



# Faculty and Staff Wellness Center Summer Hours

May 13<sup>th</sup> - Aug 23<sup>rd</sup>

M - F 12:00 - 2:00 PM

M&W 4:00-5:00 PM

Closed

July 1<sup>st</sup> -5<sup>th</sup>

July 22<sup>nd</sup>

RADFORD  
UNIVERSITY

## Classes Offered

MW	4:10-4:45 p	Functional Fitness	Peters C019
MWF	12:00-1:00p	Functional Fitness	Peters C019
TR	12:00-1:00P	Cardio/Stretching	Peters C019