of post-concussion syndrome treatment*. A Masters Research Project presented to the Faculty of the Graduate Program in Occupational Therapy of Jefferson College of Health Sciences. OT 651

Kelly, C., Ferris, R. (2014). Exploring patient satisfaction with occupational therapy services at a skilled nursing facility. Unpublished Master’s Project MSN, Jefferson College of Health Sciences, Roanoke, VA.

Hall, K. B., (2008). *Preoperative education for patients undergoing total joint replacement*. Unpublished Master’s Project MSN, Jefferson College of Health Sciences, Roanoke, VA.

**Directed Student Learning: PSY 401/402 Senior Research**

Campbell, A. (2018). *Effects of cigarette filter ventilation on substitution in the experimental tobacco marketplace.* Unpublished Senior Research Project (PSY 402), Addiction Recovery Research Center (ARRC) at Virginia Tech-Carilion Research Institute (VTCRI). Roanoke, VA.

Elliott, S. (2018). *Episodic future thinking (EFT) and striatal dopamine levels in an alcohol dependent population.* Unpublished Senior Research Project (PSY 402), Addiction Recovery Research Center (ARRC) at Virginia Tech-Carilion Research Institute (VTCRI). Roanoke, VA.

Campbell, A. (2017). *Excessive valuation of ventilated cigarettes over unventilated cigarettes: A study for developing policy.* Unpublished Senior Research Project (PSY 401), Addiction Recovery Research Center (ARRC) at Virginia Tech-Carilion Research Institute (VTCRI). Roanoke, VA.

Elliott, S. (2017). *Theta burst TMS as a tool to change decision-making in obese participants.* Unpublished Senior Research Project (PSY 401), Addiction Recovery Research Center (ARRC) at Virginia Tech-Carilion Research Institute (VTCRI). Roanoke, VA.

Vannoy, M. (2014-15). *Assessment of cigarette and e-cigarette demand elasticity and substitution.* Unpublished Senior Research Project, Addiction Recovery Research Center (ARRC) at Virginia Tech-Carilion Research Institute (VTCRI). Roanoke, VA.

Reyes, T. (2014-15). *Correlation of the Enneagram types and VIA character strengths.* Unpublished Senior Research Project, Jefferson College of Health Sciences, Roanoke, VA.

Reyes, A. (2014-15). *Forgiveness: An investigation of nine popular forgiveness scales.* Unpublished Senior Research Project, Jefferson College of Health Sciences, Roanoke, VA.

Barr, M. (2013-14). *Working memory training and translation*. Student Research Internship, Addiction Recovery Research Center (ARRC) at Virginia Tech-Carilion Research Institute (VTCRI). Roanoke, VA.

**Directed Student Learning: PSY 415/425 Senior Capstone Project**

Reyes, A. (2014-15). *Healthy habits: A program for the Boys and Girls Club in Southwest Virginia*. Unpublished Senior Capstone Project, Jefferson College of Health Sciences, Roanoke, VA.

Reyes, T. (2014-15). *Afterschool STEM room: Mentoring program for the Big Brothers – Big Sisters of Oliver Hill*. Unpublished Senior Capstone Project, Jefferson College of Health Sciences, Roanoke, VA.

Elliott, J. (2014-15). *Binder of personal development: A program for assertive community treatment at Blue Ridge Autism and Achievement Center (BRAAC)*. Unpublished Senior Capstone Project, Jefferson College of Health Sciences, Roanoke, VA.

Fellows, V. (2011-12). Improving appeal to donors and participants to increase profit in fundraising at Sabrina’s Place. Unpublished Senior Capstone Project, Jefferson College of Health Sciences, Roanoke, VA.

DeSanto, C. (2010-11). Improving lives of the homeless: Developing a resource directory for Roanoke Areas Ministries (RAM). Unpublished Senior Capstone Project, Jefferson College of Health Sciences, Roanoke, VA.

**Directed Student Learning: PSY \_99 Supervised Study in Health Psychology**

PSY 499 (1cr) Breaking Down Cultural Barriers for Christian Mission Trips. Elliott, S. (SP18).

PSY 499 (3 cr) Creating a Non-Profit Business Plan for an Animal Assisted Activities (AAA) Program Part 2. Davidson, D. (Spring 2017).

PSY 399 (3 cr) Creating a Non-Profit Business Plan for an Animal Assisted Activities (AAA) Program Part 1. Davidson, D. (Fall 2016).

**ACADEMIC ADVISING ~ Jefferson College**

* 2017-2018 – 4 HPSY students
* 2016-2017 – 10 HPSY students
* 2015-2016 – 5 HPSY students
* 2014-2015 – 8 HPSY students
* 2013-2014 – 6 HPSY students
* 2012-2013 – 9 HPSY students
* 2011-2012 – 7 HPSY students
* 2010-2011 – 20 HPSY students
* 2009-2010 – 12 HPSY students

**PROFESSIONAL MEMBERSHIPS: Psychology / Education**

* Sigma Xi, The Scientific Research Society
	+ Western Psychological Association (WPA) Member
	+ The Society for the Teaching of Psychology (STP) Division 2 APA
	+ International Positive Psychology Association (IPPA)
		- Education Division Committee Member IPPA
	+ Popular Culture Association (PCA)
	+ Social Psychology Network (SPN)
	+ Humanistic Sport Counseling, an Association of Applied Sport Psychology Special Interest Group (AASP-SIG)
	+ Association of Applied Sport Psychology (AASP)
	+ \*International Enneagram Association (IEA)
	+ American Psychological Association (APA)
	+ \*National Guild of Hypnotists (NGH)
	+ International Society of Sports Psychology (ISSP)
	+ Association for Applied Psychophysiology and Biofeedback (AAPB)

*\*Maintains necessary Continuing Education Units for certification*

**CONTINUING EDUCATION, FACULTY & PROFESSIONAL DEVELOPMENT:**

 **Jefferson College Faculty Development & Continuing Education**

* Includes Faculty Education Days; Research & Scholarship Colloquia presentations Technology for Teaching & Learning & Distance-Learning Continuing Ed *(itemized list upon request)*
* Certified by Jefferson College Academic Technology for Quality Matters Curriculum Design for online instruction

**Conferences Attended**

* Fifth World Congress on Positive Psychology, Palais Des Congres De Montreal, Montreal, QC, Canada
* Fourth World Congress on Positive Psychology, Disney Coronado Springs Resort, Orlando, FL. June 25-28, 2015
* 5th Annual VA Blackboard Users Group (BUG) Conference, Holiday Inn, Roanoke, VA. Oct. 24, 2014
* Brain School (II) 2014. Virginia Tech-Carilion Research Institute, Roanoke, VA.
* Third World Congress on Positive Psychology, Westin Bonaventure, Los Angeles, CA. June 29, 2013
* National Popular Culture & American Culture Conference, Washington, DC. 3/27-30/2013
* *How the Brain Forms New Habits: Why Willpower Is Not Enough*. Bill M. Kelly, PhD, Dartmouth College. Sponsored by Institute for Brain Potential, Mountain View, CA. Presentation in Roanoke, VA. 3/15/2013 (APA 6 CEU).
* Brain School (2014). Virginia Tech-Carilion Research Institute, Roanoke, VA.
* 5th Annual Conference on Higher Education Pedagogy. Ctr for Instructional Development and Educational Research (CIDER), Virginia Tech, Blacksburg, VA. Feb. 6-8, 2013
* Distinguished Scholars Series, Virginia Tech-Carilion Research Institute (VTCRI), Roanoke, VA
	+ *Neurocircuitry of Addiction: An Alcohol Perspective.* George Koob, PhD, Director, NIAAA, NIH. Jan 19, 2017
	+ *Stress and Addictions.* Kathleen Brady, MD, PhD. Director South Carolina Clinical and Translational Research Institute, Medical University of SC. April 28, 2016
	+ *Modern Treatment of Alcoholism.* Charles P. O’Brien, MD, PhD. University of Pennsylvania School of Medicine. Oct. 10, 2014
	+ *Children’s Right to Thrive: The Promise and Barriers to Putting Science into Action*. Craig Ramey, PhD and Sharon Ramey, PhD. Virginia Tech Carilion Research Institute, Virginia Tech, Virginia Tech Carilion School of Medicine. Oct. 4, 2012.
	+ *The Power of Singing: Implications for Brain Plasticity and Recovery of Function.* Gottfried Schlaug, MD, PhD. Director, Music and Neuroimaging Laboratory, Beth Isreal Deaconess Medical Center. Jan 10, 2013
	+ *Exciting New Ways to Stimulate the Brain to Treat Depression or Pain.* Mark S. George, MD. Director, Brain Stimulation Laboratory, Medical University of South Carolina.
	+ *You Must Remember This: The Principles of Memory Formation*. Ron Davis, PhD. Chair of the Scripps Research Institute Department of Neuroscience. Sept. 8, 2011.
	+ *What Do We Know About Addiction?* Nora Volkow, MD. Director NIDA. Sept 29, 2011.
	+ *Addiction: Conflict Between Brain Circuits*. Nora Volkow, MD. Director NIDA. Sept. 30, 2011.
* *Toxic People: Living and Working with High Conflict Individuals*. Jamie Kurtz, PhD. Sponsored by Institute for Brain Potential, Mountain View, CA. Presentation in Roanoke, VA. 10/19/2012 (APA 6 CEU).
* 4th Annual Conference on Higher Education Pedagogy. Ctr for Instructional Development and Educational Research (CIDER), Virginia Tech, Blacksburg, VA. Feb. 8-9, 2012
* Second World Congress on Positive Psychology, Philadelphia, PA. July 23-26, 2011
* National Popular Culture & American Culture Conference, San Antonio, TX. Apr. 20-23, 2011
* 3rd Annual Conference on Higher Education Pedagogy. Ctr for Instructional Development and Educational Research (CIDER), Virginia Tech, Blacksburg, VA. Feb. 3-4, 2011
* 9th World Conference for Person-Centered and Experiential Psychotherapy and Counseling ~ Empowerment: The politics of the helping relationship. Rome, Italy, 30th June - 4th July 2010
* *The Power of Acknowledgement*, Umlas, J. Webinar: International Institute of Learning, New York, NY. 2010 (1 hr).
* *Appreciative Leadership: Bringing Out the Best, A Strength Based Approach.* Whitney, D. PhD. Webinar: *Saybrook Dialogs 2010*, Saybrook, University, San Francisco, CA (1 hr).
* 2nd Annual Conference on Higher Education Pedagogy. Ctr for Instructional Development and Educational Research (CIDER), Virginia Tech, Blacksburg, VA. Feb. 18-19, 2010
* 2nd Annual Conference on Life-Style Medicine: Focus on Diabesity®, Roanoke College, Roanoke, VA. Nov. 5, 2009
* The International Positive Psychology Association 1st World Congress, Philadelphia, PA. June 18-21, 2009
* Teaching of Psychology Conference: Best Practices – Technology; Atlanta, GA – October, 2008
* *The Afterlife of Terri Schiavo: Rethinking Disorders of Consciousness*. Carilion Clinic Annual Ethics Conference 2007, Roanoke, VA. Oct. 26, 2007
* *Scholarship in Practice: Getting the Word Out.* Publishing Seminar co-sponsored by Carilion Corporate University & JCHS, Roanoke, VA. 10/09/2007
	+ Panel Moderator
* International Expressive Arts Therapy Association (IEATA) ~ 7th International Conference – Appalachian State University, Boone, NC. May 22-27, 2007
* *How to and How Not to Study Healing, Prayer, and Energy Medicine.* Achterberg, J., PhD. Audited Presentation, Saybrook Graduate School and Research Center, San Francisco, CA (2 hr) 2006
* Association for the Advancement of Applied Sport Psychology (AAASP) Annual Conference, Miami, FL. Sept. 27-30, 2006
* *Sex, Drugs & Chocolate: The Physiology and Psychology of Addiction*. Glantz, R., Seminars for Mental Health Professionals, Roanoke, VA. (1 day / 6 hr. CEU) 2005
* The International Enneagram Association (IEA) 10th Anniversary Conference, Arlington, VA. 2004
* *Motivation in Sport.* 25th Annual Sport Psychology Conference, University of Virginia, Charlottesville, VA (3 cr. hr. graduate course) 2002
* *Clinical Aspects of Memory*. Cortext Educational Seminars, Roanoke, VA (1day) 2002
* International Medical and Dental Hypnotherapy Association (IMDHA). (3 day symposium), Pontiac, MI. 2001
* Association For Applied Psychophysiology and Biofeedback 29th Annual Meeting, Orlando, FL. 1998
* *Springfield College 14th Annual Conference on Counseling Athletes* sponsored by Dept. of Psychology, (3 day) Seminar, Springfield, MA. 1997
* *The Psychology of Successful Coaching: Getting (and Keeping) the Mental Edge*. 19th Annual Sport Psychology Conference, University of Virginia, Charlottesville, VA. (3 cr. hr. graduate course) 1996
* Association for the Advancement of Applied Sport Psychology (AAASP) Annual Conference, Charlottesville, VA. Oct. 16-20, 1996
* National Guild of Hypnotists (NGH) International Convention and Educational Conference. Nashua, NH, 1996 - 2004; Marlborough, MA, 2005 - 2012.

**COURSES & CERTIFICATIONS:**

 **Courses (post-doc)**

* *Foundations of Positive Psychology*. A 12-week online graduate course (non- credit) offered by the College of Liberal and Professional Studies, University of Pennsylvania, Philadelphia, PA. Instructor: Tal Ben-Shahar, PhD, Harvard Univ. SU09

 **Enneagram: Certification, Education & Training [Personality Psychology]**

* Riso-Hudson Enneagram Teacher Certification, The Enneagram Institute:
	+ *Enneagram – Level II Training for Certification*, Riso, D., Hudson, R., The Enneagram Institute, Stroudsburg, PA. (5-day training) 2006
	+ *Enneagram - Level III Training* *for Certification*, Riso, D., Hudson, R., The Enneagram Institute, Atlanta, GA. (5-day training) 2006
	+ *Enneagram – Psychic Structures.* Hudson, R., The Enneagram Institute, Stroudsburg, PA. (3-day training) 2003
	+ *Enneagram - Level 1 Training* *for Certification.* Riso, D., & Hudson, R. The Enneagram Institute, Menlo Park, CA. (5-day training) 2003
* *The Enneagram and Business.* Hudson, R. Workshop: The Enneagram Wisdom Center, New York, NY (1 day) 2003
* *The Enneagram and Relationships.* Hudson, R. Seminar: The Enneagram Wisdom Center, New York, NY: (2 day) 2003
* *Enneagram - Stress/Security Points & Wings*. Condon, T. Seminar: ChangeWorks Seminars, Richmond, VA. (2 day) 2003
* *The Dynamic Enneagram: Techniques for Clinical Treatment*. Condon, T. Seminar: ChangeWorks Seminars/MAHEC-Bridge, Mental Health Continuing Education Program, Ashville, NC. (2 day) 2003
* *Enneagram 1 – Personality Typing*. Bellotti, M. OSM, Seminar: Benet Hill Center, Colorado Springs, CO. (2 day) 2000

**Hypnosis: Certification, Education & Training**

* *Basic Hypnotherapy Certification Course ~ National Guild of Hypnotists*. Carol, J., JD, CH, Course: College For Awareness Vocations, Colorado Springs, Co. (audited for curriculum consultation) (120 hr.) 2001
* *Emotional Freedom Technique* (EFT). Look, C. CSW, CH, Training: Community Psychological Consultants, New York, NY. (1 day) 2001
* *Basic Practitioner of NLP.* Horton, W., PsyD.The National Federation of Neurolinguistic Psychology Nashua, NH (4-day training) 1998
* *Ericksonion Hypnosis: The Art of Unconscious Learning*. Buckholtz, M., PhD, Training: Omega Institute, Woodstock, NY (5-day intensive) 1994
* *Hypnotherapy Certification ~ National Guild of Hypnotists*. New York Institute of Hypnotherapy, Brookville, NY. (30 hr.) 1993

**NeuroFeeback: Certification, Education & Training**

* *Stress Management and Peak Performance Training for Athletes, Coaches, and Consultants.* Sime, W., PhD. (4 hr. CEU course). Association For Applied Psychophysiology and Biofeedback 29th Annual Meeting, Orlando, FL. 1998
* EEG Biofeedback Certification, Biofeedback Certification International Alliance (BCIA). 1997-2000
* EEG Biofeedback Advanced Technician Training, Levels 2 & 3. Lexicor Medical Technologies, Boulder, CO. (2-day intensive) 1997
* NeuroBioFeedback Technician Training Certification. The Alexandria Institute, Hastings-on-Hudson, NY (3 mos. internship) 1996
	+ Peak Performance Specialist Certification - CPPS, (CIA). 1996- 2000

 **Miscellaneous Psychology & Related Education & Training**

* *The Wisdom of the Tarot Intensive with Angeles Arrien*. Arrien, A., PhD. Sausalito, CA (2-Day). 2006
* *TAT: Theory, Principles, & Application*. Taylor, E., PhD. Audited intensive course, Saybrook Graduate School and Research Center, San Francisco, CA (2-day / 10 contact hr.) 2006
* *Purpose, Ethics & Spirit: Certification - Spiritual Director.* Bellotti, M., OSB. Regis University/Benet Pines Retreat Center, Colorado Springs, CO. (2 yr./6 cr. hr ~ 1 yr. completed) 2001-2002
* *Myers Briggs Personality Typing*. Bellotti, M., OSB, Seminar: Benet Pines Retreat Center, Black Forest, CO. (1 day) 2001
* *Performance Enhancement Delivery Systems.* Zinssar, N., PhD*,* Externship: West Point Center for Enhanced Performance, USMA, West Point, NY (2 weeks) 1996
* *The Aromatherapy Series: Intermediate Level Training* (Home study, 30 hr). Aromatherapy Seminars, Los Angeles, CA. 1994
* Aromatherapy Certification Course (Home study, 20 hr). American Institute for Aromatherapy & Herbal Studies, Huntington, NY. 1993

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| **SERVICE & SERVICE AFFILIATIONS:** |
|  | **Jefferson College - Committee Memberships**  |
|  | Online Advisory Board  |
| FA14-present | Committee member |
|  | Arts & Sciences Program Directors  |
| FA12-SP18 | Committee member |
|  | Faculty Senate  |
| SP02 – SP10 | Senator; Co-chair - Ad Hoc Committee on Faculty Promotion; Task Force on Revision of Faculty Senate Bylaws; Chair - Ad Hoc Committee: Faculty Workload |
|  | Faculty Development Committee |
| FA06-SP10 | Chair; Chair - Subcommittee: Research & Scholarship Colloquia; Ad Hoc Committee: Development of Faculty Excellence Center; Internal Grant Committee for Jefferson Educational Directive Initiative (JEDI): New Faculty Orientation Course & Program Evaluation |
|  | Institutional Student Learning Objectives Committee (ISLOC) |
| SP08 – SP09 | Member / Writing Team Captain |
|  | Miscellaneous Committee Memberships or Service  |
| Ad Hoc Committees |
|  | Quality Matters (QM) Incorporating QM into Jefferson online education |
|  | IPE 200 Teamwork Course development |
|  | Health Psychology Program Curriculum Review/Revision |
|  | Advisory Board: Health Psychology Program - Member |
|  | Writing Center – Development |
|  | AS & BS Core Curriculum Development |
|  | STARS Program (Student *S*hort-*T*erm *A*cademic *R*eward*S* Program) |
|  | Student & Faculty Retention Committee |
| ROTEC Dual Enrollment Initiative, Member |
| One Jefferson Committee, Member |
| Advisory Board: Substance Abuse Studies, BHSci Program |
| Acting Clinical Coordinator: Athletic Training Education Program |
| Advisory Board: Athletic Training Education, Secretary |
| Search Committees, Multiple |

**Jefferson College - Staff Senate**

* *Meditation Techniques*. Workshop conducted for JCHS Staff Senate Retreat, May 2013. Theme: *Is It Time For a Change ... Are You Ready?* (1 hr)

**Jefferson College - Health Psychology Program**

* *University of Virginia L. Sterling Reid Undergraduate Psychology Research Conference*. SP13. Encouraged participation and attendance to conference. Provided transportation for students.

**Community**

* Virginia Junior Academy of Science, May 2013. Virginia Tech, Blacksburg, VA. Judge. Position required grading 22 research studies by participants; judging presentations of same.

**Professional Organizations**

* International Positive Psychology Association (IPPA) Education Division Committee Member. June, 2013 to present

**CURRICULUM DEVELOPMENT:**

**Curricula in Development**:

* + *The Enneagram: Introduction & Intermediate Courses*. Online Course for The Riso-Hudson Enneagram Institute. For 2021
	+ *The Enneagram of Strengths: Enhancing Your Types’ Character Strengths*. Online course for The Riso-Hudson Enneagram Institute, For 2021

 **Curricula Developed for Jefferson College**, Roanoke, VA:

(01 = Traditional Face-2-Face; *OL = Online Learning*; Hy *= Hybrid*)

*All courses 3 cr. hr. unless otherwise noted.*

* + PSY 442-OL Personality Theories & Assessment. SP18
	+ PSY 444-OL Addiction & Recovery. FA17
	+ PSY 490-01/OL History & Systems of Psychology. FA14
	+ IPE 200-D1 (1cr. hr.). Fundamentals of Teamwork. 2011
	+ PSY 380-01/OL. Learning & Memory. 2010; Lab 2014
	+ PSY 335-01/OL. Social Psychology. 2009; Lab 2014
	+ PSY 120-D1/OL/Hy (4 cr. hr.) Introductory & Developmental Psychology. 2003; 2004; 2013
		- Formerly PSY 238
	+ PSY 330-01/OL/Hy Positive Psychology. 2009
	+ PSY 220-D1 (3 cr. hr.) *Human Growth and Development*. SP07
		- Formerly PSY 202
	+ PSY 101 S1/D1 (3 cr. hr.) *General Psychology.* Redevelopment to include and enhance student success and retention. 2002; 2005
		- Formerly PSY 201
	+ PTA 221-S1 (2 cr. hr.), *Psychosocial Aspects of Therapy for the PTA*. 2005
	+ PSY 240-D1 *Abnormal Psychology*. 2004
		- Formerly PSY 204
	+ Emergency Medical Services Program, *Effective Mentoring for Preceptors*. Voice-over PowerPoint distance learning course. 2004
	+ ATH 485 (3 cr. hr.), *Seminar in Athletic Training.* 2002
	+ ATH 421-S1 (3 cr. hr.), *Computer Application for Athletic Training.* 2002
	+ ATH 422 (3 cr. hr.), *Concepts of Administration in Athletic Training.* 2002
	+ ATH 401 & 401 Lab (3 cr. hr.), *Principles of Athletic Training III – General Medical Considerations.* 2002
	+ ATH 302 & 302 Lab (3 cr. hr.), *Principles of Athletic Training II – Assessment of Athletic Injuries.* 2002
	+ ATH 322 & 322 Lab (3 cr. hr.), *Principles of Chemistry and Physics in Athletic Training.* 2002

 **Curricula Developed ~ Miscellaneous**

* + *The Winner’s Mentality Mental Skills Training Package ~ Specific curriculum adaptation for the Virginia Tech 2004 Volleyball Team* (12 hr. Educational Intervention). EDCI 5974: Independent Study – Instructional & Curriculum Design, Virginia Polytechnic Institute and State University, Blacksburg, VA. FA-2004
	+ *Creating a Motivating Environment*, (1.5 hr. Continuing Ed. Seminar Series) Carilion Leadership Institute, Roanoke, VA. 2003
	+ *Coaching Certificate Program*, (100 hr Continuing Ed.) College For Awareness Vocations, Colorado Springs, CO; Roanoke VA. 2001
	+ *Sports Hypnotist Certification* *Course*, (20 hr. Continuing Ed.) College For Awareness Vocations, Roanoke, VA, and National Guild of Hypnotists, Nashua, NH. 2001
	+ *The Psychology of Healing* & *The Psychology of Rehabilitation* allied health seminar series (1 & 2 day formats). 1999
	+ *Winner’s Mentality* (formerly *Train Your Brain*)corporate success seminar series (½ day; 1, 2, & 3 day formats). 1998

 **Curriculum Consultant:**

* + JCHS complete Health Psychology Program curriculum review and revision for submission to Curriculum Committee. FA10; SP11; FA12; FA14; SP15; FA17
	+ The Pacific Institute and National American University/TOIES on development of The Pacific Institute's *Thought Patterns for Success* on-line course (3 cr. hr.), Seattle, WA, Ft. Lauderdale, FL & Rapid City, SD. 1999 - 2001
	+ College For Awareness Vocations *- Basic Hypnotherapy Certification Course ~ National Guild of Hypnotists*. Colorado Springs, Co. (120 hr. certification course) 2001
	+ Advil Forum on Health Education - *Sports Sense* program, sponsored by American Home Products, New York, NY. 1990

**CORPORATE CONSULTING & EDUCATION**

**CORPORATE CONSULTING & EDUCATION: Seminars / Training / Coaching**

**Carilion Leadership Institute** / Corporate University. Roanoke, VA. 2002-2005

* + Faculty: Carilion Corporate College / Carilion Leadership Institute, Roanoke, VA: SP02- present
	+ *Creating a Motivating Environment,* (Quarterly Presentations for new managers; 1.5 hr.)

 **NextStep Facilitations,** Founder,Roanoke, VA. 2010 - present (Formerly: Train Your Brain, Inc., Founder 1996-2003, New York, NY, Colorado Springs, CO, Nashville, TN / Reese Resolution Services, Roanoke, VA. Education & Leadership Specialist, Success Coach. 1996-2010.)

* + Personal Executive/Success Coaching clients include executives, sales professionals, and on-air personalities: The Gartner Group, Korsnäs Paper Sacks, Ltd., Spectra East, Leith Management, Qwest Communications, ICON, American Airlines, AT&T Wireless, Banque Paribas, New York Jets, Metro-Call, Atlantic Marketing, CNN-SI, The Paxson Network, Rockland Auto Plaza, Denny’s Restaurant’s, Delta Sports & Fitness Club, and Stream, as well as numerous individual entrepreneurs, small business owners, lawyers, and health professionals. 1996 - present
	+ Sports peak performance clients are comprised of U.S. Olympic athletes, professional athletes (NFL, NHL, USTA, PGA, LPGA), amateur, college, high school athletes and coaches. 1996 - present
	+ Mental Skills Trainer: Virginia Tech Varsity Volleyball Team. 2004
		- U.S. Olympic Luge Team, Success Coach, Adam Heidt, 1997-2003; Winter Olympics, Salt Lake City, UT. 2002
		- The Pacific Institute, Project Director, National Campus Coordinator – Education Initiative. Seattle, WA. 2001-2002
		- *Train Your Brain: Strategies for Success* (2-day training). Korsnäs Paper Sack, LTD., Consultant: Change Management & Sales Turn-around; 1:1 Coaching 2 sales excutives. Northfleet, England, UK. 2001
		- Gibbs Training & Consulting, Master Coach (Coaching Coaches); Leadership, Teambuilding. New York, NY. 2000-2001
		- *Train Your Brain for Increasing Sales Performance,* (2-day training) Qwest Communications, Consultant: Change Mgmt., Sales Performance; 1:1 Coaching 15 sales professonials. New York, NY. 1999-2000
		- American Airlines, Consultant: Pre-Employment & Back to Work Evaluations. JFK Airport, Brooklyn, NY 1997-2000
		- ICON™ CMT Corp., Consultant: 1:1 Coaching, Team Building, Sales Performance. Weehawken, NJ. 1998-1999
		- INRTEK, Inc., Consultant: Pre-employment & Back to Work Evaluations. Twinsboro, OH. 1997-2000
		- Duke University Men’s Soccer Team, Consultant: Peak Performance ~ International Men’s Soccer Camp. Durham, NC. 1999
		- C.W. Post Varsity Football Team – Long Island University, Consultant: Mental Skills & Peak Performance. Brookville, NY. 1999
		- Executive Coaches – Official Coaches for the 21st Century, Coaching Staff Member/Consultant. Dallas, TX 1998-1999
		- Lexicor Medical Technologies, Consultant/Sports Liaison: Peak Performance Programs. Boulder, CO 1997-2000
		- Alexandria Institute, Consultant/ Professional Sports Liaison. Hastings-on-Hudson, NY. 1995-1997
		- Musculo-Skeletal Institute (MSI) of North Shore Hospital, Consultant/Sport Psychology Facilitator: “Total Golf Program”. East Meadow, NY. 1996-1999
		- Buckskills Tennis Club, Consultant/Mental Skills Trainer. East Hampton, NY 1997-1999
	+ *Motivation for the Millennium,* Sales Performance Seminar Series; Rockland Auto Plaza, Nyack, NY (4-day training) 1996
	+ *Fitness Counts*; *Sports Sense*; and *Corporate Sports* programs, Advil Forum on Health Education sponsored by American Home Products. (50 min presentations) Delivered to Corporations (6) in NY Metro Area, 1990

**The Pacific Institute (TPI) Corporate Education Programs**, Seattle, WA.

 Project Director/Master Facilitator; Coach. 1998-2002; National Campus Coordinator,Education Initiative, 2000-2002; Retention Consultant 1999-2002

* + Community College of Denver: *Imagine 21*, (Two 3-day Trainings); *Success Strategies for Effective Schools* - *Institutional Application*; Facilitator Training (2-day), Co-facilitated with J. Pace. Retention Consultant. Denver, CO. 2001-02
	+ *Vision Building Pipeline*, Sanford Brown College, Hazelwood Campus, St. Louis, MO. (1-day) 2002
	+ Indiana Business College(s): *Success Strategies for Effective Schools -* *Institutional Application*, Facilitator Training; (2-day) 2001; Retention Consultant 2001-2002. Indianapolis, IN
	+ Caliber Training Institute: *Imagine 21,* (3 day), and *Success Strategies for Effective Schools - Institutional Application*, Facilitator Training (2-day); Retention Consultant. New York, NY2000-01
	+ Leith Management Corp: Teambuilding, Coaching, and *Imagine 21* Phase I & II; Goldsboro, NC (2-day) 2000
	+ Sanford Brown College: *Imagine 21,* (3-day), and *Success Strategies for Effective Schools - Institutional Application*, Facilitator Training (2-day); Vision/Mission Pipeline Master Facilitator, St. Louis, MO. 2000
	+ Spectra Renal Management-East: *Imagine 21* Phase I & II (Two 2-day); Co-facilitated with L. Manegre. Pearl River, NJ 2000
	+ The Gartner Group: *Imagine 21* Phase I & II (2-day); Stamford, CT. 2000
	+ Katharine Gibbs Schools, Inc.: *Investment In Excellence* Phase 1 & 2, (Eight 2-day); and *Success Strategies for Effective Schools - Institutional Application*, (Three 2-day)Facilitator Trainings, Co-facilitated with W. Thomas, J. Duffield. Retention Consultant. New York, NY; Montclair, NJ; Piscataway, NJ. 1999-2001
	+ National American University, Consultant: On-line/Distance Learning Program. Rapid City, SD. 2000-2002

**CAREER HIGHLIGHTS, HONORS & AWARDS: Corporate Consulting / Coaching**

######  Performance Coaching

* **Success Coach**, Adam Heidt., USA Olympic Luge Team, Salt Lake City, UT. 1999-2004.
	+ 2002 Winter Olympics: In 2001, Heidt lost first place standing on USA Luge team and dropped from 9th to 17th place in World Cup standings. Intensive work 2 weeks prior to and during the Winter Olympics resulted in 4th place finish - highest ever by an American until 2018.
* **Corporate/Sales Turnarounds:**
	+ Korsnäs Paper Sack, Ltd., Northfleet, England: Intensive Vision/Team Building Seminar and 1:1 Coaching resulted in increased sales which prevented Northfleet plant shut-down. 2001
	+ Qwest Communications, New York, NY: Seminar Series & 1:1 Coaching enabled Media Sales Group to show profitability for first time. Sales Manager promoted to Regional Director. 2000
* **Student Retention Consultant:**
	+ Caliber Training Institute, Increased Student Retention 15%. New York, NY. 2001
	+ Katharine Gibbs School, Increased Student Retention 10-12%. New York, NY.1999-2001

 **Corporate Leadership, Coaching & Facilitating**

* *Coaching Leaders*. Scott, B., MS, Seminar: IBM Executive & Organization Development, Armonk, NY (½ day) 1998
* *Leadership Impact – Measuring the Impact of Leaders on Organizational Performance.* Human Synergestics/Star Performance Group: Seminar, Phoenix, AZ (1 day) 2000
* *Creative Intentions – Executive to Exemplar, Creating a Leadership Model.* Bean, E.,Seminar: Life Symmetry, LLC, Woodbridge, VA (3 day) 1999
* The Pacific Institute Curriculums: Lou Tice, et al.; Institutional Application & Facilitator Training (Master Facilitator Status), Seattle, WA. 1998-2000
	+ *Imagine 21*
	+ *Inventing Your Future*
	+ *Investment in Excellence*
	+ *Pathways for Youth*
	+ *Thought Patterns for High Performance Organizations*
	+ *Thought Patterns for a Successful Career*
	+ *Purpose in Life: Ethics & Organizational Success*
* The Pacific Institute Project Director Academy Intensive Training; Seattle, WA. (7 day) 1998
* *Executive Coach Training*. Davis, C., Executive Coaches, Dallas, TX (8 mos. Apprenticeship) 1998

**Conferences Attended ~ Corporate Leadership, Coaching, & Facilitating:**

* The Pacific Institute World Conference. Seattle, WA. 2000

**SPORTS MEDICINE & ATHLETIC TRAINING**

**CAREER HIGHLIGHTS, HONORS & AWARDS: Sports Medicine / Athletic Training**

* + Premier recipient of the *NFL Physicians Cain/Fain Memorial Outstanding Athletic Trainer of the Year*. 1996
	+ Charter recipient of the N.A.T.A. *Most Distinguished Athletic Trainer Award*. 1994
	+ New York Jets *Recognition for* *Special Merit: Dennis Byrd*. 1993
	+ Premier recipient of the *Ed Block Memorial Courage Award Professional Football Athletic Training Staff of the Year*. 1985
	+ Secretary, NFL Concussion Committee. 1994 - 1995
	+ Introduced EEG Biofeedback into NFL & NHL for diagnosis and treatment of concussions, and peak performance. 1994
	+ Professional Football Athletic Trainers Society (PFATS): Founding committee member, 1980; Secretary-Treasurer, 1983 - 1987; President, 1987 - 1989
	+ New York Jets, Hempstead, NY: Created, implemented, supervised and mentored NY Jets Student Trainer Internship Program. 1978 - 1995
	+ Jets Medical Records recommended as model by NFL Management Council. 1984
	+ Developed first NFL computerized Prescription Drug Inventory. 1982
	+ Initiated and directed first mass Pre-Draft Physical Screening of college players that led to creation of current NFL Combine physicals. NY Jets protocol for player medical history, history based pre-exam diagnostic x-rays/mri’s, and Cybex protocols modeled and incorporated into Combine format. 1978 - 1986
	+ Committee Chair: First NFL League-wide injury survey. 1975 - 82

**SPORTS MEDICINE & ATHLETIC TRAINING: Consulting**

 **Sports Medicine Corporate & Media Consulting**

* + New York Jets, Consultant: Regarding injuries and rehabilitation status for NY Jets/NFL Players to local and national media (print, radio, and TV). Hempstead, NY. 1977-1996
	+ Johnson & Johnson Athletic Products Division, Consultant: Products & Marketing. New Brunswick, NJ 1979 - 1996
	+ Aroma Vera, Inc., Advisory Board. Los Angeles, CA. 1994-1997
	+ Chattem, Inc., Consultant: Products & Marketing. Chattanooga, TN. 1990-1996
	+ Arthur Young Associates, Advertising Consultant. New York, NY. 1988
	+ NFL Properties, Consultant: Products & Marketing. New York, NY. 1982-1996
	+ Casco, Inc, Consultant: Products & Marketing. Ft. Lauderdale, FL 1979-1988
	+ NOVA-TV: Consultant and on-camera expert for hour-long program on *Concussions and Protective Headgear in Football*. 1977

**PRESENTATIONS: Sports Medicine / Athletic Training ~ Symposia / Workshops**

 **Guest Faculty ~ Miscellaneous Professional Groups**

* + *Closed Head Injuries (Mild Traumatic Brain Injury); Evaluation and Treatment Concerns.* Lecture: Mid-Atlantic Athletic Trainers Assoc. Annual Scientific Symposium*,* Charlotte, NC. (1 hr.) 1996
	+ *Evaluation and Care of the Injured Athlete; Integrating the Role of Coach, Athletic Trainer, and EMS,* Keynote Speech: ATC/EMS Joint Conference, Syracuse University, Syracuse, NY. (1 hr.) 1992
	+ *Athletic Training in Europe.* The National Athletic Trainer’s Association National Convention and Educational Symposium, Nashville, TN. (1 hr.) 1984
	+ *Treatment and Rehabilitation of Shoulder Injuries,* Eastern Athletic Trainers’ Association Annual Convention and Educational Symposium, Grossinger’s Resort, NY. (1 hr.) 1981
	+ 1977-1996: Served as a speaker or lecturer to many schools, groups and organizations, including: American College of Sports Medicine, NY Chapter; Podiatry Society of NY; Chambers of Commerce; International Rotary; Nassau & Suffolk Counties: NY High School Coaches Athletic Assoc.; EMS Program of NY State; Scholastic Coach Youth Football Clinics; American Red Cross Sports Injury Seminars.
	+ 1977-1996 “CAREER DAYS” presentations at numerous Long Island, New York City, and Connecticut High Schools and Junior High Schools.

 **Johnson & Johnson sponsored Sports Medicine & Athletic Taping seminars in Europe** (1979-1982):

* + West German Olympic Figure Skating & Hockey Physio-therapists Round-table Discussion on Sports Medicine (Panel Member), Munich, Germany (3 hr.) 1982
	+ Athletic Taping (Five 20 min. demonstrations/day – 4 days), *1982 World Kongress of Sports Medicine*, Vienna, Austria*.*1982
	+ Ankle, Knee, & Shoulder Taping Seminar/Workshop (Two 2-day), Göteberg and Stockholm, Sweden; Helsinki, Finland. 1982
	+ Ankle & Knee Taping Seminar/Workshop (1-day), Bern, Lucern, Lausanne (Two 1-day), & Vevey, Switzerland. 1981
	+ Ankle & Knee Taping Seminar/Workshop (1-day), Zurich, Bern, Lausanne, & Vevey (Two 1-day), Switzerland 1979
	+ Lectures on Knee, Ankle, & Shoulder Treatment & Rehab (Three 3 hr.) seminars presented to international team physicians and athletic trainers/physio-therapists in conjunction with European Basketball Championships. Torino, Italy. 1979

**PROFESSIONAL MEMBERSHIPS / CERTIFICATIONS: Athletic Training**

* National Athletic Trainer’s Association (NATA):

Certified Member, Retired: Certification # 000010123; Membership # 780823. 1971-2005

* + - Chairman: Committee for Development of Guidelines for Corporate Sponsorship. 1990
		- Grants & Scholarship Committee. 1985-1989
		- Liaison to American Trauma Society. 1985-1988
* Virginia Athletic Trainers Association (VATA). 2002-2005

Certified Athletic Trainer, Retired: Commonwealth of Virginia, Board of Medicine. Certification # 0126000382. 2002-2005

* + McCue Society, University of Virginia, Charlottesville, VA. 2002-2005
* Colorado Athletic Trainers Association (CATA). 2001-2002
* Eastern Athletic Trainer’s Association (EATA). 1970-2000
* New York State Athletic Trainer’s Association (NYSATA). 1972-2000
	+ Licensure Committee. 1979-1984
	+ Chairman: Public Relations Committee. 1980-1984
	+ Membership Committee. 1982-1984
* Professional Football Athletic Trainer’s Society (PFATS). 1980-1996
	+ Secretary, NFL Committee on Closed Head Injuries (Concussion). 1994-1996
	+ President. 1987-1989
	+ Secretary-Treasurer. 1983-1987
	+ AFC Representative. 1980-1983
	+ Liaison to Whitehall/Advil Group. 1986-1996
	+ Liaison to the Ed Block Courage Award, Inc. 1987-1989
	+ Chairman: Alumni Committee. 1989-1996
	+ Member: Grants & Scholarships Committee. 1982-1989
* National Football League Athletic Trainer’s Society (NFLATS). 1972-1980
	+ Committee Chair: first NFL League-wide injury survey. 1975-1982
* National Strength & Conditioning Association (NSCA). 1985-1999
* American Trauma Society (ATS). 1984-1995
	+ Board of Directors. 1984 - 1988; Advisory Board. 1988-1995
	+ Liaison to NATA. 1985-1988
* Federation International Medicine du Sporte (FIMS). Honorary Member. 1982
* American College of Sports Medicine (ACSM). 1980-2000
* NY State Emergency Medical Technician, Certification, Minelola, NY. (99 hr.) 1979-81

**CONFERENCES / COURSES ATTENDED: Sports Medicine / Athletic Training**

* *A Colloquium of Ideas (for curriculum program certification)*, Athletic Training Education Seminar: James Madison University, Harrisonburg, VA (1 day) 2003
* *Providing Cultural Care of the Injured Person.* Huddleston, C., MA, Updates in Athletic Training Seminar, College of Health Sciences, Roanoke, VA (1 hr.) 2003
* EDHS 557: *Art & Science of Athletic Training*, University of Virginia, Charlottesville, VA. (3 cr. hr. graduate course) SU-02
* Virginia Athletic Trainers Assoc. Annual Meeting & Symposium, Williamsburg, VA. 2003
* Eastern Athletic Trainer’s Assoc. Annual Convention & Educational Symposium
	+ Attended: 1971-1972, 1977-1981, 1983-1985, 1988-1990, 2001-2002
* National Athletic Trainer’s Assoc. Annual Convention & Educational Symposium:
	+ Attended: 1968, 1970-80, 1982-1997, 1999-2000
* Professional Football Athletic Trainers Society Annual Meeting & Seminars, 1972 - 1995
* NFL Physicians Society Conferences, 1982-1995
* NFL Drug & Alcohol Conferences, 1986-1994
* Dogwood Festivals, Atlanta, GA. 1977-1982

**SERVICE: Sports Medicine / Athletic Training**

* + Police Activities League (PAL) Anti-Graffiti Initiative, Brooklyn, NY: taught semi-annual ½ day classes to at risk youth: *Self-Talk – Developing Self-Esteem, Responsibility and Accountability.* 1996-2000
	+ NFL Alumni: *Caring for Kids*. 1996-2003
	+ Mentor: Arthur Ashe Youth Mentoring Program. 1995-1998
	+ Marty Lyons Foundation, Advisor, Suffolk County Chapter. 1993-2000
	+ United Way: New York Jets Kid’s Day Football Camps: Volunteer. 1984-1990
	+ National Athletic Trainer’s Association (NATA): Grants & Scholarship Committee. 1985-1989
	+ Professional Football Athletic Trainers Society (PFATS): Scholarship Committee. 1982-1989