

Department of Exercise, Sport, and Health Education Health and Physical Education (Teaching)



The Physical and Health Education concentration in the Department of Exercise, Sport, and Health Education is designed for students interested in teaching Physical Education and Health Education to young people in grades PreK-12. Students in this concentration enter the Teacher Education Program and complete program requirements leading to a teaching licensure in the Commonwealth of Virginia.

Graduates of this program obtain positions as licensed teachers in public school physical and health education programs. Some students seek positions in private schools or community based physical activity programs. The teaching license is often supplemented with positions of athletic coaching, driver education, and/or intramural directors.

While not expected to be superior performers in all sports, students are expected to develop considerable physical performance skills and teaching abilities in several physical activity and health areas. All teachers should enjoy working with children.

The combined curriculum of physical education and health education prepares students for PreK-12 teaching positions. Students are also required to complete 9 hours of electives that strengthens employment potential in public schools such as coaching, driver education (endorsement), or technology. Some students might consider a minor in another academic area (e.g. biology, English, math, special education).

Students are also encouraged to take part in the Physical Exercise and Activity Kamp (PEAK) which is offered to the community at a small cost for children aged 5-10 to participate in physical activity on the weekends conducted by our Health and Physical Education students.

The minimum grade point average of 2.5 on all college work and in the major is required for admission to the teacher education program. Other requirements include combined coursework in physical education and health, departmental screenings and passing scores on the Teacher Licensure Exams: Praxis I – Reading, Writing, Math, the Virginia Communication and Literacy Assessment (VCLA) and Praxis II –content area specific. Students are required to successfully complete one semester of student teaching in the public schools. Students are placed in both an elementary and secondary positions while student teaching.

Information for licensure exams can be found at the following website (www.ets.org). Students are encouraged to visit the Learning Assistance and Resource Center (LARC) for Praxis I tutoring to enhance a successful completion of the exam.

Students who are also interested in learning more information about adding the Driver Education endorsement can visit the following website: <http://eshe-web.asp.radford.edu/>

For more information contact:

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