

Department of Exercise, Sport, and Health Education

Nutrition and Dietetics



The curriculum in Nutrition and Dietetics is interdisciplinary in nature and includes courses that provide a broad background to prepare students for employment in a wide variety of settings. Radford University's program is accredited by the American Dietetic Association's Commission on Accreditation for Dietetics Education. Upon completion of the B. S. Degree, students are eligible to apply to an accredited dietetic internship and subsequently sit for the national registration exam, the final step in the credentialing process to become a Registered Dietitian (RD).

Registered Dietitians are employed in hospitals, wellness centers, health departments, private practices, health related agencies and consulting positions with pharmaceutical and food companies.

The strength of the Radford University Dietetic Program is that the curriculum is focused on preparing students for careers in wellness, disease prevention and nutrition therapy. Alternative career paths also include nutrition management, public health, and the food industry.

Nutrition and Dietetics (NUTR) majors are required to complete core curriculum requirements specified by the department, major requirements, related requirements, specific degree requirements and elective courses for a total of 120 credit hours for the bachelor of science degree.

Students are encouraged to join the Radford University Dietetic Association. This student organization promotes the profession of dietetics through leadership opportunities, community service, and professional development. The organization enhances camaraderie among the students at all levels.

In the past 5 years over 95% of students applying to Dietetic Internships have been placed. The Commission on Accreditation for Dietetics Education commended the program for strong commitment to students as evidenced by positive verbal feedback from students and graduates; motivated and goal oriented students; and exemplary commitment to community outreach.

According to the U. S. Department of Labor employment of dietitians is expected to grow faster than the average for all occupations through 2014 as a result of increasing emphasis on disease prevention through improved dietary habits. A growing and aging population will boost the demand for meals and nutritional counseling in hospitals, residential care facilities, schools, prisons, community health programs, and home health care agencies. Public interest in nutrition and increased emphasis on health education and prudent lifestyles also will spur demand, especially in management. In addition to employment growth, job openings will result from the need to replace experienced workers who leave the occupation.

For more information contact:

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RU Admissions Office:

<http://admissions.asp.radford.edu/default.aspx>



Nutrition and Dietetics Program 4 Year Plan

*Must be taken in designated semester. Courses in **Bold** are required in Core Curriculum.

Fall Semester		Spring Semester	
Freshman Year	Cr.	Freshman Year	Cr.
*University Core A: Core 101	3	*University Core A: Core 102	3
University Core B: CHEM 101 General Chemistry	4	CHEM 103 General Chemistry	4
College Core A: Global Perspectives	3	University Core B: Psychology 121	3
* NUTR 100 Introduction to Professions in Nutrition and Dietetics	2	College Core A: US Perspectives	3
College Core B: NUTR 214 Introduction to Nutrition	3	University Core B: Visual/Performing Arts	3
	Total 15		Total 16
Sophomore Year	Cr.	Sophomore Year	Cr.
*University Core A: Core 201	3	*University Core A: Core 202	3
* NUTR 204 Food Science and Preparation	4	BIOL 322 Anatomy and Physiology	6
BIOL 105 Biology for Health Science	4	* NUTR 219 Food Service Studies II: Operations Management	4
* NUTR 218 Food Service Studies I: Introduction to Food Service Systems	3	University Core B: MATH 137 College Algebra	3
	Total 14		Total 16
Junior Year	Cr.	Junior Year	Cr.
College Core B: STAT 200 Intro to Statistics	3	* NUTR 300 Medical Terminology	1
University Core B: Humanities	3	* NUTR 304 Research Methods in Nutrition and Dietetics	3
* NUTR 303 Nutrition Assessment	4	* NUTR 317 Nutrition through the Life Cycle II: Adult and Elderly	3
* NUTR 314 Community and Cultural Nutrition	3	BIOL 334 Microbiology	4
* NUTR 316 Nutrition through the Life Cycle I. Maternal and Child	3	College Core B: Humanities, Visual & Performing Arts or Foreign Languages	3
	Total 16		Total 14
Senior Year	Cr.	Senior Year	Cr.
* NUTR 414 Advanced Nutrition and Biochemistry	4	* NUTR 420 Diet Planning and Preparation	4
* NUTR 425 Medical Nutrition Therapy I	4	* NUTR 415 Advanced Nutrition and Biochemistry II	4
* NUTR 435 Nutrition Counseling and Education I	3	* NUTR 426 Medical Nutrition Therapy II	4
Elective	3	* NUTR 436 Nutrition Counseling and Education II	3
	Total 14		Total 15