

# RU Fitness Opportunities

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## Peters Hall

### Fitness Center

Mon-Tues	9:00am-noon	1:00pm-10:00pm
Wed	11:00am-noon	1:00pm-10:00pm
Thur		1:00pm-10:00pm
Fri	9:00am-noon	1:00pm- 8:00pm
Sat	9:00am-8:00pm	
Sun	11:00am-8:00pm	

### Climbing Wall

Mon - Thu 6:30pm-9:30 pm

### Aerobics

Mon-Tues	5:00pm-10:00pm
Weds	5:00pm- 9:00pm
Thur	5:00pm- 8:00pm
Fri	5:00pm- 7:00pm
Sun	5:00pm- 8:00pm

### Gymnasium\*

Mon & Weds	3:00pm-10:00pm
Tues & Thur	2:00pm-10:00pm
Fri	3:00pm- 8:00pm
Sat/Sun	2:00pm- 8:00pm

*\*Note: Hours can change due to academics, intramurals, sports clubs and special events*

## Muse Hall

### Fitness Center

Mon-Thur	8:00am-10:00pm
Fri	8:00am- 8:00pm
Sat/Sun	11:00am- 8:00pm

### Weight Room

Mon-Thur	10:00am- 9:30pm
Fri	10:00am- 8:00pm
Sat/Sun	4:00pm- 8:00pm

## Dedmon Center

### Indoor Track\*

Mon-Thur	8:00am-10:00am and 8:00am-10:00pm
Fri	8:00am-10:00am

### Pool\*

Mon-Thur	8:00am-2:30pm 5:30-9:00pm
Fri	8:00am-2:30pm 5:30-8:00pm
Sat/Sun	Noon-5:00pm

*\*Note: Hours can change due to intercollegiate practices, games, and special events*

## “Bonnie” Student Center

### Hurburt Game Room

Mon-Thu	11:30am-11:00pm
Fri	11:30am-Midnight
Sat	1:00pm-Midnight
Sun	1:00pm-11:00pm

### RU Outdoors Rental Office

Mon-Fri	10:00am- 5:00pm
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### Intramurals, Sports Clubs, RU Outdoors Trips

Schedule Information at <http://www.radford.edu/~stuact/campusrec.html>