

Nicholas A. Lee, Ph.D.

Department of Psychology
CHBS Building, Ste. 5108
Box 6946
Radford University
Radford, VA 24142
nlee11@radford.edu or nicholaslee@me.com
765-749-7506 (cell)

Current Professional Position(s)

Assistant Professor of Psychology; Counseling Psychology (Psy.D.) program area
Department of Psychology, Radford University, Radford, VA
August 2015 – present

Licensed Psychologist & Marriage and Family Therapist; Nicholas Lee, Ph.D., Counseling & Psychological Services. Radford, VA.
www.nicholasleephd.com
May 2016 – present

Education

Ph.D. Counseling Psychology; Cognate – Couple & Family Psychology: 2015
Department of Counseling Psychology and Guidance Services, Ball State University, Muncie, IN

Student Counseling Services, Iowa State University: July 2015
APA Accredited Pre-Doctoral Internship in Psychology
• Special Emphasis Areas: Administration & Research

M.A. Marriage and Family Therapy: 2006
Graduate Counseling Department, Indiana Wesleyan University, Marion, IN

B.S. Communication Studies, minor in Psychology: 2003
College of Communication, Information, and Media, Ball State University, Muncie, IN

License and Certification Information

- Licensed Clinical Psychologist (LCP) - Virginia: July, 2016. License # 0810005462
- Marriage and Family Therapist (LMFT) - Virginia: May 2016. License # 0717001388
- Indiana: March 2009. License # 35001667A
- Certified EFT Therapist – International Center for Excellence in EFT

Teaching Experience

Radford University * denotes graduate level course

- PSYC 800: *Introduction to Counseling Psychology* *
- PSYC 393: *Psychology of Human Sexuality*
- PSYC 772: *Couple and Family Psychology**
- PSYC 842: *Doctoral Practicum III – Business of Practice**
- PSYC 843: *Summer Doctoral Practicum**
- PSYC 803: *Vocational Psychology**

- PSYC 697: *Applied Research Training in Psychology**

Ball State University: Department of Counseling Psychology and Guidance Services

- CPSY 360: *Inter-relational Aspects of Human Sexuality*
- CPSY 470: *Cross-Cultural Counseling*
- CPSY 420: *Techniques of Psychological Interviewing*

Indiana Wesleyan University: Graduate Counseling Department

- CNS 561: *Emotionally Focused Couple Therapy**

Clinical Supervision Experience

Community Health Center of the New River Valley (CHCNRV)

Clinical Supervisor: Fall 2016 – Present

- Provide weekly supervision to five doctoral students working in an integrated care setting in two locations: Christiansburg and Giles County.
- Attend monthly behavioral health team meetings.
- Attend monthly integrated care team meetings between medical and behavioral healthcare providers.
- Coordinate assessment and tracking of patient data and student learning outcomes relative to integrated care as part of a three year, \$800,000 HRSA grant to expand integrated care services in underserved rural communities. Patient assessments include the PHQ2, PHQ9, and the Audit-C.

Center for Assessment and Psychological Services (CAPS), Radford University

Clinical Supervisor: Summer 2016 – Present

- Provide supervision to doctoral students seeing assessment and therapy clients in our department's training clinic.

Student Counseling Service, Iowa State University

Doctoral Supervisor: Fall 2014; Spring 2015

- Provide weekly supervision to one doctoral level practicum student.
- Attend weekly supervision of supervision meetings Training Director.

Ball State University Practicum Clinic

Doctoral Supervisor: Spring 2013, Summer 2013, Spring 2014

- Provide weekly individual supervision to 5 master's level trainees by watching video taped and live sessions (20 supervisees total).
- Attend and co-lead weekly group supervision meetings with 10 master's level trainees.
- Participate in supervision-of-supervision meetings on a weekly basis.

Publications

Furrow, J. L., **Lee, N.**, & Myung, H. (accepted). Emotionally Focused Couple Therapy. Invited book chapter for the forthcoming text, *Case Conceptualization in Couple Therapy*. Routledge.

Lee, N., Spengler, P. M., Mitchell, A. M., Spengler, E. S., Spiker, D. A. (in review). A Task analysis of the withdrawer re-engagement event in Emotionally Focused Couples Therapy.

Spengler, P. S., & **Lee, N.** (in review). A Funny Thing Happened When my Scientist Self and my Practitioner Self Became an Integrated Scientist-Practitioner: A Tale of Two Couple Therapists

Transformed.

Lee, N., Furrow, J., & Bradley, B. (in revision). Emotionally Focused Couple Therapy for Parents Raising a Child with an Autism Spectrum Disorder: A Pilot Study.

Bradley, B., Furrow, J., & **Lee, N.** (*manuscript in preparation*). Softening Events in Emotionally Focused Couples Therapy: The Average Clinician in the Trenches.

Ongoing Research Projects

Title: Emotionally Focused Couple Therapy: A Meta-Analysis

Contributors: **Lee, N.** (Radford University), Spengler, P. (Ball State University), & Wittenborn, A. (Michigan State University)

Title: Factors Influencing Men's Help-Seeking for Couple Therapy

Contributors: Spiker, D. (University of Kentucky), Æegisdottir, S. (Ball State University), **Lee, N.** (Radford University)

Title: Status of couple therapy outcome research within the LGB population

Contributors: Spengler, E. (University of Tennessee), **Lee, N.** (Radford University), Spengler, P. (Ball State University)

Peer-Reviewed Conference Presentations

Lee, N., Spengler, P., Wittenborn, A., Evans, I., & Sanders, P. (2016, August). A Meta-analysis of the effect of Emotionally Focused Couple Therapy. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.

Lee, N., Mitchell, A. M., Spengler, E. S., Spiker, D. A., & Spengler, P. M. (2015, March). *A Task Analysis of the Withdrawer Re-Engagement Event in Emotionally Focused Couples Therapy*. Symposium presented at the 2015 Great Lakes Counseling Psychology Conference, Ball State University, Muncie, IN.

Lee, N., Keck, P. (2014, March). *On Becoming Social Justice Change Agents: The Role of White Privilege in Counseling Psychology Instruction*. Roundtable discussion to be presented at the Counseling Psychology National Conference, March 13-16, 2014, Atlanta, GA.

Lee, N., & Spengler, S. (2013, April). *Emotionally Focused Couple Therapy: When Clinical Research and Clinical Practice Intersect*. Symposium presented to the 2013 Great Lakes Counseling Psychology Conference, Western Michigan University, Grand Rapids, MI.

Nicholas, D., Keck, P., Park, J., **Lee, N., & Sadler, S.** (2013, April). *Evidence-Based Practice Competencies in Supervision and Training*. Roundtable discussion presented to the 2013 Great Lakes Counseling Psychology Conference, Western Michigan University, Grand Rapids, MI.

Lee, N., Hutchison, A., & Chan Y. (2012, March). *Emotionally Focused Couples Therapy: Adaptations for Working with Asian Clients*. Symposium delivered at the Great Lakes Counseling Psychology Conference, Purdue University, West Lafayette, IN.

Keck, P., & **Lee, N.**, (2012, March). *Mind the Gap: How Counseling Psychology Training Programs Fill the Void Between Research and Practice*. Poster presented at the Great Lakes Counseling Psychology Conference, Purdue University, West Lafayette, IN.

- Lee, N., & Spengler, P.** (2012, March). *Emotionally Focused Couple Therapy: Fostering Secure Attachment*. Workshop delivered at the Indiana Counseling Association state conference, Ball State University, Muncie, IN.
- Keck, P. S., & **Lee, N. A.** (2012). The Research-Pratice Gap within Counseling Psychology: Briding the Divide. Poster accepted for presentation at the meeting for the American Psychological Association, Orlando, FL.
- Lee, N.** & Nolan, J. (2010, October). *Are you there for me and can I count on you? An introduction to Emotionally Focused Couples Therapy*. Workshop delivered at the National Association of Social Workers, Indiana Chapter State Conference, Indianapolis, IN.
- Bradley, B., Furrow, J., **Lee, N.**, & Eckhart, R. (2007, March). *Emotionally Focused Couples Therapy: Creating Secure Attachment Bonds*. A workshop delivered at the American Counseling Association Annual Convention and Exposition. Detroit, MI.

Conference and Workshop Presentations

- Lee, N.** (2016, June). *The Role of Deliberate Practice in Clinical Supervision*. A workshop delivered to pre-doctoral interns at the Southwest Virginia Psychology Internship Consortium. Abingdon, VA.
- Lin, P., Nghiem, K., Psarropoulou, K., Figueroa, V., Rustagi, M., Kwon, H., & **Lee, N.** (2014, February). *Diversity Advocacy Workshop*. A four-hour workshop delivered to Ball State students educating them on the role of microaggression within interpersonal relationships.
- Walls, K., Barnum, E., Miller, D., Spengler, E., **Lee, N.**, & Spiker, D. (2014, January). *SafeZone: Becoming an LGBT Ally*. Four-hour workshop delivered to Ball State students promoting allyship for the LGBT community on campus.
- Lee, N.** (2010, December). *An Introduction to Emotionally Focused Couples Therapy*. Presentation to counseling trainees at the Counseling & Psychological Services Center, Lucina Hall, Ball State University, Muncie, IN.
- Lee, N.** (2010, November). *Emotionally Focused Couples Therapy: Fostering Secure Attachment*. Presentation delivered to clinical psychology master's students in the Department of Psychological Sciences, Ball State University, Muncie, IN.
- Bradley, B. & **Lee, N.** (2010, November). *Externship in Emotionally Focused Couples Therapy*. 5-day workshop delivered to mental health professionals in collaboration with the Orlando Relationship Institute, Orlando, FL.
- Hickey, J. & **Lee, N.** (2010, October). *Core Skills Advanced Training in EFT*. Two-day workshop in advanced level EFT skills presented to master's and doctoral level practitioners, Indianapolis, IN.
- Bradley, B., Hickey, J., & **Lee, N.** (2010, July). *Externship in Emotionally Focused Couples Therapy*. 5-day workshop delivered to mental health professionals in Indianapolis, IN.
- Lee, N.** (2010, June). *Task Analysis Research of Blamer Softening Events in EFT*. Presentation to master's and doctoral students in the Department of Counseling Psychology, Ball State University, Muncie, IN.
- Bradley, B., Hickey, J., & **Lee, N.** (2010, March). *Emotionally Focused Couples Therapy*. 4-day workshop delivered to marriage and family therapists at the American Association of Marriage and Family Therapy's Winter Institutes for Clinical Training, Panama City Beach, FL.

- Lee, N., Griffith, L., & Priest, W.** (2010, February). *Premarital Seminar*. Workshop delivered to couples in collaboration with Anderson University Counseling Services, Anderson, IN.
- Lee, N.** (2009, December). *Emotionally Focused Couples Therapy: An Overview*. A presentation delivered to master's and doctoral students in the Department of Counseling Psychology, Ball State University, Muncie, IN.
- Bradley, B., Furrow, J., & Lee, N.** (2009, December). *Externship in Emotionally Focused Therapy*. 5-day workshop delivered to mental health professionals in collaboration with Solutions Counseling Associates, St. Louis, MO.
- Bradley, B., Furrow, J., Early, A. & Lee, N.** (2009, May). *Externship in Emotionally Focused Therapy*. Workshop delivered to mental health professionals on the campus of the University of Houston at Clear Lake, Houston, TX.
- Lee, N.** (2009, March). *Mental Health Trends on College Campuses*. Presentation delivered to the department of Student Life at Anderson University, Anderson, IN.
- Bradley, B., Palmer-Olsen, L., Hickey, J., & Lee, N.** (2009, January). *Externship in Emotionally Focused Therapy*. Workshop delivered to mental health professionals in collaboration with The Minnesota Renewal Center, Minneapolis, MN.
- Bradley, B., Furrow, J., L., Hickey, J. & Lee, N.** (2008, May). *Externship in Emotionally Focused Couples Therapy*. Workshop delivered to mental health professionals on the campus of the University of Houston at Clear Lake, Houston, TX.
- Bradley, B., Furrow, J., Palmer-Olsen, L., & Lee, N.** (2007, December). *Externship in Emotionally Focused Couples Therapy*. Workshop delivered to mental health professionals on the campus of Fuller School of Psychology, Fuller Seminary, Pasadena, CA.
- Bradley, B., Furrow, J., Hickey, J., Lee, N., & Eckhart, R.** (2007, July). *Externship in Emotionally Focused Therapy*. Workshop delivered to mental health professionals on the campus of Indiana Wesleyan University, Indianapolis, IN.
- Lee, N.** (2007, March). *An Introduction to Emotionally Focused Couples Therapy*. Presentation delivered to mental health professionals and graduate students at the Indiana University/Purdue University at Fort Wayne Marriage and Family Therapy Symposium, Fort Wayne, IN.

Relevant Clinical Experience

Student Counseling Services, Iowa State University, Ames, IA
 Doctoral Intern in Psychology (APA Accredited): August 2014- July 2015

- Provide individual, couple, and group therapy to undergraduate and graduate students at a large, science-based university
- Provide outreach and consultation services to the university community
- Provide weekly supervision to doctoral trainees
- Participate in two special emphasis rotations
 - Administration
 - Receive mentoring from the director and associate director of the counseling center
 - Participate in counseling center specific and university-wide committees
 - Develop a administrative project to benefit the university counseling center
 - Research
 - Learn how to use Titanium to conduct within house statistical analysis

- Learn how to use research to communicate with the university community about the nature and benefit of counseling services for the student population

Ball State University Counseling Center, Muncie, IN
 Doctoral Trainee: August 2012- May 2014

- Provide therapeutic services to individuals and groups, working from within emotion-focused and interpersonal process approaches.
- Conduct intake assessments including career assessment and exploration
- Participate in weekly individual and group supervision
- Participate in professional development relevant to pharmacologic intervention, substance abuse, eating disorders, diversity, self-harming behavior, and suicide assessment.
- Member of the STOP (Sexual Threats Oppression and Prevention) Outreach Team.
 - Engage in outreach events across campus aimed at combating rape myths amongst college students.
- Member of the Diversity Outreach Team
 - Engage in outreach events across campus aimed at celebrating and promoting the diversity of human experience on campus. Programming addresses issues relevant to international student adjustment, LGBT issues, and combatting micro-aggressions.

Ball State University Practicum Clinic, Muncie, IN
 Doctoral Trainee August 2011- May 2014

- Provide therapeutic services to individuals, couples and families within the Muncie community and surrounding areas.
- Provide therapeutic services to clients who have historically faced limited resources, including barriers to effective mental health treatment.
- Provide treatment within emotion-focused and interpersonal process theoretical orientations.
- Provide administrative support services to the practicum clinic, including record keeping, scheduling, attending clinical staff meetings, and assisting master's trainees with clinical needs.

Still Waters Professional Counseling Services, LLC, Muncie, IN
 Marriage and Family Therapist in Private Practice: January 2007- July 2014

- Provide therapeutic services to individuals, couples, and families.
- Work from within Experiential, Emotion Focused, Interpersonal Process, and Attachment-based treatment modalities.
- Maintain clinical charts and documentation in accordance with HIPPA regulations.
- Provide input and collaborate with the owners of the practice to support efforts associated with business growth and development.
- Clinical supervision of trainees and practitioners.

Anderson University Counseling Services, Anderson, IN
 Staff Therapist: September 2007- December 2010

- Provided individual and couple therapy to undergraduate, graduate, seminary students.
- Provided therapeutic services to international students using culturally sensitive treatment approaches.
- Worked from within Experiential, Emotion Focused, and Interpersonal Process treatment modalities.
- Provided crisis-counseling services as needed.
- Collaborated with other departments through professional presentations and consultations to provide information concerning mental health issues relative to college students.

Winds of Change Counseling & Consulting Services, Inc.
 Marriage & Family Therapist Intern / Home-Based Therapist: August 2006- January 2007

- Provided intensive home-based therapy services to rural clients referred through the Department of Children's Services and Juvenile Probation.
- Collaborated with medical doctors, mental health providers; child services caseworkers, probation officers, and the courts to provide optimal treatment to families.
- Worked with and coordinated multiple therapists per family to provide treatment that addressed the specific needs of each family.

Indiana Wesleyan University Graduate Counseling Clinic
Therapist Intern: August 2005- July 2006

- Managed a client load of 6-8 clients per week including handling all scheduling and documenting of case/session notes.
- Participated in individual supervision weekly (live, mirror, co-therapy, bug-in-ear) where clinical skills were developed and enhanced.
- Participated in group supervision weekly including leading discussions and case presentations about clients.

Anderson University Counseling Services
Therapist Intern: August 2005- July 2006

- Managed a client load of 8-10 clients per week that presented with various treatment issues such as depression, generalized anxiety, PTSD, relationship problems and eating disorders.
- Handled all documentation of session notes and assessments.
- Participated in clinical supervision every week where pertinent cases were staffed.

Professional Memberships

- American Psychological Association; Student Member
 - Division 17: Society for Counseling Psychology
 - Division 43: Society for Family Psychology
 - Division 42: Independent Practice

University and Professional Service

- Department of Psychology Facebook page administrator (Radford University)
- Department of Psychology Culture Committee (Radford University)
- Training Director Search Committee (Radford University, 2015)
- Secretary and board member; Promotion for Psychotherapy Science, Division 17 of APA (2015-2016)
- Graduate Studies Committee (Ball State University)
- Past member of the board of the directors, Indiana Association for Marriage and Family Therapy
 - Elections Chair