

CoA Abbreviated Curriculum Vita

Name: Sarah L. Hastings

Highest Degree Earned: Ph.D. Psy.D. Ed.D. Other: _____

Date of Degree: 1999

Substantive Area of Degree: Counseling Psychology

Institution Awarding Degree: University of Kansas

APA/CPA Accredited Doctoral Program: No: Yes:

Psychology Internship Completed: No: Yes: Year: 1999

Name of Program: University Counseling Services, Kansas State University

Type of Setting (e.g., Mental Health Center, VA Medical Center): University Counseling Center

APA/CPA Accredited Internship: No: Yes:

Psychology Postdoctoral Residency Completed: No: Yes: Year: _____

Name of Program: _____

Type of Setting: _____

APA/CPA Accredited Postdoctoral Residency: No: Yes:

Area of Emphasis: _____

Psychology Licensure: No: Yes:

State(s)/Province(s): Virginia

ABPP Diplomate: No: Yes:

Specialty: _____

Currently listed in National Register and/or Canadian Register? No: Yes:

Primary Professional Appointment (name of institution/site): Radford University/Main campus

Position title: Assistant Professor for the Department of Psychology

Type of Setting: University, Higher Education

Academic Position, Rank, Tenure-Status, Year of Appointment to Program under review:

Assistant Professor, tenure track, appointed 2006

Describe Clinical/Services Delivery Position or Responsibilities in current position:

Teach graduate and undergraduate courses in psychology department, participate in development of the Psy.D. program in Counseling Psychology, develop research program to include graduate student researchers, serve on departmental committees, participate on the RU Women's Studies Committee

Professional Honors & Recognition:

Early Career Scholarship, National Register, 2006

Selected Presentations to Professional/Scientific Groups in Last Seven Years:

Bradley, J. M., Moberg, J. L., Simonson, K. R., Herren, A. M., & Hastings, S. L. (2009, August). *Assessing volunteer opportunities: the role of personality*. Poster session presented at the 117th Convention of the American Psychological Association, Toronto, Canada.

Leake, V., Hastings, S. L., Cohn, T. J., Riding-Malon, R. (2009, April). Faculty perspectives on infusing social justice throughout the curriculum. In J. Werth (Chair) *Starting from scratch: Building a social justice oriented program*. Symposium conducted at the Southeast Counseling Psychology Conference, Atlanta, GA.

- Boone, D. & Hastings, S. L. (2009, April). *Social support among first-generation minority and non-minority college women*. Poster presented at the 2009 Gender Conference, Radford University, Radford, VA.
- Hastings, S. L. (2009, April). *Psychological factors related to retirement*. Program presented for the Second Annual Leadership Development Series, Wytheville, VA.
- Hastings, S.L. & Boone, D. (2009, August). *College satisfaction among first-generation African American students attending predominantly white institutions*. Poster session presented at the 117th Convention of the American Psychological Association, Toronto, Canada.
- Hastings, S. L., (2008, August). Stories from the mountain: Resilience in Appalachian women, in J. Werth (Chair), Resilience among, and empowerment of, underdiscussed cultural groups. Symposium conducted at the American Psychological Association Annual Meeting, Boston, MA.
- Hastings, S. L., Cohn, T. J., Pinterits, E. J. (2008, August). Service provision challenges and opportunities in rural areas. Symposium conducted at the American Psychological Association Annual Meeting, Boston, MA.
- Hastings, S. L., Maschauer, E., Snyder, J. (2008, March). Self-compassion and emotional eating. Poster session presented at the International Counseling Psychology Conference, Chicago, IL.
- Hastings, S. L., Burns, A., Sanderson, M., Zaro, A. (2008, March). Counseling psychologists in rural practice: Training implications. Poster session presented at the International Counseling Psychology Conference, Chicago, IL.
- Hastings, S. L. (2008, March). Rural women and mental health. In J. Werth (Chair), Rurality and diversity: Reciprocal implications. Symposium conducted at the International Counseling Psychology Conference, Chicago, IL.
- Hastings, S. L., Nash, T. (2008, February). Optimism in women reporting relationship abuse histories. Poster session presented at the American Psychological Association Summit on Violence, Bethesda, MD.
- Londry, M., & Hastings, S. L. (2008, February). Applications of positive psychology to domestic violence survivors. Poster session presented at the American Psychological Association Summit on Violence, Bethesda, MD.
- Hastings, S. L. (July, 2007). Letting go of perfection: Self-compassion and body image in young adult women. Poster session presented at the annual meeting of the American Mental Health Counselors Association, New Orleans, LA.
- Hastings, S. L., Nash, T., Montuori, M., Reilly, N. P., & Mullis, T. (May, 2007). Optimism as a predictor of relationship commitment in romantic partnerships. Poster session presented at the annual meeting of the Association for Psychological Science, Washington, DC.
- Hastings, S. L. (2007, April). Positive psychology: Integrating Principles with Practice. Program presented at the annual Creative Impulse in Therapy Conference: Health and Mental Health Care in Appalachia, Radford, VA.
- Hastings, S. L., Burns, A., Sanderson, M., Whiting, E., Zaro, A. (2007, April). Pinnacles and Pitfalls of Rural Mental Health Practice. Program presented at the annual Creative Impulse in Therapy Conference: Health and Mental Health Care in Appalachia, Radford, VA..
- Weitzman, L, Heaton, J. Bradley, K, & Gray, K, Hastings, S., (October 2005). Innovative outreach programs. Program presented to the annual meeting of the Association for University and College Counseling Center Directors (AUCCCD), Minneapolis, MN.

Selected Publications in Last Seven Years:

- Cohn, T. J., & Hastings, S. L. (in press). Resilience among rural lesbian youth. *Journal of Lesbian Studies*.

- Hastings, S. L. (in press). Mid-life Career Transition. In Trotter-Mathison, M., Koch, J. M., Sanger, S. & Skovholt, T. M. (Eds.). *Voices from the field: Defining moments in counselor and therapist development*. New York: Routledge.
- Hastings, S. L. (in press). Meta-analysis of psychotherapy outcome studies (Smith and Glass). In N. J. Salkind (Ed.), *The encyclopedia of research design*. Thousand Oaks, CA: Sage Publications, Inc.
- Hastings, S. L. (in press). Triangulation. In N. J. Salkind (Ed.), *The encyclopedia of research design*. Thousand Oaks, CA: Sage Publications, Inc.
- Hastings, S. L. (2009). The Five-factor model. In The American Counseling Association (Ed.), *The ACA encyclopedia of counseling*, (pp. 203-204). Alexandria, VA: American Counseling Association.

Selected Funded Research Grants or Training Contracts in Last Seven Years:

- Grants to Reduce Violent Crimes Against Women on Campus, United States Department of Justice, Office on Violence Against Women, Baker University, September 2005
- Optimism and Commitment Among Undergraduate Students, Faculty-Student Collaborative Grant, Radford University, Fall 2006
- Self-Compassion and Emotional Eating in Rural Women, Faculty Seed Grant, Radford University, 2008
- Voices from the Mountain, Resilience in Appalachian Women, Faculty Summer Research Grant, Radford University, Summer, 2008

Other Professional Activities in Last Seven Years:

- APA Federal Advocacy Training, March 2008
- Member, Editorial Board, *Journal of College Counseling* (2006 to present)
- Director, Counseling Center, Baker University, Baldwin City, KS (2001-2006)