

Final Exam Study Guide  
Psychology of Diversity Fall 2004

The examination will consist of approximately 30-35 multiple choice questions. Also, there will be at least 10 matching items (1-2 pt each). Finally, there will be 4 to 6 potential essay questions on the exam. You must answer 2 of them (10 pts each).. One question is mandatory. For the remaining question, you will have some choice about what you answer.

You are responsible for all material presented in class and Chapter 5 & 6 from Hall and Barongan and Chapters 6 & 11 of Blaine.

The material covered is approximately ½ from lecture and ½ from the book. You may notice that there really is not a whole lot of direct overlap between the two (though much of the logic and basis of the arguments is quite similar). You will need to carefully read each book chapter and familiarize your self with the major concepts (often indicated by italicized words, bulleted/numbered lists, and highlighted text boxes). Use the questions below to help focus your studying. Note that though you could provide single word answers to many of the questions, doing so will not sufficiently prepare you for this examination.

African American Psychology (Overheads, H&B Ch. 5, Blain Ch 6 p. 81-87, Blain Ch. 11).

Handout

- 1) What issues are involved in the use of the terms Black and African-American?
- 2) What is Black psychology?
- 3) Know a little African history: What were the major city-states of Sub-Saharan African civilization (don't sweat the years)? Who was Mansa Musa? Where did slaves come from and how did they become slaves?
- 4) Know a little African American history: What role did Virginia (as a colonial commonwealth) play in U.S. slavery? What constitutional amendments addressed the rights of Blacks, and what states never ratified them?
- 5) What are the three schools of Black psychology? How did they differ with respect to their agenda regarding Black psychology, Traditional psychology, and the route to change? Who were some of the major researchers associated with each field, and what were their contributions (theoretical / ideological/ or otherwise).

H&B ch 5

- 5) Know your general African American History?
- 6) What are the core African American cultural values?
- 7) What are the major issues regarding parenting practices in African-American Families? What outcomes are associated with having mother headed families?
- 8) What is racial socialization? What are the three dominant approaches presented in H&B? What are the benefits and draw backs of these approaches?
- 9) What role does physical discipline play in African-American Families?
- 10) What are the major issues regarding academic achievement among African-American students?
- 11) How do African-Americans differ from other ethnicities, with respect to psychopathology, utilization of mental health services, effectiveness of treatments, and the types of mental health services they seek?
- 12) What risk factors are associated with violence among African-Americans?

Blain ch 6 (81-87)

- 1) What issues regarding class and race did the book *The Bell Curve* raise and what was the reaction to the book's perspective.
- 2) What stereotypes do whites hold, regarding blacks.

- 3) Are there differences between whites and blacks in intelligence? If so, how large are they? How does the class mantra relate to this issue?
- 4) What factors beyond color and ethnic group may influence performance on tests of academic achievement and ability?

#### Ch. 11

- 1) What is affirmative action?
- 2) What do people believe about individuals and social groups that are associated with affirmative action.
- 3) What types of things moderate (or influence) peoples' attitudes toward affirmative action recipients.
- 4) What explanations for attitudes toward affirmative action positively or negatively.
- 5) What are the costs and benefits of affirmative action.

#### Asian American Psychology (Handout, H&B Ch. 6, Blain Ch. 6 p. 87-92)

##### Handout

- 1) In what ways is Asian American Psychology Unique? In what ways is it Universal?
- 2) What are the preferred terms for Asian Americans (as opposed to other ethnocentric terms)?
- 3) What are the general trends regarding the size of the Asian American population?
- 4) What is the Either-Or perspective?
- 5) What is the Collectivist racist trauma? What types of trauma and racism have different Asian and Asian American groups faced?
- 6) What are some of the Asian-American cultural values? What are Individualism and Collectivism, how do the desired social skills in each culture differ, and how does the distribution of rewards differ.
- 7) What are the three dominant religions of eastern and south eastern Asia? What are the basic tenets of each? Who are the main figures in each religion? Be sure to be able to distinguish between imperial and traditional Confucianism.
- 8) What was the Japanese American Internment, why was it done, and what short and long term impact did internment have on Japanese American Families? What types of presenting problems (i.e., what problems do they typically report to mental health professionals), family communication issues, self esteem issues, and vocational issues are typically associated with the transgenerational impact of internment?

#### H&B ch. 6

- 9) Know your general Asian American History.
- 10) What are the major cultural values associated with Asian American culture?
- 11) What are the major issues regarding Asian American Identity?
- 12) What are the major issues regarding Asian American Stereotypes and Discrimination?
- 13) How are Asian American families typically structured? How does this relate to gender roles? Is this structure universal or are there exceptions to the way that families are organized in different Asian American cultures?
- 14) How do Asian American families differ as a function of Acculturation? What types of families has Lee identified?
- 15) How do Asian Americans differ from other ethnicities on standardized measures of intelligence and achievement? What possible explanations are offered for these differences? What explanations have been offered regarding Asian American's focus on academic achievement?
- 16) How do Asian Americans compare with other groups with respect to the frequency of specific mental illnesses (psychopathology), the utilization of mental health services, and the effectiveness of therapy? How universal are these findings?

#### Blain ch 6 (87-92)

- 1) What stereotypes do whites hold with respect to Asian Americans?

- 2) What differences exist between whites and Asian Americans with respect to intellectual ability?
- 3) What differences exist between whites and Asian Americans with respect to academic achievement?  
What explanations have been offered for these differences?
- 4) How might these relatively positive stereotypes about Asian Americans have a negative impact on Asian American individuals?