

Patrick D. Cupp Memorial Stadium Track and Field Records (Top 5)
Updated 4/3/04

Women 100 Meter Dash		
Name	School	Finals (Date)
1 Octavia Goode	Winthrop	11.76 (4/5/03)
2 Audrika Goodson	Charleston Southern	12.01 (4/5/03)
3 Octavia Goode	Winthrop	12.05 (4/19/03 BSC)
4 Octavia Goode	Winthrop	12.09 (4/19/03 BSC)
5 Jonisha Saunders	Liberty	12.12 (4/19/03 BSC)
Women 200 Meter Dash		
1 Octavia Goode	Winthrop	24.35 (4/19/03 BSC)
2 Kia Westbrook	High Point	25.12 (4/19/03 BSC)
3 Courtney Harring	Dayton	25.19 (4/6/02)
4 Latesha Coulter	Radford	25.44 (4/5/03)
5 Natasha Tyler	Radford	25.51 (4/19/03 BSC)
Women 400 Meter Dash		
1 Kia Westbrook	High Point	55.60 (4/19/03 BSC)
2 Denise Morgan	High Point	56.34 (4/19/03 BSC)
3 Marie Giles	Unattached	57.07 (4/3/04)
4 Anishka Strachan	Liberty	57.25 (4/19/03 BSC)
5 Tanya Harris	UNC Asheville	57.78 (4/19/03 BSC)
Women 800 Meter Run		
1 Stephanie Vangsnes	Winthrop	2:13.65 (4/19/03 BSC)
2 Ruthie Cook	Detroit	2:15.85 (4/6/02)
3 Chelsey Swanson	Liberty	2:17.17 (4/19/03 BSC)
4 Amy Gediman	Radford	2:18.74 (4/5/03)
5 Loring Watkins	UNC Asheville	2:19.04 (4/19/03 BSC)
Women 1500 Meter Run		
1 Anne Marie Moutsinga	Coastal Carolina	4:31.47 (4/19/03 BSC)
2 Stephanie Vangsnes	Winthrop	4:33.38 (4/19/03 BSC)
3 Stephanie Vangsnes	Winthrop	4:37.32 (4/5/03)
4 Loring Watkins	UNC Asheville	4:37.63 (4/19/03 BSC)
5 Kim Nemergut	Coastal Carolina	4:40.08 (4/19/03 BSC)
Women 3000 Meter Run		
1 Stephanie Vangsnes	Winthrop	10:22.77 (4/5/03)
2 Jessica Clayson	Detroit	10:46.91 (4/5/03)
3 Carrie Selmer	Winthrop	11:27.88 (4/5/03)
4 Hiede Harrison	Radford	11:34.13 (4/6/02)
5 Tricia Benson	Radford	11:40.60 (4/5/03)
Women 5000 Meter Run		
1 Anne Marie Moutsinga	Coastal Carolina	17:46.23 (4/19/03 BSC)
2 Micki Logue	UNC Asheville	18:01.22 (4/19/03 BSC)
3 Megan McLaughlin	Radford	18:01.55 (4/6/02)
4 Kara Koppell	Coastal Carolina	18:12.54 (4/19/03 BSC)
5 Meadow Tarvis	UNC Asheville	18:17.61 (4/19/03 BSC)
Women 10,000 Meter Run		
1 Robyn Ritter	Coastal Carolina	38:20.15 (4/19/03 BSC)
2 Lindsey Kozlowski	Coastal Carolina	38:20.59 (4/19/03 BSC)
3 Jenny Holland	Winthrop	38:22.81 (4/19/03 BSC)
4 Macy Little	UNC Asheville	38:41.01 (4/19/03 BSC)
5 Lindsay MacPherson	Charleston Southern	39:47.39 (4/19/03 BSC)
Women 100 Meter Hurdles		
1 Maurika Quarles	Radford	14.49 (4/4/04)
2 Danielle McNaney	Liberty	14.55 (4/19/03 BSC)
3 Maurika Quarles	Radford	14.75 (4/6/02)
4 Marian Williams	Charleston Southern	14.86 (4/3/04)
5 Tomeika Banks	Winthrop	15.01 (4/19/03 BSC)
Women 400 Meter Hurdles		
1 Danielle McNaney	Liberty	1:01.67 (4/19/03 BSC)
2 Maruika Quarles	Radford	1:01.83 (4/3/04)
3 Dawnita Moore	Winthrop	1:02.29 (4/19/03 BSC)

4	Ebony Brown	Coastal Carolina	1:03.03 (4/19/03 BSC)
5	Diana Manee	UNC Asheville	1:04.54 (4/19/03 BSC)
Women 3000 Meter Steeplechase			
1	Lindsey Kozlowski	Coastal Carolina	11:10.36 (4/18/03 BSC)
2	Carrie Selmer	Winthrop	11:18.30 (4/18/03 BSC)
3	Jennifer Gratton	Charleston Southern	11:31.87 (4/18/03 BSC)
4	Jessica Goeden	Coastal Carolina	11:55.15 (4/18/03 BSC)
5	Jessica Balance	Coastal Carolina	12:21.48 (4/18/03 BSC)
Women 4x100 Meter Relay			
1	Winthrop University 'A'		46.77 (4/19/03 BSC)
2	Liberty University 'A'		47.64 (4/19/03 BSC)
3	Winthrop University 'A'		47.82 (4/3/04)
4	Radford University 'A'		48.42 (4/19/03 BSC)
5	Radford University 'A'		48.47 (4/5/03)
Women 4x400 Meter Relay			
1	High Point University 'A'		3:52.88 (4/19/03 BSC)
2	Liberty University 'A'		3:53.70 (4/19/03 BSC)
3	Winthrop University 'A'		3:55.71 (4/19/03 BSC)
4	Radford University 'A'		3:56.72 (4/3/04)
5	Coastal Carolina 'A'		3:56.89 (4/19/03 BSC)
Women High Jump			
1	Latoya Noel	Radford	1.67m (4/6/02)
	Kena Butts	Liberty	1.67m (4/19/03 BSC)
3	Emily Paden	Detroit	1.65m (4/5/03)
	Latoya Noel	Radford	1.65m (4/5/03)
5	Emily Paden	Detroit	1.63m (4/6/02)
Women Pole Vault			
1	Aimee Riley	Liberty	3.34m (4/19/03 BSC)
2	Lisa Holsinger	Coastal Carolina	2.89m (4/19/03 BSC)
	Nicole Iovine	Liberty	2.89m (4/19/03 BSC)
	Jennifer Lewinski	Coastal Carolina	2.89m (4/19/03 BSC)
5	Tricia Coughlin	Radford	2.80m (4/3/04)
Women Long Jump			
1	Godson, Audrika	Charleston Southern	5.81m (4/5/03)
2	Danielle McNaney	Liberty	5.73m (4/18/03 BSC)
	Denise Morgan	High Point	5.73m (4/18/03 BSC)
4	Nicole Tucken	Winthrop	5.59m (4/5/03)
5	Jonisha Saunders	Liberty	5.54m (4/18/03 BSC)
Women Triple Jump			
1	Denise Morgan	High Point	11.79m (4/19/03 BSC)
2	Tomeika Banks	Winthrop	11.67m (4/19/03 BSC)
3	Jonisha Saunders	Liberty	11.66m (4/19/03 BSC)
4	Joanna Grandas	Detroit	11.47m (4/6/02)
5	Audrika Gadson	Charleston Southern	11.44m (4/19/03 BSC)
Women Shot Put			
1	Cierra Ayangibile	Virginia Tech	13.64m (4/3/04)
2	Jodi Borges	Dayton	13.55m (4/6/02)
3	Tiffany Evans	Radford	13.49m (4/3/04)
4	Amber Campbell	Coastal Carolina	13.53m (4/19/03 BSC)
5	Angela Machaj	Detroit	12.75m (4/5/03)
Women Discus Throw			
1	Mese Roberts	Detroit	45.80m (4/6/02)
2	Amber Campbell	Coastal Carolina	45.02m (4/19/03 BSC)
3	Jodi Borges	Dayton	41.45m (4/6/02)
4	Angela Machaj	Detroit	41.41m (4/6/02)
5	Angela Machaj	Detroit	41.29m (4/5/03)
Women Hammer Throw			
1	Amber Campbell	Coastal Carolina	61.61m (4/19/03 BSC)
2	Machaj, Angela	Detroit	46.91m (4/5/03)
3	Tiffany Evans	Radford	45.62 (4/3/04)
4	Lisa Holsinger	Coastal Carolina	44.83m (4/19/03 BSC)

5 Ashley Bauman	Detroit	43.27m (4/5/03)
Tricia Benson	Radford	43.27m (4/3/04)
Women Javelin Throw		
1 Amy McCarty	Charleston Southern	39.33m (4/19/03 BSC)
2 Rebekah Green	Liberty	38.71m (4/19/03 BSC)
3 Courtney Stevenson	Dayton	38.17m (4/6/02)
4 Meghan Young	Winthrop	36.90m (4/19/03 BSC)
5 Amber Campbell	Coastal Carolina	36.80m (4/19/03 BSC)
Women Heptathlon		
1 McNaney, Danielle	Liberty	4531 (4/18/03 BSC)
2 Lewandowski, Laura	UNC Asheville	4414 (4/18/03 BSC)
3 Carlson, DaNae	Liberty	4243 (4/18/03 BSC)
4 Gudger, Janeen	Charleston Southern	4217 (4/18/03 BSC)
5 Saponaro, Heather	Coastal Carolina	4086 (4/18/03 BSC)
Men 100 Meter Dash		
1 Nat Breland	Unattached	10.34 (4/5/03)
2 Joe Hall	Winthrop	10.42 (4/5/03)
3 Chris Ward	Charleston Southern	10.55 (4/5/03)
4 Joe Hall	Winthrop	10.66 (4/19/03 BSC)
5 Joe Hall	Winthrop	10.79 (4/19/03 BSC)
Men 200 Meter Dash		
1 Ward, Chris	Charleston Southern	21.27 (4/5/03)
2 Hall, Joe	Winthrop	21.38 (4/5/03)
3 Joe Hall	Winthrop	21.46 (4/19/03 BSC)
4 Chris Ward	Charleston Southern	21.48 (4/19/03 BSC)
5 Scott, Augustus	Charleston Southern	21.76 (4/5/03)
Men 400 Meter Dash		
1 Jacob Simatwa	Coastal Carolina	47.90 (4/19/03 BSC)
2 Andre McMillan	Radford	48.24 (4/19/03 BSC)
3 Jon DeBogory	Liberty	48.35 (4/19/03 BSC)
4 Jarrell Warthen	Unattached	48.57 (4/3/04)
5 Dewayne Smith	Concord College	48.69 (4/4/04)
Men 800 Meter Run		
1 Goran Nava	Radford	1:52.76 (4/19/03 BSC)
2 Alex Baikovs	High Point	1:54.31 (4/19/03 BSC)
3 Taylor Milne	High Point	1:54.60 (4/19/03 BSC)
4 Jacob Simatwa	Coastal Carolina	1:54.65 (4/19/03 BSC)
5 Chris Batista	Winthrop	1:55.23 (4/19/03 BSC)
Men 1500 Meter Run		
1 Goran Nava	Radford	3:52.03 (4/19/03 BSC)
2 Taylor Milne	High Point	3:56.39 (4/19/03 BSC)
3 Alex Baikovs	High Point	3:57.05 (4/19/03 BSC)
4 Jason Brown	Liberty	3:57.62 (4/19/03 BSC)
5 Nelson Oliveria	Coastal Carolina	3:58.93 (4/19/03 BSC)
Men 5000 Meter Run		
1 Phil Latter	UNC Asheville	15:22.48 (4/19/03 BSC)
2 Josiah Melly	Liberty	15:24.14 (4/19/03 BSC)
3 Evan Falat	Liberty	15:25.33 (4/19/03 BSC)
4 Jeff Fairman	High Point	15:26.46 (4/19/03 BSC)
5 Adrian Hill	High Point	15:27.93 (4/19/03 BSC)
Men 10,000 Meter Run		
1 Adrian Hill	High Point	32:57.78 (4/17/03 BSC)
2 Jeff Fairman	High Point	32:58.67 (4/17/03 BSC)
3 Niran Pillay	High Point	32:59.72 (4/17/03 BSC)
4 Mike Salamone	High Point	33:00.43 (4/17/03 BSC)
5 Root Kirbach	UNC Asheville	33:01.72 (4/17/03 BSC)
Men 110 Meter Hurdles		
1 Finnie, Angelo	Detroit	14.90 (4/5/03)
2 Micah Brinkley	Liberty	15.12 (4/19/03 BSC)
3 Kenneth Cole	Coastal Carolina	15.18 (4/19/03 BSC)

4	Lauren Williams	Liberty	15.19 (4/19/03 BSC)
5	Ray Felton	Coastal Carolina	15.60 (4/19/03 BSC)
Men 400 Meter Hurdles			
1	Kendal White	Coastal Carolina	52.97 (4/19/03 BSC)
2	Rochelle Black	Radford	53.95 (4/19/03 BSC)
3	Joel Collier	UNC Asheville	54.29 (4/19/03 BSC)
4	Rochelle Black	Radford	54.85 (4/5/03)
5	Maurice Heriot	Charleston Southern	55.26 (4/19/03 BSC)
Men 3000 Meter Steeplechase			
1	Matt Goodale	High Point	9:28.98 (4/18/03 BSC)
2	Joshia Melly	Liberty	9:29.43 (4/18/03 BSC)
3	Taylor Milne	High Point	9:42.06 (4/18/03 BSC)
4	David Bell	UNC Asheville	9:45.05 (4/18/03 BSC)
5	Justin Foxworth	Coastal Carolina	9:47.36 (4/18/03 BSC)
Men 4x100 Meter Relay			
1	Winthrop University 'A'		41.08 (4/19/03 BSC)
2	Charleston Southern 'A'		41.28 (4/19/03 BSC)
3	Liberty University 'A'		41.33 (4/19/03 BSC)
4	Charleston Southern 'A'		41.52 (4/3/04)
5	Radford University 'A'		41.54 (4/19/03 BSC)
Men 4x400 Meter Relay			
1	Coastal Carolina 'A'		3:14.42 (4/19/03 BSC)
2	Charleston Southern 'A'		3:16.10 (4/19/03 BSC)
3	Liberty University 'A'		3:16.76 (4/19/03 BSC)
4	Radford University 'A'		3:19.54 (4/19/03 BSC)
5	High Point University 'A'		3:20.70 (4/19/03 BSC)
Men High Jump			
1	Brandon Morton	Winthrop	2.03m (4/19/03 BSC)
2	Rochelle Black	Radford	1.98m (4/6/02)
	Jordan Crawford	Liberty	1.98m (4/19/03 BSC)
	Ricky Siler	High Point	1.98m (4/19/03 BSC)
5	Morton, Brandon	Winthrop	1.97m (4/5/03)
	Black, Rochelle	Radford	1.97m (4/5/03)
Men Pole Vault			
1	Mark Johnson	Coastal Carolina	4.87m (4/19/03 BSC)
2	Lamech Marsh	Liberty	4.41m (4/19/03 BSC)
2	Ray Felton	Coastal Carolina	4.41m (4/19/03 BSC)
4	Stephen Schlachter	Charleston Southern	4.11m (4/19/03 BSC)
4	Jon Adams	Liberty	4.11m (4/19/03 BSC)
4	Keith Garramone	Coastal Carolina	4.11m (4/19/03 BSC)
4	Richard Bracken	Charleston Southern	4.11m (4/19/03 BSC)
Men Long Jump			
1	Angelo Finnie	Detroit	7.45m (4/6/02)
2	Angelo Finnie	Detroit	7.42m (4/5/03)
3	Augustus Scott	Charleston Southern	7.15m (4/5/03)
4	Keven Octave	Liberty	7.13m (4/18/03 BSC)
5	Augustus Scott	Charleston Southern	7.03m (4/18/03 BSC)
Men Triple Jump			
1	Angelo Finnie	Detroit	15.35m (4/5/03)
2	Angelo Finnie	Detroit	14.65m (4/6/02)
3	Taylor McFadden	Coastal Carolina	14.19m (4/19/03 BSC)
4	Erick Harris	Liberty	14.00m (4/19/03 BSC)
5	Lauren Williams	Liberty	13.94m (4/19/03 BSC)
Men Shot Put			
1	Brian MacPhee	Unattached	17.25m (4/3/04)
2	Groh, Matt	Detroit	16.93m (4/5/03)
3	Nathan Hedgpeth	UNC Asheville	16.29m (4/19/03 BSC)
4	Tyler Biggins	Liberty	16.03m (4/19/03 BSC)
5	John Paul Blankenship	Concord College	15.68m (4/3/04)
Men Discus Throw			
1	Nick Kenworthy	Coastal Carolina	49.39m (4/19/03 BSC)

2	Matt Groh	Detroit	48.81m (4/5/03)
3	Nathan Hedgpeth	UNC Asheville	47.77m (4/19/03 BSC)
4	Matt Groh	Detroit	47.28m (4/6/02)
5	Michael Roden	Coastal Carolina	46.79m (4/19/03 BSC)
Men Hammer Throw			
1	Spyridon Jullien	Virginia Tech	63.10m (4/3/04)
2	Guy Diakow	Detroit	52.94m (4/5/03)
3	Matt Groh	Detroit	52.05m (4/6/02)
4	Matt Groh	Detroit	51.08m (4/5/03)
5	Brian Richotte	Unattached	50.63m (4/3/04)
Men Javelin Throw			
1	Adam Faulkner	Radford	55.36m (4/6/02)
2	Sean McGuire	Radford	54.21m (4/19/03 BSC)
3	Michael Wagner	Coastal Carolina	53.52m (4/19/03 BSC)
4	Sean McGuire	Radford	53.18m (4/3/04)
5	David Carpenter	High Point	52.27m (4/19/03 BSC)
Men Decathlon			
1	Stephen Schlachter	Charleston Southern	5653 (4/18/03 BSC)
2	Michael Wagner	Coastal Carolina	5575 (4/18/03 BSC)
3	Jordan Crawford	Liberty	5522 (4/18/03 BSC)
4	Keith Garramone	Coastal Carolina	5343 (4/18/03 BSC)
5	Eric Beck	Liberty	4913 (4/18/03 BSC)