

Exam III Study Guide
Psychology of Diversity Fall 2003

African American Psychology (Handout, H&B Ch. 5, Blain Ch 6 p. 81-87.

Handout

- 1) What issues are involved in the use of the terms Black and African-American?
- 2) What is Black psychology?
- 3) Know a little African history: What were the major city-states of Sub-Saharan African civilization (don't sweat the years)? Who was Mansa Musa? Where did slaves come from and how did they become slaves?
- 4) Know a little African American history: What role did Virginia (as a colonial commonwealth) play in U.S. slavery? What constitutional amendments addressed the rights of Blacks, and what states never ratified them?
- 5) What are the three schools of Black psychology? How did they differ with respect to their agenda regarding Black psychology, Traditional psychology, and the route to change? Who were some of the major researchers associated with each field, and what were their contributions (theoretical / ideological/ or otherwise).

H&B ch 5

- 5) Know your general African American History?
- 6) What are the core African American cultural values?
- 7) What are the major issues regarding parenting practices in African-American Families? What outcomes are associated with having mother headed families?
- 8) What is racial socialization? What are the three dominant approaches presented in H&B? What are the benefits and draw backs of these approaches?
- 9) What roles does physical discipline play in African-American Families?
- 10) What are the major issues regarding academic achievement among African-American students?
- 11) How do African-Americans differ from other ethnicities, with respect to psychopathology, utilization of mental health services, effectiveness of treatments, and the types of mental health services they seek?
- 12) What risk factors are associated with violence among African-Americans?

Blain ch 6

- 13) What stereotypes do Whites hold about African-Americans? Are these stereotypes fact or fiction? What factors may explain differences found between Whites and Blacks for intellectual and achievement test scores?

Asian American Psychology (Handout, H&B Ch. 6, Blain 87-92)

Handout

- 1) In what ways is Asian American Psychology Unique? In what ways is it Universal?
- 2) What are the preferred terms for Asian Americans (as opposed to other ethnocentric terms)?
- 3) What are the general trends regarding the size of the Asian American population?
- 4) What is the Either-Or perspective?
- 5) What is the Collectivist racist trauma? What types of trauma and racism have different Asian and Asian American groups faced?
- 6) What are some of the Asian-American cultural values? What are Individualism and Collectivism, how do the desired social skills in each culture differ, and how does the

distribution of rewards differ.

7) What are the three dominant religions of eastern and south eastern Asia? What are the basic tenets of each? Who are the main figures in each religion? Be sure to be able to distinguish between imperial and traditional Confucianism.

8) What was the Japanese American Internment, why was it done, and what short and long term impact did internment have on Japanese American Families? What types of presenting problems (i.e., what problems do they typically report to mental health professionals), family communication issues, self esteem issues, and vocational issues are typically associated with the transgenerational impact of internment?

H&B ch. 6

9) Know your general Asian American History.

10) What are the major cultural values associated with Asian American culture?

11) What are the major issues regarding Asian American Identity?

12) What are the major issues regarding Asian American Stereotypes and Discrimination?

13) How are Asian American families typically structured? How does this relate to gender roles? Is this structure universal or are there exceptions to the way that families are organized in different Asian American cultures?

14) How do Asian American families differ as a function of Acculturation? What types of families has Lee identified?

15) How do Asian Americans differ from other ethnicities on standardized measures of intelligence and achievement? What possible explanations are offered for these differences? What explanations have been offered regarding Asian American's focus on academic achievement?

16) How do Asian Americans compare with other groups with respect to the frequency of specific mental illnesses (psychopathology), the utilization of mental health services, and the effectiveness of therapy? How universal are these findings?

Blain ch. 6

17) What stereotypes do Whites hold regarding Asian Americans? Have they changed over time?

18) What differences have been found between Asian Americans and other ethnicities regarding intelligence and achievement test scores and actual academic performance? How have these difference been explained?