

PEER-REVIEWED PUBLICATIONS

- Garst, B., & Whittington, A. (In review). Defining moments of camp experiences: An exploratory study with early adolescents. *Journal of Outdoor Recreation, Education and Leadership*.
- Whittington, A. (2019). Outdoor careers and motherhood. [Special issue]. *Journal of Experiential Education*, 42(1), 79-92. doi: 10.1177/1053825918820354
- Whittington, A. (2018). Career development of outdoor students in higher education: Comparing methodologies. *Journal of Outdoor Recreation, Education and Leadership*, 10(3), 253-255. doi: 10.18666/JOREL-2018-V10-I3-8191
- Whittington, A., & Garst, B. A. (2018). The role of camp in shaping college readiness skills and building a pathway to the future for camp alumni [Special issue]. *Journal of Youth Development*, 13(2), 105-125. doi: 10.5195/jyd.2018.519
- Whittington, A., & Asplemeier, J. (2018). Resilience, peer relationships, and confidence: Do girls' programs promote positive change? *Journal of Outdoor Recreation, Education and Leadership*, 10(2), 124-138. doi: 10.18666/JOREL-2018-V10-12-7876
- Whittington, A., & Danhof, J. (February, 2018). Supporting girls' resilience: One camp at a time. *2018 American Camp Association Research Forum Abstracts*. Retrieved from https://www.acacamps.org/sites/default/files/resource_library/2018%20Book%20of%20Abstracts_searchable%20%281%29.pdf
- Whittington, A., & Aspelmeier, J. (November/December 2017). Developing resilience in girls through camp experiences. *Camping Magazine*. Retrieved from <https://www.acacamps.org/resource-library/camping-magazine/developing-resilience-girls-through-camp-experiences>
- Whittington, A., Garst, B., Gagnon, R., & Baughman, S. (2017). Living without boys: A retrospective analysis of the benefits and skills gained at all-female camps. *Journal of Experiential Education*, 40(2) 97-113. doi: 10.1177/1053825916689266
- Whittington, A., & Danhof, J. (2017). Developing college readiness skills at camp. *2017 American Camp Association Research Forum Abstracts* (pp. 48-50). Retrieved from http://www.acacamps.org/sites/default/files/resource_library/2017_ACA_Book_of_Abstacts.pdf
- Garst, B., Gagnon, R., & Whittington, A. (2016). A closer look at the camp experience: Examining relationships between life and skills, elements of positive youth development, and antecedents of change among camp alumni. *Journal of Outdoor Recreation, Education, and Leadership*, 8(2), 188-189.

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- Whittington, A., Aspelmeier, J., & Budbill, N. (2015). Promoting resiliency in adolescent girls through adventure programming. *Journal of Adventure Education & Outdoor Leadership*, 16(1), 1-15. doi:10.1080/14729679.2015.1047872
- Garst, B.A., Baughman, S., Whittington, A., & Gagnon, R.J. (2015). Influences of resident camp experiences on career choice: A case study of female alumnae. *Research in Outdoor Education*, 13(1), 59-82.
- Whittington, A. & Aspelmeier, J. (2015). Measuring outcomes of girls' participation at camp. *2015 American Camp Association Research Forum Abstracts* (pp. 51-53). Retrieved from http://www.acacamps.org/sites/default/files/resource_library/2015-National-Research-Forum-Book-Abstracts.pdf
- Whittington, A., Aspelmeier, J. & Budbill, N. (2014). Measuring outcomes of girls' participation: Creating statistically tested scales. *Coalition for Education in the Outdoors 12th Biennial Research Symposium Abstract*. Bradford Woods, IN.
- Whittington, A., Budbill, N. & Aspelmeier, J. (2013). Promoting resiliency in adolescents girls through adventure education. *Journal of Outdoor Recreation, Education and Leadership*, 5(2), 169-172. doi: 10.7768/1948-5123.1219
- Whittington, A. & Budbill, N. (2013). Breaking the mold: Impacts of adventure education on girls. *Journal of Outdoor Recreation, Education and Leadership*, 5(1), 37-53. doi:10.7768/1948-5123.1128.
- Whittington, A., Nixon Mack, E., Budbill, N., McKenney, P., Nixon-Mack, E. (2011). All-Girls adventure programmes: What are the benefits? *Journal of Adventure Education and Outdoor Learning*, 11(1), 1-14.
- Whittington, A. (2011). Life after the river: Long-term impacts of girls' participation in an adventure program. *Journal of Outdoor Recreation, Education and Leadership*, 3(1), 40-52.
- Whittington, A. & Nixon Mack, E. (2010). Inspiring courage in girls through an adventure program [Special issue]. *Journal of Experiential Education*, 33(2), 166-180.
- Whittington, A. (2008). Book review on the handbook of experiential education. *New Horizons in Adult Education and Human Resource Development*, 22(3-4), p. 68-71.
- Whittington, A. (2006). Challenging girls' constructions of femininity in the outdoors. *Journal of Experiential Education*, 28(3), 205-221.
- Whittington, A. (2006). SEER 2005 abstract, Girls in the Woods: Exploring the impact of a wilderness program on adolescent girls' construction of femininity. *Journal of Experiential Education*, 28(3), 285-289.

BOOK CHAPTERS

- Whittington, A., & Aspelmeier, J. (In review). Supporting girls' resilience through adventure

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programming. In Prince-Embury, S. (Ed.). Forthcoming 2019.

Whittington, A. (2018). Changing girls' lives: One program at a time. In Gray, T. & Mitten, D. (Eds.). *The Palgrave Macmillan International Handbook of Women and Outdoor Learning*. (pp. 661-672). London, England: Palgrave Macmillan.

OTHER SCHOLARLY WORK

- Guest Editor. A critical exploration of girls' and women's experiences in outdoor recreation, education, and leadership [Special issue]. *Journal of Outdoor Recreation, Education and Leadership*. (September 2018-Present).
- Associate Editor. *Journal of Outdoor Recreation, Education and Leadership*. (2018-Present).
- Reviewer. *Journal of Outdoor Recreation, Education and Leadership*. (2013-Present).
- Reviewer. *Journal of Experiential Education*. (2011-Present).
- Reviewer. Association for Outdoor Recreation and Education Research Symposium Abstracts. (2018).
- Reviewer. *Camping Magazine*. American Camp Association. (2017).
- Aspelmeier, J., Whittington, A., & Budbill, N. (2015). *Adolescent girls' resilience scale: Manual*. Unpublished manuscript, Radford University, Radford, VA.
- Whittington, A., Aspelmeier, J., & Budbill, N. (2015). Adolescent girls' resilience scale. Retrieved from <http://www.agrscale.com/>
- Whittington, A., Aspelmeier, J., & Budbill, N. (2014). *Outcomes of girls' participation in Dirt Divas and Rosie's Girls programs*. Unpublished manuscript.
- Whittington, A. (2008). *Evaluation of 2006 & 2007 summer wilderness programs*. Unpublished manuscript.
- Whittington, A. (2008). *Baxter State Park: Economic impact study*. Unpublished manuscript.
- Whittington, A. (2006). Challenging conventional notions of femininity—and other lasting impacts of an all-girls wilderness program. Article for Practitioners Journal *Horizons* for the Association of Experiential Education.
- Whittington, A. (2006). *Redefining youth athletics: Sports done right initiative formative Evaluation*. Unpublished manuscript. Center for Research & Evaluation, University of Maine, Orono, ME.
- Whittington, A. (2006). *Evaluation for PREP summer school*. Unpublished manuscript. Center for Research and Evaluation, Center for Research and Evaluation, University of Maine, Orono, ME.
- Whittington, A. (2003). *Evaluation of the canoe expedition for Maine girls*. Unpublished manuscript.

CURRENT PROFESSIONAL CERTIFICATIONS

Master Leave No Trace Educator

CPR/First Aid/AED Instructor, American Heart Association

CPR/First Aid/AED Instructor and Trainer, National Safety Council

CPR/First Aid/AED Instructor, American Red Cross

Wilderness EMT, Stonehearth Open Learning Opportunities

Emergency Medical Technician, National Registry of EMTs

Dr. Anja Whittington

Emergency Medical Technician, State of Virginia
Maine State Guide in Recreation, Department of Inland, Fisheries and Wildlife
Wilderness First Responder & Wilderness First Aid Instructor, Stonehearth Open
Learning Opportunities
Project Learning Tree Facilitator

AWARDS/GRANTS/FUNDING

Eleanor P. Eells Award for Excellence in Research in Practice (2018). Recognized with Camp Newaygo for research in practice through the American Camp Association at the national conference in Orlando, FL.

High Impact Learning Grant (2018). Office of Academic Programs, Radford University, \$523.00. Grant for the creation and implementation of a permanent orienteering course.

High Impact Learning Grant (2017). Office of Academic Programs, Radford University, \$480.00. Grant to purchase trail work safety equipment and take students to conduct trail work.

Assessment Research Grant (2016). Office of Assessment, Radford University, \$2,500.

Faculty Development Research Stipend. (2015). College of Education and Human Development, Radford University. \$10,000.

Faculty Development Research Stipend. (2012). College of Education and Human Development, Radford University. \$10,000.

EPSCoR Funding. (2010-2011). National Science Foundation. University of Maine Presque Isle. \$75,000.

Publication Grant. (2008). American Association of University Women. \$6,000.00

CURRENT ACTIVITIES

Associate Director of Women and Gender Studies, Radford University, 2019-Present.

Board of Directors, Wilderness Education Association, 2019-Present.

Advisor, Rho Phi Lambda National Honorary Fraternity, RCPT, Radford University, 2012-2019.