

HEALTH EDUCATION AND HEALTH PROMOTION (HEHP)  
FOUR-YEAR PLAN  
120 HOURS

FALL SEMESTER		SPRING SEMESTER	
<b>Freshman Year (32 Hours)</b>			
ENGL 101 (area 1)	3	ENGL 102 (area 1)	3
_____ (area 2)	3	COMM 114 (area 1)	3
PHIL or RELN _____ (area 4)	3	_____ (area 7)	4
BIOL 105 (area 7)	4	STAT 200 (area 6)	3
PSYC 121 (area 8)	3	HIST _____ (area 8)	3
	Total 16		Total 16
<b>Sophomore Year (31 hours)</b>			
BIOL 322	6	HLTH 245 Foundations of Health	3
HLTH 200 Wellness Lifestyles	3	HLTH 320 Wellness and Safety Foundations	4
ENGL _____ (area 4)	3	_____ (area 6)	3
SOCY 110 (area 8)	3	_____ (area 5)	3
		_____ (area 8)	3
	Total 15		Total 16
<b>Junior Year (31 Hours)</b>			
ESHE 315 Physical Activity and Aging	3	ESHE 395 Foundations of Motor Behavior	3
ESHE 360 Marketing Promotion ESHE	3	HLTH 325 Diversity of Health in the United States	3
ESHE 391 Exercise Science Foundations	4	HLTH 350 Human Diseases	3
HLTH 300 Community Health and Epidemiology	3	HLTH 453 Human Sexuality	3
HLTH 465 Nutrition	3	HLTH 475 Health Behavior Change	3
	Total 16		Total 15
<b>Senior Year ( 26 Hours)</b>			
HLTH 451 Drug Use and Abuse	3	ESHE 463 Fieldwork in ESHE	6-12
HLTH 460 International Health	3	_____ Elective	3
HLTH 485 Health Program Planning and Evaluation	3	_____ Elective	3
_____ Elective	3		
ESHE 363 Seminar Fieldwork	1		
_____ Elective	1		
	Total 14		Total 12