

The Aggression Questionnaire

(Buss & Perry, 1992)

Please read the statements below and rate each statement on how characteristic it is of you. Use the following scale to guide your ratings.

	1	2	3	4	5
	Extremely Uncharacteristic of Me	Uncharacteristic of Me	Neither Characteristic nor Uncharacteristic	Characteristic of Me	Extremely Characteristic of Me
1. Once in a while I can't control the urge to strike another person.	(1)	(2)	(3)	(4)	(5)
2. I tell my friends openly when I disagree with them.	(1)	(2)	(3)	(4)	(5)
3. I flare up quickly but get over it quickly.	(1)	(2)	(3)	(4)	(5)
4. I am sometimes eaten up with jealousy.	(1)	(2)	(3)	(4)	(5)
5. Given enough provocation, I may hit another person.	(1)	(2)	(3)	(4)	(5)
6. I often find myself disagreeing with other people.	(1)	(2)	(3)	(4)	(5)
7. When frustrated I let my irritation show.	(1)	(2)	(3)	(4)	(5)
8. At time I feel I have gotten a raw deal out of life.	(1)	(2)	(3)	(4)	(5)
9. If someone hits me, I hit back.	(1)	(2)	(3)	(4)	(5)
10. When people annoy me, I may tell them what I think of them.	(1)	(2)	(3)	(4)	(5)
11. I sometimes feel like a power keg ready to explode.	(1)	(2)	(3)	(4)	(5)
12. Other people always seem to get the breaks.	(1)	(2)	(3)	(4)	(5)
13. I get into fights a little more often than the average person.	(1)	(2)	(3)	(4)	(5)
14. I can't help getting into arguments when people disagree with me.	(1)	(2)	(3)	(4)	(5)
15. I am an even tempered person.	(1)	(2)	(3)	(4)	(5)
16. I wonder why sometimes I feel so bitter about things.	(1)	(2)	(3)	(4)	(5)
17. If I have a resort to violence to protect my rights, I will.	(1)	(2)	(3)	(4)	(5)
18. My friends say I am somewhat argumentative.	(1)	(2)	(3)	(4)	(5)
19. Some of my friends think I am hot headed.	(1)	(2)	(3)	(4)	(5)
20. I know that "friends" talk about me behind my back.	(1)	(2)	(3)	(4)	(5)
21. There are people who push me so far that we come to blows.	(1)	(2)	(3)	(4)	(5)
22. Sometimes I fly off the handle for no good reason.	(1)	(2)	(3)	(4)	(5)
23. I am suspicious of overly friendly strangers.	(1)	(2)	(3)	(4)	(5)
24. I can think of no good reason for ever hitting someone.	(1)	(2)	(3)	(4)	(5)
25. I have trouble controlling my temper.	(1)	(2)	(3)	(4)	(5)
26. I sometimes feel that people are laughing at me behind my back.	(1)	(2)	(3)	(4)	(5)
27. I have threatened people I know.	(1)	(2)	(3)	(4)	(5)
28. When people are especially nice, I wonder what they want.	(1)	(2)	(3)	(4)	(5)
29. I have become so mad that I have broken things.	(1)	(2)	(3)	(4)	(5)