Dear New Student,

Welcome to the Highlander family and congratulations on choosing Radford as your new home! Although we may be a little biased, we truly believe that you have made the best decision in attending Radford. We are so excited to share our love of this extraordinary university with you!

You have heard it before, and we will say it again—college is going to be your “fresh start.” Your time here at Radford is going to be exactly what you make it, and you have the power to make it the most rewarding experience of your life. You will have the opportunity to reinvent who you are, step outside of your comfort zone, and become the best version of yourself. This will be your time to create lasting first impressions that will impact you throughout the rest of your college career and beyond.

You may have already chosen a major, or may still be undecided. Either way, it is okay! Many wonderful people are here to help guide you on your academic journey. Ultimately, of course, you must take ownership of your education and find your passion. While you should be open to input from others, do not let other people make decisions about your future. It is important to play to your strengths in order to choose the right path for yourself. If you do, that path will be rewarding and make all of your hard work, dedication, and commitment worth it in the end.

Radford is a place of endless possibilities, be they academic, athletic, or social. However, it will be your job to take advantage of every opportunity presented to you. Take chances, meet new people, and make connections. The relationships you build in college with both professors and your fellow Highlanders will last a lifetime and be valuable to you long after you graduate.

As you begin this exciting new chapter of your life, do not overlook those who helped you get to where you are. Give thanks and show appreciation to parents, teachers, friends, family, and whomever else made Radford University possible for you. In time, you will come to find your own support system here at Radford; until then, know that we, the staff in the Office of New Student Programs, are here for you. We wish you the best of luck as you embark on your Radford journey!

It’s always a great day to be a Highlander!

All the best,

Kimmy, Cammie, Kevon, & Olivia

Your 2016 Quest Student Leaders
Quest has been a vital part of the Radford University student and family experience since 1979. During Quest, you will meet the staff of New Student Programs, who have designed an orientation program that will help you navigate a successful transition to your campus home. You will also meet incredible student leaders, who will be your mentors and guides. Do not hesitate to ask any of us questions about living and learning at Radford University.

This Quest guide will complement and supplement what you will learn during orientation. It contains important information about programs and services you will access during your first year as a Highlander. Do not discard it, for it will serve as a valuable reference during the summer months and beyond.

Please let us know if we can do anything to enhance your orientation experience. Welcome to Quest!

Sincerely,
New Student Programs
www.radford.edu/nsp
540-831-5923

2 Things To Do in Your Free Time at Quest
3 Important Dates/Next Steps after Quest
4-5 University Services
6-7 Student Accounts/Financial Aid
8-9 Residential Life
10-13 Academic Advising
14 UNIV 100
15 Career Services
16 SAVES (Substance Abuse and Violence Education)
17 Police Department/Safety
18 Dean of Students
19 Technology
20 Notes
QUESTIONS/CONCERNS
Make sure you get all questions answered before you leave.

TAKE CARE OF BUSINESS
Financial Aid appointments available at Heth Hall.

EXPLORE CAMPUS
Check out the Radford University campus and surrounding area.

PICK ME UP
Grab a coffee or snack at Starbucks, located in “The Bonnie”.

STOP BY
Visit the University Barnes & Noble Bookstore and get official Radford University gear!
**IMPORTANT DATES**

**MONDAY, AUGUST 1:** Bills will be sent out electronically.

**FRIDAY, AUGUST 5:** AlcoholEDU email goes out to students’ Radford email.

**FRIDAY, AUGUST 5:** Housing Assignments go out by Radford email.

**WEDNESDAY, AUGUST 17:** Tuition and Fees due.

**THURSDAY-FRIDAY, AUGUST 25-26:** Residence Halls open.

**SUNDAY, AUGUST 28:** New Student Convocation

**MONDAY, AUGUST 29:** First Day of Classes.

**FRIDAY-SUNDAY, OCTOBER 14-16:** Family Weekend.

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**NEXT STEPS AFTER QUEST**

- Check RU Email frequently. It is the official way the University corresponds with you.
- Pay Tuition by Wednesday, August 17th.
- Submit Final Transcripts.
- Complete and submit Health Record.
- Order Textbooks.
- Complete AlcoholEDU (will come by Radford email first week of August).
- Sign up for RU Alert.
- Download RU Mobile app.

**IF APPLICABLE**

- Check Housing Room Assignments via email.
- Prepare for Move-In Day (pay close attention to email).
- Complete Financial Aid paperwork.
- Purchase Radford Parking Pass.
- Register with Disability Resource Center.
UNIVERSITY SERVICES

T-Shops: The Terrace Shops are located in Dalton Hall on the second floor. The T-Shops offer numerous dining options: Au Bon Pain, Wendy’s, and Papa John’s. The shops also feature Dalton-to-Go, which is a to-go version of what is being served in Dalton Kitchen.

RU Express: Money can be added to a student’s RU Express account. Students then swipe their ID card to pay for items across campus and at some off-campus locations. Please see the RU Express & ID Cards section below for more information.

The Bonnie: The Hurlburt Student Center. The Bonnie features numerous dining options, a game room for bowling and billiards, and an auditorium that offers weekly movie screenings.

Flex Plan: One of the meal plan options. Please see the Dining Services & Meal Plan Options section for more information about the Flex Plan.

OUR SERVICES

University Services deals with all of students’ non-academic needs. These services include Parking and Transportation, Radford University Bookstore, RU Express and ID cards, Dining Services, and meal plan options.

Students will receive three batches of emails over the summer regarding important information from these offices. The first email will come in the beginning of July, the second in mid-July, and the final email about two weeks prior to the start of fall classes. These emails will contain reminders of tasks that should be handled prior to the start of classes.

RU EXPRESS & ID CARDS

One of the first things students do at Quest is have their ID cards made. This card grants entry to students’ residence halls, allows for free rides on the transit bus, admits students into the fitness center, and is the way students access their meal plan. The RU ID card is the official identification as a Radford University student, acts as a library card, and allows admittance to campus, athletic events and the computer lab.

Another important use for the ID card is the ability to utilize RU Express. RU Express is essentially a debit account facilitated through the ID card. Money can be added to the account and each time it is used, the amount spent is debited. Unlike the meal plans, the money in RU Express does roll over from semester to semester. RU Express is accepted all over campus; it can also be used at various off-campus locations. For a list of local merchants who accept RU Express, visit our website at www.radford.edu/ru-express.

PARKING & TRANSPORTATION

Any student with a car on campus must purchase a parking permit online. The permit must be displayed on the rearview mirror by Wednesday of the first week of classes. It is the responsibility of the student to review parking regulations on the Parking and Transportation website and park their car in the designated areas. Students living on campus can park in lots BF, CC, DC, and Z. Parking regulations are strictly enforced Monday through Friday from 7 a.m. to 6 p.m. in all lots. Students should also be aware that there are two kinds of parking here: campus parking and street parking. In order to learn more about city parking regulations and how to obtain a city parking permit, please visit www.radfordva.gov/260/Parking-Enforcement.

Radford University, in cooperation with Radford City, offers a transit bus system in order to provide safe, reliable, and convenient transportation for students. Radford University students are entitled to an unlimited amount of free rides on the Radford Transit with their RU ID card. The transit has routes across campus, as well as to the city of Radford and the towns of Christiansburg and Blacksburg. There is also a real-time bus prediction service that students can use to track the status of their bus route. This service, called NextBus, can be accessed via the website or the RU Mobile app. For further route information and schedules, simply visit www.radford.edu/parking.
Hey, Highlanders! As a junior, I’ve had some time to get acclimated enough to offer you my words of wisdom. For one, Muse dinner is delicious. But, try to limit how often you eat there. Otherwise, you will run out of money pretty quickly! If it’s getting near the end of the semester and you still have some extra money left on your meal plan, it makes for a great spot to treat yourself and your friends.

It’s a must to represent your school spirit! At the Barnes & Noble bookstore, you can stock up on your Radford swag with apparel, blankets, water bottles, and more. I also highly recommend hanging onto your RU ID so that you don’t have to replace it three times like I did! Keeping it with something that you know you’re always going to have on you, like your phone or room key, is a good idea. It’s super convenient being able to use RU Express around campus and off campus. I don’t always keep cash or my debit card on me, so it’s nice to know that I always have a form of payment with me. Basically, it’s like a debit card and a key all in one!

If you have your car with you, be sure to read the parking regulations and always display your parking permit! You should definitely familiarize yourself with the times you’re allowed to park in certain lots so that you don’t get a ticket. If you didn’t bring your car with you, the Radford Transit is a great way to get around. Even if you did bring your car, the Radford Transit is still a great—and free—option. I’ve taken it to Christiansburg before and all around Radford. It goes to Blacksburg, too. With so many awesome resources, you’re all set for success here at Radford!
OPTIONS TO PAY

• Electronically – Go to: MyRU, click Finances icon.
  Select option:
  ○ E-Check
  ○ Credit Card (VISA, Mastercard, American Express and Discover) (2.7% additional fee)
  ○ Tuition Payment Plan (Click Set-Up Payment Plan)

• Pay in-person by check or cash at the Cashier window in Heth Hall, second floor. Office hours are Monday-Friday, 8 a.m. - 4:30 p.m.

• Pay by mail with check made payable to Radford University to address above. Please include the Student ID number on check.

STUDENT ACCOUNTS

Phone: (540) 831-5417 • Email: stuacct@radford.edu
Student Accounts/Cashier’s, P.O. Box 6922, Radford, VA 24142

Student ID 90000000
Student Name: John Doe
Due Date: August 17, 2016
Amount Due: $6,699.50

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Pays for Quest and all New Student Support Services
95% of Students select Flex Meal Plan
Muse Hall will be $2270.00

E-Bills (Sample above) are sent electronically no later than August 1st. Bills are due no later than Wednesday, August 17th.

OPTIONS TO PAY

Don’t Forget >

Payment for Fall Semester 2016 deadline is Wednesday, August 17th.

FERPA
(Family Educational Rights and Privacy Act). A waiver form, available at Quest and the Registrar’s office, must be signed by the student to allow the university to talk with your parent/guardian about your account and academic information.

Expecting a Refund from Financial Aid?
Receive refunds faster by completing the Direct Deposit Form in the Student Accounts Office to receive any overpayments on your account by electronic transfer instead of paper check. This form must be completed prior to the refund being processed.

Authorized Payer
You can register your parent/guardian as an “authorized payer” on your account.
My RU > Finance > Make a payment
This will take you to the site to set up the authorized payer. All authorized payers will receive all notifications of e-bills and will have access to view the student account online.
Financial Aid is an important part of a student’s and/or family’s decision on how to pay for a college education. Every situation is unique; in most cases, it is best to speak directly to a Financial Aid counselor to have your questions answered. They can help you create a plan to take care of the financial obligations of attending Radford University.

Here are some general steps to take if you have applied (or are planning to) for Financial Aid:

1. Complete the Free Application for Federal Student Aid (FAFSA) at www.fafsa.ed.gov. The Radford school code is 0003732.
2. Once FAFSA is finalized and requested documents verified, you will receive an email of awards you are eligible to receive.
3. Go to the MyRU portal – Finances. Go to Financial Aid Award. You must accept or decline the awards offered.
4. If you do not want to complete the FAFSA, decline the award offered, or need additional funding sources, parent and private educational loans are available. Go to the Financial Aid website for more information.
5. Accepted Financial Aid will be deducted from your billing statement.
6. An Award Notification will be sent after you successfully apply for Financial Aid. Follow the steps as outlined in the award email.
7. Financial Aid comes in three forms:
   1) Grants and Scholarships – do not require repayment
   2) Loans – do not need to be repaid until a time a student is no longer enrolled at least half-time.
   3) Private Educational Loans – secured directly from the lending institution.
8. Most questions can be answered by reading the “Award Memorandum” found on the Financial Aid website.

Investing in a college degree is a costly endeavor but has a long-lasting impact on your job satisfaction and financial future. Financial Aid stands ready to help you in any way we can. Please visit the office, call, or e-mail your questions. Remember students, a Financial Aid award is YOUR LOAN, YOUR DEBT, AND YOUR DEGREE!
Housing Assignments

If you wish to request a roommate, the deadline to do so is Friday, July 1st. Requests after July 1st can’t be guaranteed, but Residential Life will do its best to honor the request. You will receive an email to your Radford University email account the first week in August that will provide your housing assignment, roommate information, and move-in plan. Please pay attention to communications directly from Residential Life as this is important information.

Remember that coming to college is a transition for everyone, so make sure to give your roommate a fair chance. Work to coordinate with your roommate prior to move-in so you don’t bring duplicate items that are okay to share. There will not be any roommate changes for the first two weeks of school.

Move-in will take place on Thursday, August 25th or Friday, August 26th, 2016 depending on which residence hall you are living in. Keep an eye on your Radford University email account for additional information. Emails will be sent in late July.

Save the date >

SPEAKIN’ OUR LANGUAGE >

RA: Resident Assistant (oversees one floor), current Radford Student Leader and your go-to resource on your hall
RD: Resident Director (oversees the building) and supervises the Resident Assistants living in the building.
AD: Area Director (oversees a quad) professional staff member and supervises the Resident Director.
Quad: Grouping of 3 or 4 residence halls
BUNK AND LOFT KITS

All beds are bunkable. If you wish to bunk, all you need to do is stack the beds; they have built in pegs to lock into place. If you want to loft your bed so the space under it is empty, you need to reserve a loft kit because kits are limited. For more information or to see a lofted bed compared to a non-lofted bed, please visit the information fair located in Peters Hall at the end of the program.

WHAT TO BRING

NECESSITIES:
- Be sure to pick up twin extra-long sheets for your bed!
- Bring accessories such as throw pillows, blankets, rugs, and photos to add comfort and personality to your room.
- Don’t forget bath towels, a shower curtain, and other bathroom essentials.

LUXURIES:
- Add color to your walls with items like posters, but only 10 percent of each wall can be covered. And you can’t use nails!
- Bring something of sentimental value that reminds you of home, such as photos or a favorite poster.
- A mini fridge or microwave can come in handy; check the website to be sure your particular hall allows such items.

MUSE:
At 13 stories tall, Muse Hall is home to the majority of new, first-time students. It houses around 950 students! However, it doesn’t have air conditioning, so you may want to pack a fan if you’ll be living in this residence hall. The term triples refers to when three students are placed in a room rather than two. Those with later deposits are more likely to be tripled. Don’t worry, though; it’s not permanent. The Residential Life staff will work to move you out of a triple as soon as possible.

RESIDENCE HALL AMENITIES

- All rooms feature cable television and wired/wireless internet.
- Each residence hall has at least one kitchen (kitchen supplies not provided).
- Rooms have two beds, two desks, two chairs, a dresser, and blinds.
- Each hall has a laundry room with washers and dryers. It costs $1.25 per wash and $1.50 to dry (you can use RU Express).
- All residence halls are smoke free.

MOVE-IN REMINDERS

- Check the Residential Life website and your Radford email for important information regarding move-in details such as parking, key pick-up, and traffic patterns.
- It can be a very exciting yet stressful day, so remember to be patient!

KIMMY STAFFORD  |  Junior, Nursing major  |  2nd year as an RA

Welcome to the Radford family! If I could give you any advice for living on campus your first year, it would be that the experience is what you make it. So, make the absolute most of it! Everyone is looking to make friends. Regardless of which residence hall you live in, leave your door open so you can meet people in your hall. This is the time to get involved and to find who you want to be at Radford.

If you’re in Muse, you’ve got it made! In a building filled mostly with freshmen, there’s around 900 other students in the same boat as you trying to make friends. Upper classmen aren’t quite as inclined to leave their doors open because they already have friends, so take advantage of it now. Plus, you don’t even have to leave since Muse has a gym and dining hall!

When it comes to roommates, remember that communication is the number one key to having a successful experience. Spend time with your roommate, but make a point to meet other friends, too. Be sure to venture outside of your room to give each other some privacy now and then. It’s easy to get frustrated with someone when you are around them constantly, so don’t let it build up if you and your roommate are having problems. Go get your RA for help; that’s what we’re here for!
A FEW TERMS EVERY NEW STUDENT SHOULD KNOW

YOUR RIGHTS:

Family Educational Rights and Privacy Act (FERPA)

FERPA is a federal law stipulating that institutions of higher education must not release information about a student (except information already available in the campus directory) to third parties—including parents—without first obtaining the written consent of the student. While Radford University encourages and expects students to keep parents or guardians apprised of their progress, we urge students to consider signing the FERPA release form so that families have an alternate way of obtaining information. Students may sign the “Student Information Release Authorization” form during Quest at the New Student Programs table at information fair or at the Registrar’s Office, Heth 105.
YOUR CLASSES:

Schedule Adjustment (aka “Drop/Add”)

During the first week of the semester (and not prior to or following the first week of the semester), students may add and drop classes for which they registered during Quest without penalty or grades. The ability to add classes is, of course, subject to their availability. New students must visit their advising centers to adjust their schedules. Transfer students can adjust their schedules on their own.

Withdrawals

Students who officially withdraw from courses receive grades of W. Students may withdraw from a total of five courses during their careers at Radford University; withdrawing from a course is an excellent strategy to discuss with your advisor if the alternative is a poor grade. Each withdrawal must be approved by an academic advisor, and the form must be received in the Registrar’s Office by 5 p.m. on the Friday of the 10th week.

Although students who withdraw from all courses, and thus from Radford University, receive Ws in all courses, withdrawal from all courses does not count against the five-course limit. Students who withdraw prior to the census date (the eleventh class day of fall or spring semester) are not charged tuition and fees up until the 28th day; for Fall and Spring semesters only, those who withdraw from RU after the census date are charged prorated tuition and fees. The deadline for University withdrawals is the end of the 12th week. After that time, students who withdraw receive Fs in all classes.

YOUR GRADES:

Midterm Grades

All new students receive midterm grades for each course during their first two semesters of enrollment. Midterms are posted to MYRU account selecting academic icon following approximately eight weeks of the semester. Midterms are unofficial and will not appear on transcripts, but midterms typically are excellent predictors of final course grades.

Grade Point Average (GPA)

Radford University grade point averages are calculated on a 4.00 scale. Each course grade is assigned a certain number of grade points (A = 4; A- = 3.7; B+ = 3.3, etc.). A student’s GPA is calculated by multiplying the semester hours for each course by the grade points assigned to the grade for that course, adding the products, and dividing the total by the number of semester hours attempted.

Dean’s List

Students who earn at least a 3.40 GPA in at least 12 hours of courses, graded A through F, who earned no grades below a C, and who received no incomplete grades receive Dean’s List recognition at the end of the semester. Five hundred first-year students were on Dean’s list Fall 2015!

Suspension and Probation

Radford University expects students to demonstrate an appropriate level of academic achievement during each semester, including the first. Students who do not earn a GPA of at least 1.00—a D average—for the first semester will be suspended from the University for the following semester. No exceptions are made to this policy. The cumulative GPA required to avoid suspension increases with each subsequent semester. New students whose GPAs are between 1.00 and 1.99 will be placed on academic probation.

YOUR RESPONSIBILITY:

University Catalog

The Undergraduate Catalog, which is posted online at catalog.radford.edu, is the official description of policies students must follow and requirements they must satisfy in order to graduate; it represents a contract between the University and its students. It includes additional detail about each of the terms described above, as well as a wealth of other valuable information.
ACADEMIC ADVISING

National research has found that academic advising greatly impacts student success and retention, and Radford University students have consistently identified advising as one of the most important dimensions of campus life. For these reasons, the institution takes its responsibility to offer high quality advising very seriously.

Advising at Radford University is practiced in an environment characterized by mutual respect, ethical behavior, and personal and professional integrity. Academic advising is a shared process in which both advisor and student have important roles and responsibilities. Among the student’s responsibilities are arriving prepared for advising appointments, following the University’s academic policies and procedures, and meeting all degree requirements.

You will meet members of the RU professional advising staff during Quest, where you will also interact with a carefully trained Quest Faculty Advisor. They will work with your Quest Assistant to help you with course selection and registration for your first semester.

The name of the advisor who will be formally assigned to you will be posted on your DegreeAudit page soon after the semester begins. While all students eventually will receive a faculty advisor, in some majors, new students will work at the outset with an advisor in their college (or in the pre-major) advising center. Advising centers are staffed during regular business hours to offer assistance and answer questions.

You will be required to meet with your advisor at least once each semester to prepare to register for the next semester’s courses. However, you will want to meet with your advisor more frequently, because advising is about much more than just choosing courses. Rather, you will want to develop a partnership through which you will receive help in clarifying your educational and professional goals and developing the skills that will help you better understand yourself and your potential.

At the end of the summer of 2016, Radford University will be implementing the “Starfish” Enterprise Success Platform, which should greatly enhance the ability of advisors and students to communicate with one another.

Detailed information about academic advising at RU, including contact information for the seven advising centers, can be found on the Academic Advising website, www.radford.edu/advising.
10 KEYS* OPENING THE DOOR TO ACADEMIC SUCCESS

1. **Take UNIV 100.** In a welcoming, relaxed, and non-threatening environment, you will learn about numerous first-year survival skills that will ease your academic, personal, and social transition to higher education . . . including the importance of the other nine keys on this list!

2. **ATTEND EVERY CLASS . . . and listen carefully.** Just being there is not enough; you must be alert, attentive, and undistracted.

3. **Avoid procrastination.** The same effort that earned you A's and B's in high school will typically earn you C's and D's in college. Given the increased workload, you must not fall behind. A good rule of thumb is to do at least some work for each class every day.

4. **Lead a balanced life.** Stay physically fit and healthy, appropriately manage the inevitable highs and lows of college life, get involved in clubs and organizations outside the classroom, and make good decisions about the consumption of controlled substances.

5. **Get to know your faculty.** Find a mentor who will write good letters of recommendation for you and direct you to high impact learning practices like internships, undergraduate research, study abroad, and leadership positions. Including these activities will enrich your college experience, and having them on your résumé will help you stand out as you apply for jobs or graduate/professional school.

6. **ATTEND EVERY CLASS . . . and take good notes.** Develop a note-taking style that works for you. In most classes, a significant number of test questions will be from class lecture and discussion, not the textbook.

7. **Be aware of critical academic policies.** Take advantage of strategies sanctioned by academic policy to improve your GPA and move toward timely completion of your degree.

8. **Become a good advisee.** Your academic advisor will help you navigate your curriculum, but the final responsibility for completing all requirements is yours. Always arrive prepared for advising appointments.

9. **Seek help when you need it.** A failed exam is not the end of the world; neither is a broken relationship, feeling lost or homesick, not being able to immediately find your “fit,” or any of the dozens of other things that might impact academic success. Take advantage of the many wonderful people at Radford University who are eager to assist you.

10. **ATTEND EVERY CLASS . . . and participate.** Make sure your faculty know and admire you because you come prepared, you ask thoughtful questions, and you are fully engaged in the class.

*Beyond good, old-fashioned hard work.*
WHAT IS IT?
• A 1 credit hour, graded A-F course
• Helps new freshmen and transfer students experience a smooth transition to university life
• Aids students in developing the skills necessary to be successful both academically and personally
• Gets students involved by attending events
• Builds a community of learners

HOW IT’S TAUGHT
• FI: Faculty Instructor (Radford faculty/staff member)
• PI: Peer Instructor (current undergraduate student leader)
• The FI and PI collaborate to help students learn about the academic and social sides of the university
• They create a supportive, welcoming community and encourage students to build relationships with their peers and instructors
• Learning takes place both inside and outside of the classroom

COURSE TOPICS
UNIV 100 covers a wide range of topics including:

ACADEMICS
• Study skills
• Time management
• Academic advising/registration
• Interacting with faculty

STUDENT LIFE
• Getting involved
• Health/wellness
• Radford history
• Money management
• Living with roommates
• Safety

KAITLYN JULIEN | Senior, Communications major | 3rd year as a UNIV 100 Peer Instructor

UNIV 100 helped me learn so many essential skills needed to be successful in college, and beyond. Prioritizing tasks and studying for classes looks very different in college than in high school, so learning how to manage my time was very beneficial. My instructors helped me learn my way around campus and taught me about the history of Radford University. Through taking UNIV 100, I really felt like I was becoming a part of the Highlander family.
CAREER DEVELOPMENT

The Career Center helps students translate their interests and skills into careers.

A common career assessment tool used is the Focus2, which can be especially helpful for pre-major students. However, it can be beneficial for any student looking for the right career and major. If you’d like to take the Focus2, simply go to the Career Services website and click the Focus2 icon! The access code is “highlanders.” Career advisors are available to meet with you in-person or online to review your Focus2 assessment.

The Career Center also helps students craft resumes, practice interview skills, and search for employment, internships, or graduate school opportunities. Campus jobs, including work-study positions, are posted in Hire-A-Highlander.

The Career Center can assist you in finding jobs and internships. They do not have the capacity to place you at any site.

N’TAEZHA DAVIS | Sophomore, Sports Administration major

I took the Focus2 because I started to consider changing my major. I had gone to my academic advisor and had a conversation with her about how I really wasn’t all that into the program I was doing. She recommended that I take the Focus2 and referred me to the Career Center. I thought I knew what I wanted to switch to, but I wasn’t quite sure if it was a good choice for me or not.

Taking the Focus2 put me right on track. It assesses your personality traits and personal values, compiles them together, and gives you a list of career choices that would be suitable for you. It displayed a lot of career choices I had never thought of before but that matched my personality. I sat down with one of the Career Center advisors to talk about the results, which was really helpful. The major I had wanted to switch to was actually on the list of careers provided by the Focus2! It was really reaffirming to see that what I wanted to do was a good fit for me. So, I switched my major and now I’m loving what I do.
SPEAKIN’ OUR LANGUAGE >

**SaVE ACT:** A federal mandate that requires all colleges and universities to address sexual violence. Institutions of higher education must provide educational programming to all incoming students on the prevention of domestic violence, dating violence, sexual assault, and stalking.

**EverFi:** An online, educational company that develops learning modules which address many areas, such as sexual assault, substance abuse, diversity, wellness, financial education, and mental health. Radford University uses two EverFi modules called AlcoholEDU and Haven. EverFi has customized its content to the policies at Radford University. More information about Haven and AlcoholEDU can be found on the SAVES website listed above. Students must complete both modules prior to the first day of classes. Detailed instructions will be emailed out by the SAVES office beginning the first week of August.

OUR MISSION

Radford University’s Substance Abuse & Violence Education Support office (SAVES) is dedicated to reducing substance abuse and/or violence through campuswide initiatives that address these issues and promote student success. The SAVES office offers confidential advocacy and counseling services, meaning the information cannot be shared. Students can walk in or make an appointment by contacting the office by phone or email.

**AlcoholEDU TOPICS INCLUDE:**
- How media, family, and social expectations shape ideas and behaviors
- Body/Health factors, including blood alcohol concentration (BAC)
- Potential risks associated with problem drinking, such as violence and drinking and driving
- Impacts of alcohol on academic performance, resources, BAC calculator, and reference guides

**HAVEN TOPICS INCLUDE:**
- Six modules of content including sexual violence, attitude, and sexual assault
- Interactive learning exercises
- Assessments of sexual assault-related knowledge, attitudes, and behaviors

REMINDER > Both AlcoholEDU and Haven must be completed prior to the start of classes. Remember to check your Radford University email beginning the first week of August.
OUR PURPOSE

The Radford University Police Department provides a safe environment for all students, faculty, staff, and visitors. They are advocates for students and a valuable resource you should utilize. The RUPD urges students to make responsible choices, be proactive bystanders, and take care of one another.

OUR SERVICES

The main goal of the RUPD is to provide students with a safe and healthy environment, and our wonderful officers do just that! RUPD responds to emergency and non-emergency calls. Our Mental Health Crisis Response Officers work with Residential Life to do well-being checks on students when concerns arise.

Radford University police officers deliver presentations on topics such as alcohol awareness and sexual assault to University 100 courses, student clubs and organizations, Greek Life, and Athletics. If a student ever feels uncomfortable walking on campus, officers can also act as a safety escort. This service is available 24/7 — students simply call using a Blue Light phone to connect with our police dispatch and an officer will arrive shortly.

Additionally, Radford University has what's known as the Adopt-A-Hall program. Each residence hall is “adopted” by an officer to provide students with a familiar RUPD face.

REMEMBER

If you see something, say something. Anyone can report anonymous tips on the RUPD webpage or via the LiveSafe App. The LiveSafe App is a great resource that allows students to take charge of their own safety and look out for those around them. The app provides the capability to submit reports for suspicious or violent activities, access emergency information, and summon emergency help quickly by using your location data. The SafeWalk feature allows you to invite others to “virtually escort” and monitor your location on a real-time map. Download this app from the Play and App Store by searching for LiveSafe.
THE 3 A’s: AWARENESS, ADVOCACY, ACCOUNTABILITY

The Dean of Students Office tagline is: Awareness. Advocacy. Accountability.

**Awareness** - to provide information and education to students and their family members from pre-matriculation through graduation.

**Advocacy** - to support our students in developing their self-advocacy skills, and to advocate for our students.

**Accountability** - personal accountability is an essential component of the growth and development of Radford University students in preparing them to achieve their life goals.

The DOS serves as an advocate for students; connecting them to resources, helping navigate processes and resolve conflicts, assisting with absence notifications and facilitating the medical withdrawal process. For a more detailed list of what the Dean of Students Office can do for you, please visit the DOS website listed above. Ultimately, we want to see students be successful and help them achieve success.

STUDENT CENTERED

We can’t stress this enough - if you ever have questions, concerns or just want to chat, feel free to contact the Dean of Students Office; they have an open-door policy with any and all students. You can call or email, but don’t be afraid to just drop by!

The Dean of Students Office also offers numerous leadership positions for students. You can join the Student Government Association or connect with a committee to help effect positive change on campus.

OUR MISSION

The Office of the Dean of Students responds to the informational and personal concerns of students and oversees the protection of student rights. The office plays a major role in promoting and upholding the shared values and ideals of the Radford University community.

KEVON DUPREE | Junior, Journalism major | 3rd Year as a DOS Student Assistant

Hey, Highlanders! As you may be aware, the Dean of Students office often has a negative connotation associated with it. In many instances, students refer to it as the “principal’s office.” However, this is not the case whatsoever. The Dean of Students, and his wonderful staff are here specifically for you.

The three primary concerns of the Dean of Students office are awareness, advocacy, and accountability. The Dean of Students has an “open-door policy,” so whenever you need to talk about academic, social, or personal matters, please feel free to stop by the office.
Radford University provides a wide variety of state-of-the-art technology to make student life easier and more productive. Before you come to campus, complete the checklist below to make sure you can take full advantage of the tools and technologies at your disposal.

**PREPARING YOUR SMARTPHONE OR TABLET**

- **SET UP EMAIL ON YOUR SMARTPHONE**
  Radford University email can be easily configured on your smartphone or other mobile device. You can receive your Radford.edu email in addition to email from your other personal email addresses. For detailed instructions, visit www.radford.edu/smartphone.

- **INSTALL RUMOBILE ON YOUR MOBILE DEVICES**
  RUmobile offers easy access to everything to campus maps, bus routes, class schedules, dining menus and more! Visit www.radford.edu/rumobile to download it for your Apple or Android device.

- **INSTALL LIVESAFE ON YOUR SMARTPHONE**
  Install LiveSafe on your smartphone. The mobile safety app designed to empower students to take charge of their safety and to look out for those around them. Visit Google Play or the App Store and search for LiveSafe.

- **INSTALL UPDATES ON ALL YOUR DEVICES**
  Using the update tool, update the operating system on all your devices.

**PREPARING YOUR COMPUTER**

- **DOWNLOAD MICROSOFT OFFICE - FOR FREE!**
  Radford University provides the Microsoft Office suite at no charge for Windows and Macintosh, as well as for tablets. For more information, visit www.radford.edu/office.

- **INSTALL OS UPDATES**
  Use the update tool to update your operating system. If your computer is running an operating system earlier than Windows 10 or OS X 10.9, consider upgrading.

- **ENABLE AUTOMATIC UPDATES**

- **INSTALL ANTI-VIRUS SOFTWARE**
  Windows users should be sure they have the free Windows Defender anti-virus software that comes with Windows enabled or another anti-virus software package installed.

- **BRING A PRINTER CABLE IF YOU BRING A PRINTER**
  We encourage wired printers that connect directly to a computer to minimize other users in the building being able to print to your printer.

**PREPARING YOUR TELEVISION**

- **BRING A COAX CABLE TO CONNECT YOUR TV TO THE WALL OUTLET IN YOUR ROOM**

- **MAKE SURE YOU HAVE A QAM TUNER**

*The College of Education and Human Development, the College of Business and Economics, and the Department of Design have certain laptop requirements. Students in these disciplines should check with their department advisor regarding specific computer recommendations.*
MY QUEST ASSISTANT IS ________________________________

MY QUEST FACULTY ADVISOR IS ________________________________

MY COLLEGE ADVISING CENTER IS LOCATED ________________________________

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TO CONTACT MY ADVISING CENTER I SHOULD ________________________________

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I CAN CONTACT MY QUEST ASSISTANT BY ________________________________

NOTES:

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