

Curriculum Vitae: Ruth Riding-Malon

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Licensed Clinical Psychologist – Virginia (#0810004285)

Education

Doctor of Philosophy, Counseling Psychology Awarded July 2008
University of Kentucky, Lexington, Kentucky, USA

Area of specialty: trauma, spirituality, multicultural, learning

Dissertation: An experiential introduction to multicultural awareness
Advisor: Dr. P. Remer

Master of Science, Counseling Psychology August 2000 – May 2002
University of Kentucky, Lexington, Kentucky, USA

Bachelor of Science: Psychology August 1994 – May 2000
Senior Honors Thesis: Validation of an Impulsivity Measure
Advisor: Dr. D. Lynam

Linguistics

Teaching English as a Second Language Certificate
University of Kentucky, Lexington, Kentucky, USA

Associate Degree: Psychology May 1996-May 1998
Lexington Community College, Lexington, Kentucky, USA

Clinical Experience

Licensed Clinical Psychologist (including Pro bono) September 2014-2019
Center for Assessment and Psychological Services, Radford University, Radford, Virginia

- Provided individual counseling using evidence-based psychotherapy and manualized protocols such as CPT-SA to university students and to individuals in the community including veterans
- Primarily used Person-Centered Therapy, Psychodrama, and Cognitive-Behavioral Therapy
- Worked with clients presenting with Grief, Generalized Anxiety Disorder, Major Depressive Disorder, Bipolar Disorder, Personality Disorders, Post-Traumatic Stress Disorder, Postpartum Depression, and Adjustment Disorder
- Used outcome measures, SRS and ORS, to inform treatment and progress
- Assessment Instruments: Patient Health Questionnaire-9 (PHQ-9); Generalized Anxiety Disorder-7 (GAD-7); PTSD Checklist for DSM-5 (PCL-5); Clinician-Administered PTSD Scale for the DSM-5 (CAPS-5); Structured Clinical Interview for DSM-5 (SCID-5); Alcohol Use Disorders Identification Test – Consumption (AUDIT-C); Mini Mental Status Examination (MMSE); Kaufman Brief Intelligence Test, Second Edition (KBIT); Wechsler Intelligence Scale for Children-5th ed. (WISC-5); Wechsler Adult Intelligence Scale-5th ed. (WAIS-5); Woodcock-

Johnson IV, Test of Cognitive Ability (WJ-IV Cog); Woodcock Johnson IV, Test of Oral Language; Woodcock Johnson IV, Achievement Test (WJ-IV-Ach); Personality Assessment Inventory (PAI); Minnesota Multiphasic Personality Inventory-2 (MMPI-2); Conners Adult ADHD Rating Scales – Observer Report: Long Version (CAARS-O:L); Conners Adult ADHD Rating Scales – Self Report: Long Version (CAARS-S:L); and the Conners Continuous Performance Test Third Edition (CPT-3)

Licensed Clinical Psychologist – ADHD/EF Coaching January 2017-2021

Center for Assessment and Psychological Services, Radford University, Radford, Virginia

- Taught empirically validated coaching strategies for managing poor EF for high school and college students
- Provided training and supervision to Master's and Doctoral students re. coaching to treat Executive Function (EF) deficits in ADHD cases
- Set up curriculum for twice weekly EF coaching interventions in person and via telehealth
- Choose appropriate pre- and post-intervention measures to evaluate the progress of the EF coaching clients

Licensed Clinical Psychologist (Pro bono) October 2010- May 2013

Mental Health Association of the New River Valley, Blacksburg, Virginia

- Provided individual counseling using evidence-based psychotherapy to individuals within the community
- Primarily utilized Person-Centered Therapy, Psychodrama, and Cognitive Behavioral Therapy
- Worked with clients presenting with Generalized Anxiety Disorder, Major Depressive Disorder, Bipolar Disorder, Personality Disorders, Post-Traumatic Stress Disorder, Grief, Alcohol Use Disorder, Opioid Use Disorder, and Chronic Pain
- Participated in interdisciplinary consultation with the psychiatrist, social worker, case manager, medical doctors, and nurse practitioners
- Responsible for required documentation procedures including case notes and consent forms
- Conducted intake interviews and brief assessments

Clinical Psychology Resident, Post-Doctoral Supervised Experience Oct. 2008-Nov. 2010

Mental Health Association of the New River Valley, Blacksburg, Virginia

- Provided individual counseling using evidence-based psychotherapy to individuals in communities in the New River Valley
- Primarily utilized Person-Centered Therapy, Psychodrama, and Cognitive Behavioral Therapy
- Worked with clients presenting with Generalized Anxiety Disorder, Major Depressive Disorder, Bipolar Disorder, Personality Disorders, Post-Traumatic Stress Disorder, and Substance Use Disorder
- Engaged in interdisciplinary consultation with the nurse practitioner, social worker, and case manager
- Responsible for required documentation procedures including case notes and consent forms
- Conducted intake interviews and brief assessments
- Participated in administrative responsibilities
- Participated in at least one hour of weekly individual supervision
- Supervisor: **Dr. M. Tessnear, Ph.D., LCP**

Pre-doctoral Psychology Intern: Kentucky River Community Care, and Appalachian Regional Healthcare Hospital, Hazard, KY, APA Approved Site August – August 2008

- Provided weekly and bi-weekly individual counseling sessions for approximately 20 clients utilizing Person-Centered, Psychodrama, Cognitive Behavioral Therapy, psychoeducation interventions, and foundational aspects of the therapeutic relationship
 - Participated in consultation with other staff counselors, psychologists, and interns
 - Worked with clients presenting with anxiety, depression, chronic suicidality, obsessive compulsive disorder, bipolar disorder, schizophrenia, PTSD, adjustment, trauma, and familial distress
 - Provided emergency response and crisis intervention to individuals during weekly walk-in appointments
 - 1 shift each week, was responsible for evaluating individuals presenting to Emergency Room for psychiatric in-patient treatment, and transferred patients to the psychiatric ward when appropriate
 - Responsible for required documentation procedures including case notes and consent forms
 - Completed needs assessments weekly for clients to begin receiving services
 - Provided assessment services to children and adolescents in a Crisis Management Clinic
 - Assessment Instruments: Thematic Apperception Test (TAT), WISC-4, WAIS-4, Behavior Assessment System for Children, Patient Health Questionnaire-9 (PHQ-9), Generalized Anxiety Disorder-7 (GAD-7), Alcohol Use Disorders Identification Test – Consumption (AUDIT-C), Columbia-Suicide Severity Rating Scale (C-SSRS)
 - Benefitted from weekly individual and group supervision
 - Participated in weekly training and educational seminars
- Supervisors: **Drs. Dummer and Goodson**

Counselor: Georgetown College Counseling Center, Georgetown College. August 2005 – May 2007
Supervisors: **Drs. Wyatt and Marshall**

Assistant Director: Counseling Psychology Services Center, U of Kentucky. June 2005– June 2006
Supervisor: **Dr. P. Remer**

Counselor: Counseling Psychology Services Clinic, University of Kentucky. May 2001 – June 2005
Supervisors: **Dr. P. Remer, Dr. R. Remer, Dr. W. Stilwell**

Counselor: Project ADVANCE, Kentucky River Community Care. January 2004 – May 2004
Supervisor: **Dr. B. Hughes**

Supervisory Experience

Clinical Co-Director of CAPS, Radford University August 2015 - 2021

Supervisor for doctoral student therapists, Center for Assessment and Psychological Services (CAPS), Radford University August 2010 - 2021

Assessment Supervisor for doctoral students, CAPS, Radford University August 2014 - 2021

Supervisor for ADHD/EF coaching, CAPS, Radford University January 2017 - 2021

Assessment Supervisor for doctoral interns, SW Virginia Psychological Doctoral Internship Consortium, CAPS, Radford University August 2014 – June 2017

Supervisor for Master's student therapists, University of Kentucky August 2005 – May 2007

Supervisor for undergraduate practicum students, University Kentucky August 2005 – May 2007

Faculty Appointment

Professor August 2021-present
Department of Psychology
Radford University, Radford, Virginia

Co-Director	August 2015-December 2021
Center for Assessment and Psychological Assessment (CAPS) Radford University, Radford, Virginia	
Associate Professor	August 2014 - July 2021
Department of Psychology Radford University, Radford, Virginia	
Assistant Professor	August 2008 – July 2014
Department of Psychology Radford University, Radford, Virginia	

Graduate Courses Taught:

Psyc843	Counseling Psychology Summer Practicum- Various foci: Social Justice focus Group: Psychodrama focus Trauma Treatment focus Group EVT focus: Forgiveness
Psyc842	Counseling Psychology Practicum (3rd year)- Internship focus
Psyc841	Counseling Psychology Practicum (2 nd year)- Positive Psychology focus
Psyc840	Counseling Psychology Practicum (1 st year)- Integrated Care focus
Psyc840	Counseling Psychology Practicum (1 st year)- Psychopathology Diagnostic focus
Psyc812	Rural Cultural Issues and Program Evaluation
Psyc810	Foundations of Rural Practice, Culture, and Program Evaluation
Psyc809	Supervision
Psyc808	Qualitative Research Methods
Psyc805	Advanced Cognitive and Intellectual Assessment Techniques
Psyc803	Vocational Psychology
Psyc800	Introduction to Counseling Psychology
Psyc771	Group Dynamics in Processing and Counseling
Psyc697	Applied Training in Psychological Research
Psyc641	Introduction to Theories of Counseling & Psychotherapy
Psyc631	Cognitive and Intellectual Assessment
Psyc622	Historical Foundation of a Scientific Psychology

Undergraduate Courses Taught:

Psyc499	Undergraduate Internship
Psyc498	Independent Study in Psychology - Various Foci: The Place of Emotional Intelligence in Higher Education Men and Grief in Appalachia Resilience in Men in Appalachia Mental Health Needs in the New River Valley Evaluation of a Listening and Responding Skills Workshop Psychology and Spirituality- A Community Collaboration
Psyc470	History and Systems of Psychology
Psyc361	Psychology of Personality
Psyc222	Introduction to the Psychology Major

Grants

- King Grant Project: “Improving Students’ Executive Functioning Skills” 2018
 Co-PI with Dr. Jennifer Mabry, and Emily Dove. Collaboration between Montgomery County Public Schools and Department of Psychology’s Center for Assessment and Psychological Services. Radford University Psychology Department and the Center for Assessment and Psychological Services (CAPS) partnered with Montgomery County Public Schools (MCPS) in a project to improve the mental and behavioral health of high school students. The arrangement between the partners allowed indirect and direct mental/ behavioral health services to be delivered by CAPS staff for any high school student or high school parent wanting to improve these skill sets. Two types of services were delivered: 1. MCPS high school students (up to 50) received *individual* Executive Function (EF) coaching services directed toward developing EF skill sets, and 2. MCPS high school parents (up to 30 for each workshop) received 2 *group* parent training workshops in spring and 2 in fall to assist them in improving their teenager’s EF skill sets. The aim of this project is to target the improvement of EF skill sets with high school students to increase students’ academic success during high school, as well as provide students with transferable skills for college and career. Direct costs: \$13,000; Funded
- King Grant Project: “Utilizing Diagnostic Assessment Measures to Improve Treatment” 2018
 Co-PI with Elizabeth Cottrell, 3rd year PsyD student and Ashley Slagel-Perry, from CHCNRV. Collaboration between the Community Health Center of the New River Valley (CHCNRV) and Radford University Department of Psychology’s Center for Assessment and Psychological Services. Radford University Psychology Department and the Center for Assessment and Psychological Services (CAPS) is partnering with the Community Health Center of the New River Valley (CHCNRV) for the proposed project, which aims to improve the delivery of mental health services at the CHCNRV. The partnership between CAPS and CHCNRV will provide CHCNRV mental health clinicians with training on four diagnostic assessment measures, as well as clinical consultation on the use of those assessment measures during the six months following the training. Research has demonstrated the importance of diagnostic accuracy, particularly in community health settings, to inform treatment selection (Kashner et al., 2003). The aim of this project is to provide training and consultation on these diagnostic tools to CHCNRV mental health clinicians to increase their diagnostic accuracy, and ultimately provide the most appropriate treatment. Direct costs \$ 7,858.00; Funded.
- Virginia ABC’s Alcohol Education and Prevention Grant. This grant program will assist 2018
 community partners in developing and enhancing initiatives related to alcohol education and prevention. Co-PI with Rachel Turk and Radford Youth Adult Partnership (RYAP). Direct costs \$800.00; Funded.
- Virginia ABC’s Alcohol Education and Prevention Grant. This grant program will assist 2017
 community partners in developing and enhancing initiatives related to alcohol education and prevention. Co-PI with Stephen Cassazo and Radford Youth Adult Partnership (RYAP). Direct costs \$750.00; Funded.
- “Pathways to Protective: Methodologies to Enhance Resilience in the Face of HIV” 2015
 Co-PI with Stirling Barfield, PsyD 3rd year student.
 Social determinants are multilevel factors which play an important part in the HIV crisis; resilience supports some individuals in maintaining their health in disadvantaged circumstances. The literature recognizes the *importance of protective relationships in fostering resilience* yet the mechanism by which its influence is exercised remains unknown. Clarifying the mechanism at work in these supportive dyads will enable organizations involved with HIV care and treatment to improve the existing interventions and

to develop new interventions to facilitate resilience in the face of AIDS and HIV. The goal of this project is to examine mentor-youth dyads; in a first step pursuing this goal, the PI will develop a measure of adult mentoring to understand the characteristics of effective mentors. Direct costs \$250,000. Not funded.

“Examining the effectiveness of a training model for natural helpers.” 2012
Radford University Seed Grant. Mixed methods, year-long study is a collaboration between the PI, her RU research team and a South African based non-governmental organization (NGO) involved in training community members to provide psycho-social support to orphans and vulnerable children (OVC) in Cape Town, ZA. The goal of the project is to develop an evaluation system for the NGO. The PI and her team will use the qualitative data gathered in initial focus group and individual interviews in Cape Town to develop a pre/post quantitative survey which the NGO will use to establish the effectiveness of their program and apply for continuing funding for their OVC program. Direct costs of \$19,933. Funded.

“Needs Assessment For a Dual Diagnosis Treatment Program in the New River Valley 2010
region of Virginia.” Investigated the co-occurring posttraumatic stress disorder (PTSD) and substance use disorder (SUD) prevalence rates in the New River Valley (NRV) region of Southwest Virginia. Results will help inform client needs and future treatment options in the NRV. Direct costs of \$9,989.09. Funded.

“Date Rape Prevention as Social Justice Training: Changing Rape-Prone Campus 2006
Cultures.” Co-investigator of the effectiveness of a violence prevention and intervention program on a college campus. Not funded.

Scholarly Honors, Awards and Nominations

Teaching, Service, and Other

Nominee, Distinguished Teaching Award, College of Humanities and Behavioral Science Radford University	2012 & 2015
Nominee, Distinguished Faculty Advisor Award, Radford Foundation	2012
Departmental Honors in Psychology	2000
Departmental Honors in Linguistics	2000

Research Experience

SPIRIT @ Radford Research Team Radford University, Radford, Virginia	2010 - 2021
Educational Psychology paid research assistant position Lexington, Kentucky	2006 – 2007
Middle and High School AIDS Prevention Research Team Lexington, Kentucky	2006 – 2007
Rape Prevention Research Team Lexington, Kentucky	2001 – 2007
Kentucky Forgiveness Collective Lexington, Kentucky	2003 – 2006
Research assistant in Clinical Psychology, ADHD Project Lexington, Kentucky	1999

Publications

- Smith, A.E., **Riding-Malon, R.**, Aspelmeier, J. E., & Leake, V. (2018). A qualitative investigation into bridging the gap between religion and the helping professions to improve rural mental health. *Journal of Rural Mental Health, 42* (1), 32-45. doi:10.1037/rmh0000093
- LeBarre, S., & **Riding-Malon, R.** (2017). Posttraumatic growth in breast cancer survivors: Sources of support in rural and non-rural areas. *Journal of Rural Mental Health, 41*(1), 54-65. doi:10.1037/rmh0000069
- Riding-Malon, R.**, & Werth, J. L., Jr. (2014). Rural settings: At the cutting edge of research, practice, and training. *Professional Psychology: Research and Practice, 45* (2), 85-91. doi:10.1037/a0036172
- Riding-Malon, R.**, & Werth, J. L., Jr. (2013). Rural populations, social class, and counseling. In W. Liu (Ed.), *Oxford Handbook of Social Class in Counseling* (pp. 411-426). New York, NY: Oxford University Press.
- Cordial, P., **Riding-Malon, R.**, & Lips, H. (2012). The effects of mountaintop removal coal mining on mental health, well-being, and community health in Central Appalachia. *Ecopsychology, 4*, 201-208.
- Werth, J. L., Jr., Hastings, S. L., & **Riding-Malon, R.** (2010). Ethical challenges of practicing in rural areas. *Journal of Clinical Psychology: In Session, 66*, 537-548. doi: 10.1002/jclp.20681
- Riding-Malon, R.**, Leake, V. S., Muhomba, M., & Tzou, Y-J. (2010). United cultures of counseling. In M. Trotter-Mathison, J. M. Koch, S. Sanger, & T. M. Skovholt (Eds.), *Voices from the field: Defining moments in counselor and therapist development* (pp. 164-168). New York, NY: Routledge.
- Remer, R., Guerrero, J., & **Riding-Malon, R.** (2007). Psychodrama from a chaos theory perspective: Reinterpreting Moreno. In C. Baim, J. Burmeister, & M. Maciel (Eds.). *Psychodrama: Advances in theory and practice* (pp. 97-110). New York, NY: Routledge.

Peer-Reviewed Research Presentations

- * Collaboration with undergraduate student ** Collaboration with graduate student
- ** Assadnia, R., & **Riding-Malon, R.** (2019, April). *Wilhelm Wundt's influence on the emergence of psychology*. Poster presented at the Radford University Student Engagement Forum, Radford University, Radford, VA.
- **Barfield, S. & **Riding-Malon, R.** (2014, August). Free to play. In L. D. McCubbin (Chair), *Risk and resilience - Overcoming the odds of community violence*. Symposium conducted at the Annual Convention of the American Psychological Association, Washington, DC.
- **Barfield, S., & **Riding-Malon, R.** (2013, March). *In their own words: Perceptions of a psychosocial support model*. Paper presented at the 3rd Annual Collaborative Conference on Rural Mental Health, Boone, NC.
- **Bien-Aime, C., & **Riding-Malon, R.** (2020, April 20-24). *Inez Beverly Prosser: The first African American female psychologist* [Conference presentation]. 29th Radford University Student Engagement Forum, Radford, VA, United States.
- **Bullock, V., Leake, V. S., **Riding-Malon, R.**, & Biermeier-Hanson, B. (2020, August 6-8). *Career-related decision-making difficulty and psychological distress among student service members/veterans* [Conference presentation]. APA Convention, Washington, DC, United States.
- **Bullock, V., & **Riding-Malon, R.** (2020, April 20-24). *Francis Sumner* [Conference presentation]. 29th Radford University Student Engagement Forum, Radford, VA, United States.
- **Burkhart, J. W., & **Riding-Malon, R.** (2016, April). *Seeking help from clergy in the aftermath of trauma: A review of the literature*. Poster session presented at Great Lakes Regional

- Counseling Psychology Conference, Bloomington, IN.
- **Buynack, L.M., & **Riding-Malon, R.** (2020, April 20-24). “Let’s talk about sex” [Conference presentation]. 29th Radford University Student Engagement Forum, Radford, VA, United States.
- **Chappell, A., & **Riding-Malon, R.** (2019, April). *Blazing a Trail: The History of Women in the Field of Psychology*. Poster presented at the Radford University Student Engagement Forum, Radford University, Radford, VA.
- **Cordial, P., **Riding-Malon, R.**, & Lips, H. (August 2012). *Mountaintop removal coal mining and mental health in Central Appalachia*. Poster presented at the 120th American Psychological Association Annual Convention, Orlando, FL.
- ** Cordial, P., & **Riding-Malon, R.** (March, 2011). “It’s Like Vegas..., what happens in the New River Valley stays in the New River Valley”. Poster presented at the 34th Annual Appalachian Studies Conference, Richmond, KY.
- **Decarlo, A., & **Riding-Malon, R.** (2020, April 20-24). *The Myers-Briggs Type Indicator: A modern Appraisal* [Conference presentation]. 29th Radford University Student Engagement Forum, Radford, VA, United States.
- **Diaz, S.M., & **Riding-Malon, R.** (2020, April 20-24). *What is this a Crossover episode? Connecting Netflix’ “Bojak Horseman” with attachment theory* [Conference presentation]. 29th Radford University Student Engagement Forum, Radford, VA, United States.
- **Faires, A., Assadnia, R., Pohto, P., & **Riding-Malon, R.** (2019, April). *How does psychological flexibility get along with gratefulness and mindfulness?* Poster presented at the 32nd Annual Great Lakes Regional Counseling Psychology Conference, Louisville, KY.
- **Frank, K., & **Riding-Malon, R.** (2020, April 20-24). *A historical review of the life and influence of B.F. Skinner* [Conference presentation]. 29th Radford University Student Engagement Forum, Radford, VA, United States.
- **Grossheim, T., & **Riding-Malon, R.** (2019, April). *On Cognitive Bias, The Basis of Mental Heuristics*. Poster presented at the Radford University Student Engagement Forum.
- **Hall, B. & **Riding-Malon, R.** (2014, April). *Trauma warriors finding growth through spirituality*. Paper presented at the 4th Annual Collaborative Conference on Rural Mental Health, Boone, NC.
- **Hall, B., LeBarre, S., & **Riding-Malon, R.** (2014, April). *Spirituality as a route to post-traumatic growth for trauma survivors*. Poster presented at the Radford University Graduate Forum, Radford, VA.
- **Harris, K., & **Riding-Malon, R.** (2016, April). *Clergy and the treatment of posttraumatic stress disorder*. Paper presented at the 6th Annual Collaborative Conference on Rural Mental Health, Boone, NC.
- **Hatfield, H., & **Riding-Malon, R.** (2020, April 20-24). *A historical review of the influence of Gordon W. Allport* [Conference presentation]. 29th Radford University Student Engagement Forum, Radford, VA, United States.
- *Helm, R., Rimmer, S., White, E., & Cordial, P., & **Riding-Malon, R.** (April, 2011). Rural collaboration between faith and mental health. *Proceedings of the Big South Undergraduate Research Symposium*, Virginia Military Institute, Lexington, VA.
- *Jenkinson, T., Anninos, N., Stroup, J., & **Riding-Malon, R.** (April, 2011). *New River Valley mental health needs assessment: Wave I*. Poster presented at the Big South Undergraduate Research Symposium, Virginia Military Institute, Lexington, VA.
- **Keller, E. & **Riding-Malon, R.** (2015, April). *Treating trauma in rural areas: A literature review*. Poster presented at the 5th Annual Collaborative Conference on Rural Mental Health, Boone, NC.
- **Latham, A., & **Riding-Malon, R.** (2019, April). *Plato and the Birth of Psychology*. Poster presented at the Radford University Student Engagement Forum.

- Leake, V., Hastings, S., Cohn, T., Mullis, T., **Riding-Malon, R.**, & Werth, J. L., Jr. (April, 2009). Faculty perspectives on infusing social justice throughout the curriculum. In V. Leake (Chair), *Starting from scratch: Building a social justice oriented program*. Symposium conducted at the Southeastern Regional Counseling Psychology Conference, Athens, GA.
- **Leake, V., & **Riding-Malon, R.**, Whiting, E., & Stroup, J. (August, 2011). *Development of topic-based multi-level research teams to facilitate the teaching of research methods in a rural university*. Poster presented at the 119th American Psychological Association Annual Convention, Washington, DC.
- *Lewis, B., Lessard, A., Weikel, A., Wilson, S., Smith, A., Rimmer, S., & Riding-Malon, R. (April, 2012). *Spirituality training survey of counseling psychologists*. Poster presented at the Big South Undergraduate Research Symposium, Winthrop University, Rock Hill, SC.
- **Mabry, J., Hotchkiss, C., Jongbloedt, C., Dove, E., Wei, L., & **Riding-Malon, R.** (March, 2019). Executive function coaching with high school students: Case Series. Poster presented at the 2019 NASP conference, Atlanta, GA.
- **McKinley, C.L., & **Riding-Malon, R.** (2020, April 20-24). *A historical overview of the life and influence of Erik H. Erikson* [Conference presentation]. 29th Radford University Student Engagement Forum, Radford, VA, United States.
- ** Pohto, P., & **Riding-Malon, R.** (2019, April). Broadening our understanding of mindfulness: Revising broaden-and-build theory. Poster presented at the 32nd Annual Great Lakes Regional Counseling Psychology Conference, Louisville, KY.
- ** Pohto, P., & **Riding-Malon, R.** (2019, April). *The life and death of Edward B. Titchener, Biography*. Poster presented at the Radford University Student Engagement Forum, Radford University, Radford, VA.
- **Prioty, S., Barfield, S., & **Riding-Malon, R.** (2013, April). Engaging worlds: Spiritual, academic & community collaborations. In R. Riding-Malon (Chair), *When worlds collide: Creating spiritual, academic & community collaborations*. Symposium conducted at the 2013 Great Lakes Regional Counseling Psychology Conference, Grand Rapids, MI.
- **Pullen, C., & **Riding-Malon, R.** (2020, April 20-24). *A historical review of the life of Alfred Kinsey* [Conference presentation]. 29th Radford University Student Engagement Forum, Radford, VA, United States.
- *Pulley, C., & **Riding-Malon, R.** (April, 2010). *Resilience of men in Appalachian literature*. Poster presented at the Big South Undergraduate Research Symposium, Radford U., Radford, VA.
- Riding-Malon, R.** (2015, April). Training sites in and around Radford, VA. In J.P. Jameson (Chair), *Developing and sustaining rural training sites: Successes and challenges*. Symposium conducted at the 5th Annual Collaborative Conference on Rural Mental Health, Boone, NC.
- Riding-Malon, R.** (2015, April). At the intersection of psychology and spirituality. In M. Linz (Chair), *Encouraging students to think outside the clinical box*. Roundtable conducted at the 5th Annual Collaborative Conference on Rural Mental Health, Boone, NC.
- Riding-Malon, R.** (2014, March). Hidden in plain sight: Diversity in socioeconomic status & associated privilege. M. Boyer (Chair), *Broadening our perspectives on diversity: Beyond ethnic differences*. Symposium conducted at the 2014 Counseling Psychology Conference, Atlanta, GA.
- Riding-Malon, R.** (2013, March). Challenges. In M. Amerikaner (Chair), *Providing clinical supervision in rural areas*. Symposium presented at the 3rd Annual Collaborative Conference on Rural Mental Health, Boone, NC.
- Riding-Malon, R.** (2009, October). Perspectives on help-seeking in rural psychological practice. Presentation at the Virginia Psychological Association Fall Convention, Richmond, VA.
- Riding-Malon, R.** (2005). *An education in empathy: Promoting diversity and ESL awareness among*

- psychology students*. Poster presented at the Southeastern Conference on the Teaching of Psychology, Kennesaw State University, Kennesaw, GA.
- Riding-Malon, R.** (2004). *Effective trauma treatment for refugees in smaller communities*. Poster presented at the Spring 2004 Research Conference, University of Kentucky, Lexington, Kentucky.
- Riding-Malon, R.** (2000). *Validation of an impulsivity measure*. Poster presented at the University of Kentucky 2000 Senior Honors Thesis Presentation, Lexington, Kentucky.
- ***Riding-Malon, R.**, Helm, R., Rimmer, S., White, E., & Cordial, P. (2011, April). *Rural collaboration between faith and mental health*. Poster presented at the Big South Undergraduate Research Symposium, Virginia Military Institute, Lexington, VA.
- Riding-Malon, R.**, Leake, V., & Werth, J. L., Jr. (2009, April). Applying principles of social justice in the community through the creation of a wellness center. In V. Leake (Chair), *Starting from scratch: Building a social justice-oriented program*. Symposium conducted at the Southeastern Regional Counseling Psychology Conference, Athens, GA.
- Riding-Malon, R.**, & Lee, S. A (2005, August). *Simulation promoting diversity, ESL awareness and empathy among future teachers*. Poster presented at the American Psychological Association Annual Convention, Washington, DC.
- Riding-Malon, R.**, Mabry, J., & Dove, E. (2019, March). *Improving high school students' executive functioning skills*. Poster presented at the Integrating Research and Practice Conference of the Association of Psychology Training Clinics, Charleston, SC.
- ****Riding-Malon, R.**, Stroup, J., & Cordial, P. (August, 2011). *New River Valley mental health needs assessment: Waves 1 & 2*. Poster presented at the 119th American Psychological Association Annual Convention, Washington, DC.
- **Schulte, P., & **Riding-Malon, R.** (2019, April). *On the origins of psychology: How the work of Darwin influenced the field*. Poster presented at the Radford University Student Engagement Forum, Radford University, Radford, VA.
- **Scott, R., & **Riding-Malon, R.** (2019, April). *Controversial Science: The History, Consequences, and Future Trajectory of Phrenology*. Poster presented at the Radford University Student Engagement Forum, Radford University, Radford, VA.
- *Shea, C., **Riding-Malon, R.**, & James, A. (October, 2010). *The New River Valley mental health needs study*. Paper presented at the South East Regional Counseling Psychology Conference, Radford, VA.
- **Smith, A., & **Riding-Malon, R.** (April, 2013). Addressing health provider disparity in rural areas through collaboration. Panel member in *Building productive partnerships of both sides of the fence: A forum on university-community partnerships*. Radford University, Radford, VA.
- *Stragand, J., Barfield, S., & **Riding-Malon, R.** (2013, April). *In their own words: Youth perceptions of a psychosocial support model*. Poster presented at the Radford University Undergraduate Forum, Radford, VA.
- **Taylor, L., & **Riding-Malon, R.** (2019, April). *The Puzzle of Learning: A Historical Review of the Influence of Edward L. Thorndike*. Poster presented at the Radford University Student Engagement Forum, Radford University, Radford, VA.
- **Vandevender, A., & **Riding-Malon, R.** (2017, April). *Clergy knowledge of trauma and interventions in rural churchgoers*. Poster presented at the 34th Annual Conference of the International Society for the Study of Trauma and Dissociation, Washington, DC.
- **Vandevender, A., & **Riding-Malon, R.** (2015, April). *A literature review of trauma in rural areas & complex posttraumatic stress reactions*. Poster presented at the 5th Annual Collaborative Conference on Rural Mental Health, Boone, NC.

Invited Address

- Riding-Malon, R.** (2015, September). *Resilient Kids- Evaluation summary*. Paper presented at the Philippi International Conference, Windhoek, Namibia.
- Riding-Malon, R.** (2009, September). How to instill hope after the trauma of sexual violence. In *Hope in a Shattered World*. Series of three invited addresses delivered at the meeting of the International Conference Philippi, Cape Town, South Africa.

Other Publications

- Riding-Malon, R.** (2010, March). Perspectives on help-seeking in rural psychological practice. *The Virginia Psychologist, 1*.

Doctoral Dissertations

- Assadnia, Rebecca (Chair) (Defended: December 2021). *The role of shame in substance use treatment in rural Appalachia*.
- Barfield, Stirling (Chair) (Defended: April 2015). *Resilient Kids: A child's view. A qualitative investigation into a South African, faith-based NGO for orphans and vulnerable children explored from the perspective of the child*.
- Bullock, Victor (Committee) (Defended: June 2020). *Career-related decision-making difficulty and psychological distress among student service members/veterans*.
- Burkhart, Jeremiah (Chair) (Defended April 2019). *Assessment of microskills training for lay counselors in rural Christian congregations*.
- Cordial, Paige (Chair) (Defended: May 2013). *A qualitative exploration of the effects of mountaintop removal on the wellness of central Appalachians living near surface mines*.
- Faires, Alyson (Chair) (Defended: June 2021). *The Impact of Poly-Strengths Following Adversity: Assessing Resilience Portfolios of College Students*.
- George, Daniel (Committee) (Defended: July 2021). *Therapy Tech: A thematic analysis of confluence of technology and psychotherapy in a REDDIT.com psychotherapist community*.
- Joyner, Jordan (Committee) (Defended: February 2019). *Extraversion and resilience as protective factors for PTSD symptom severity in the military*.
- Latham, Alexander (Committee) (Defended: July 2020). *Assessing attitudes of Veterans Administration providers toward transgender and gender nonconforming individuals*.
- LeBarre Savannah (Chair) (Defended May 2017). *Posttraumatic growth: Examining three types of support in rural and non-rural breast cancer survivors*.
- Lyle, Sarah (Chair) (Defended: August 2015). *The role of anxiety sensitivity in the co-morbid experiencing of chronic pain and PTSD*.
- Nicely, Zetta (Committee) (Defended: July 2012). *Appalachian girls' college preparedness: An intervention programs comparison*.
- Pohto, Paul (Chair) (Defended: April 2020). *Gratefulness and subjective well-being: Mindfulness as a mediator*
- Schulte, Philip (Committee) (Defended: July 2020). *Climate change and social justice in Counseling Psychology: A thematic analysis*.
- Smith, Adam (Chair) (Defended July 2015). *Building bridges: Qualitative investigation into bridging the gap between religion and psychology to improve rural mental health*.
- Stroup, Jennifer (Chair) (Defended: June 2014). *Rural mental health clinicians self care: A investigation*.
- Turk, R. (Committee) (Defended: April 2019). *Does social support moderate the relationship between*

cumulative trauma and psychological distress?

Vandevender, Anna (Chair) (Defended: April 2018). *Clergy knowledge of trauma and intervention with rural help-seekers.*

Whiting, Erica (Chair) (Defended: May 2013). *Life on the homefront: Adapting the Family Belonging Scale-Revised for use with military families.*

Oral Comprehensive Examinations

Barbir, Lara: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D (2016).

Bullock, Victor: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2019).

Burkhart, Jeremiah: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2017).

Cordial, Paige: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2011).

Faires, Alyson: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2019).

Hank, Crystal: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2015).

Heidel, Sarah: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2015).

Joyner, Jordan: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2017).

Latham, Alexander: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2018).

Lebarre, Savannah: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2015).

Love, Michael: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2013).

Lyll, Sarah: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2013).

Mullins, Jaclyn: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2013).

Nicely, Zetta: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2010).

Rimmer, Sarah: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2015).

Schulte, Philip: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2018).

Smith, Adam: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2013).

Stroup, Jennifer: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2012).

Turk, Rachel: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2017).

Vandevender, Anna: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2016).

Whiting, Erica: Oral Comprehensive Exams, Radford University, Department of Psychology, Counseling Psychology Psy.D. (2012).

Continuing Education Workshops

- Leake, V.S., & Riding-Malon, R. (2011, October). *Hiding in plain sight: Recognizing faces of diversity to enhance diagnosis and treatment*. Invited address to Blue Ridge Academy of Clinical Psychologists, Roanoke, VA.
- Leake, V., & Riding-Malon, R. (2010, October). *Hiding in Plain Sight: Hidden Facets of Diversity*. Two hour workshop presented at the Southeast Counseling Psychology Regional Conference, Radford, Virginia.
- Riding-Malon, R. & Stroup, J. (2013, December). *Self-care for the rural clinician*. Three hour workshop presented for the Radford University Psychology Department, Abingdon, VA.

Presentations and Workshops

- Dove, E., Riding-Malon, R., & Mabry, J. (2018, Mars). Tips for improving Executive Function at home, Parent workshop for Executive Function strategies to help your teenager. Workshop at MCPS, Christiansburg, Virginia.
- Guerrero, J. & Riding-Malon, R. (2006). An Introduction to Psychodrama. Workshop at the University of Kentucky, Lexington, Kentucky.
- Riding-Malon, R. (2021, December). *ADHD/Executive Function Coaching training*. Three-hour training workshop for the Center for Accessibility Services at Radford University, Radford, VA.
- Riding-Malon, R. (2013, March). *Evaluation of a psychosocial support model*. Invited address to Stone Mountain Internship, Pennington Gap, VA.
- Riding-Malon, R. (2013, March). *Mental health information for the consumer*. Invited address to United Methodist Women's Group, Radford, VA.
- Riding-Malon, R. (2011, June). Self-Care and Healing the Helper. Six hour leadership development workshop. Young Leaders, Algiers, Algeria.
- Riding-Malon, R. (2011, June). Active Listening and Responding. Five day leadership development workshop. The Timothy School, Oran, Algeria.
- Riding-Malon, R. (2010, August). Active Listening: Building Small Group Leaders' Skills. Six hour leadership development workshop. New Horizons, Radford, VA.
- Riding-Malon, R. (2002, August). Rape Prevention Training for Resident Advisors. University of Kentucky, Lexington, Kentucky.
- Riding-Malon, R. (2002, August). Rape Prevention and Diversity Training for Resident Advisors. Program Developer and Provider of Training Sessions. Georgetown College, Georgetown, Kentucky.
- Riding-Malon, R. (2002). Guest Lecturer, Counseling Techniques - Mental Health Clinic: Phone Intake and Initial Interview Procedures. University of Kentucky, Lexington, Kentucky.
- Riding-Malon, R., Dove, E., & Mabry, J. (2018, April). Executive Function Coaching. Workshop for parents and teenagers at MCPS, Christiansburg, Virginia.
- Riding-Malon, R. & Lee, S. A. (2004). Increasing Awareness of ESL Student Issues: An Experiential Workshop Approach. Multicultural training sessions for EDP 202 and EDP 203 students. The University of Kentucky, Lexington, Kentucky.
- Stevens-Leake, V. & Riding-Malon, R. (2004). Guest Lecturers, Theory/Methods in Marriage & Family Therapies – Steps Within & Steps Between: Issues in Stepfamily Adjustment. The University of Kentucky, Lexington, Kentucky.
- **Vandevender, A., & Riding-Malon, R. (2017, April). Clergy knowledge of trauma and interventions in rural churchgoers. Poster presented at the 34th Annual Conference of the International Society for the Study of Trauma and Dissociation, Washington, DC.

Selected Professional Training and Certifications Obtained

December 2022	Personality Assessment Inventory (PAI)
August 2022	Trauma Competency Conference – Certified Clinical trauma Professional (CCTP) Certification
September 2021	The Clinician’s Suicide Prevention Summit: Treatment strategies to inspire hope and save lives
August 2021	Smooth and Secure Use of Phone, Text, Email, and Video to meet modern clients where they are: Legal, ethical, and real world considerations
May 2021	The Open Notes Rule and your HER Choice: Legal Compliance and Client Safety Now and in the Future
April 2021	The Grief Summit: Grief Counseling and Treatment in a Pandemic of Loss
November 2020	Cognitive Behavioral Therapy for Chronic Pain
August 2016	Assisting Individuals in Crisis- International Critical Incident Stress Foundation course –update to certification
	Critical Incident Stress Management: Group Crisis Intervention- International Critical Incident Stress Foundation course
July 2014	Advanced Group Crisis Intervention: Strategies and Tactics for Complex Situations. International Critical Incident Stress Foundation course
July 2012	Recognizing and Responding to Suicide Risk: Essentials Skills for Clinicians. American Association of Suicidology course`
January 2012	Assisting Individuals in Crisis- International Critical Incident Stress Foundation course
	Critical Incident Stress Management: Group Crisis Intervention- International Critical Incident Stress Foundation course
September 2009	Foundations of Disaster Mental Health
January 2009	Disaster Mental Health 101 Certification- New River Valley Community Disaster Response Coalition course
June 2006	Séminaire d’Introduction à la « Process Communications » (French language), Brussels, Belgium
2003 – 2004	Certified Trauma Therapist (May 2003) Cognitive Processing Therapy: Sexual Abuse (CPT-SA) Center for Traumatic Stress Research Author & Supervisor: Dr. Kathleen Chard

University of Kentucky, Lexington, Kentucky

Fall 2001	Trauma Seminar with Dr. Pamela Remer (2000) University of Kentucky, Lexington, Kentucky
2001 – 2005	Certified Rape Crisis Counselor (Volunteer). Crisis Phone Line Counselor, Victim's Rights and Medical Advocate. Bluegrass Rape Crisis Center, Lexington, Kentucky
2000 – 2002	Philippi Trust Level 2. Lay Counselling training - intermediate
2000	Philippi Trust Level 1. Lay Counselling training - beginner

Related Work Experience

Victim Advocate	Bluegrass Rape Crisis Center, Lexington, Kentucky; May 2002 – July 2007
Instructor	Educational Program Abroad, Brussels, Belgium French and English languages Sept 1991 – Apr 1994 Phone Languages, Brussels, Belgium French and English languages Sept 1989 – Apr 1994 Centre de Langues de Louvain, Louvain-La-Neuve, Belgium; ESL individual and group instruction July 1989 – Apr 1994

Professional Affiliations

American Psychological Association Member Division 17 International Mentorship and Orientation Committee Member & Chair of the Professional Development Subcommittee Student Affiliate Member Division 51 Member of Division 36 Member of Socioeconomic Status (SES) committee	2008 - present 2010-2014 2003-2008 2015-2018 2013-2021 2011-2014
Association of Psychological Training Clinics Member	2018- 2021
Virginia Psychological Association	2008 - 2015
Mental Health America of the New River Valley Board Member	20013 – 2015
Philippi Trust International - Chair	2014 - present